



ART LEVINE

THE OPIOID EPIDEMIC

Truth Seekers



1
00:01:33,570 --> 00:00:44,470

[Music]

2
00:01:53,000 --> 00:01:33,580

so

3
00:01:53,010 --> 00:02:05,030

[Music]

4
00:02:10,070 --> 00:02:07,670
greetings and salutations friends and

5
00:02:11,510 --> 00:02:10,080
welcome back to truth seekers today i'm

6
00:02:14,790 --> 00:02:11,520
very excited to announce that we're

7
00:02:16,390 --> 00:02:14,800
beginning a new series on the opioid

8
00:02:18,390 --> 00:02:16,400
epidemic

9
00:02:20,390 --> 00:02:18,400
i've been wanting to cover this topic

10
00:02:23,110 --> 00:02:20,400
for quite some time because i know many

11
00:02:25,510 --> 00:02:23,120
people who have been affected by it

12
00:02:27,190 --> 00:02:25,520
having grown up in a place

13
00:02:30,710 --> 00:02:27,200

uh where

14

00:02:33,430 --> 00:02:30,720

heroin was literally everywhere

15

00:02:36,869 --> 00:02:33,440

but i needed somebody to help me do this

16

00:02:38,630 --> 00:02:36,879

i need to find a someone who has really

17

00:02:41,030 --> 00:02:38,640

dug deep into this

18

00:02:43,030 --> 00:02:41,040

to help me navigate

19

00:02:46,949 --> 00:02:43,040

what quite possibly i thought was a

20

00:02:50,470 --> 00:02:48,869

i'm pleased to say that i found just

21

00:02:52,630 --> 00:02:50,480

such a person

22

00:02:54,630 --> 00:02:52,640

and he will be our guest tonight art

23

00:02:56,869 --> 00:02:54,640

levine is an author and investigative

24

00:02:58,869 --> 00:02:56,879

journalist journalist whose work has

25

00:03:01,030 --> 00:02:58,879

been featured in major news outlets

26

00:03:02,830 --> 00:03:01,040

across the united states

27

00:03:05,509 --> 00:03:02,840

he is the author of mental health

28

00:03:07,910 --> 00:03:05,519

incorporated how corruption lacks

29

00:03:10,229 --> 00:03:07,920

oversight and failed reforms endanger

30

00:03:12,149 --> 00:03:10,239

our most vulnerable citizens

31

00:03:14,869 --> 00:03:12,159

which is available on amazon and the

32

00:03:15,990 --> 00:03:14,879

link is in the description of this video

33

00:03:18,229 --> 00:03:16,000

below

34

00:03:19,350 --> 00:03:18,239

recently he has turned his talents and

35

00:03:21,830 --> 00:03:19,360

attentions

36

00:03:24,149 --> 00:03:21,840

towards investigating the opioid

37

00:03:26,550 --> 00:03:24,159

epidemic in the united states his

38

00:03:29,190 --> 00:03:26,560

shocking revelations and conclusions

39

00:03:32,390 --> 00:03:29,200

cast new light into a dark story about

40

00:03:34,550 --> 00:03:32,400

money power influence and corruption

41

00:03:37,030 --> 00:03:34,560

his shocking conclusions are not only

42

00:03:40,470 --> 00:03:37,040

cause for concern but also a call to

43

00:03:43,110 --> 00:03:40,480

action and a major wake-up call

44

00:03:45,270 --> 00:03:43,120

his conclusions cast a bright new

45

00:03:47,350 --> 00:03:45,280

spotlight on the failings of our drug

46

00:03:49,350 --> 00:03:47,360

laws policies and regulations

47

00:03:51,670 --> 00:03:49,360

surrounding the drug and rehab

48

00:03:54,309 --> 00:03:51,680

industries in the united states

49

00:03:56,550 --> 00:03:54,319

art living's work is essential in

50

00:03:57,910 --> 00:03:56,560

understanding the crisis

51
00:03:59,429 --> 00:03:57,920
and how

52
00:04:01,670 --> 00:03:59,439
we may just

53
00:04:04,550 --> 00:04:01,680
solve these major problems

54
00:04:06,869 --> 00:04:04,560
that we have so far failed so miserably

55
00:04:09,990 --> 00:04:06,879
at art levine's work on the opioid

56
00:04:13,429 --> 00:04:10,000
epidemic shows us that we have already

57
00:04:15,910 --> 00:04:13,439
lost the so-called war on drugs his work

58
00:04:17,349 --> 00:04:15,920
focuses our attention on what we should

59
00:04:19,749 --> 00:04:17,359
do next

60
00:04:21,270 --> 00:04:19,759
instead of continuing on this already

61
00:04:22,870 --> 00:04:21,280
failed mission

62
00:04:25,030 --> 00:04:22,880
he also looks at

63
00:04:27,670 --> 00:04:25,040

the collateral damage to millions of

64

00:04:30,150 --> 00:04:27,680

chronic pain patients facing draconian

65

00:04:32,870 --> 00:04:30,160

cutbacks in legitimate opioid

66

00:04:34,550 --> 00:04:32,880

prescribing leading to increases in

67

00:04:35,270 --> 00:04:34,560

suicides

68

00:04:37,030 --> 00:04:35,280

and

69

00:04:40,469 --> 00:04:37,040

street use of drugs

70

00:04:42,550 --> 00:04:40,479

while worsening their disabilities

71

00:04:44,629 --> 00:04:42,560

art living is a contributing editor of

72

00:04:46,390 --> 00:04:44,639

the washington monthly and author of the

73

00:04:48,710 --> 00:04:46,400

well-received book mental health

74

00:04:51,909 --> 00:04:48,720

incorporated so without further ado

75

00:04:54,469 --> 00:04:51,919

let's welcome him in here friends

76

00:04:56,390 --> 00:04:54,479

hi cecilia good to see you

77

00:04:58,390 --> 00:04:56,400

thank you so much for having me on this

78

00:04:59,830 --> 00:04:58,400

program this is my pleasure i've been

79

00:05:01,590 --> 00:04:59,840

wanting to do this for quite some time

80

00:05:03,510 --> 00:05:01,600

thank you for taking the time to help us

81

00:05:06,070 --> 00:05:03,520

do this and do it right with someone

82

00:05:08,310 --> 00:05:06,080

like you who can help us navigate this

83

00:05:10,870 --> 00:05:08,320

and for uh new people are new to your

84

00:05:14,390 --> 00:05:10,880

show in the past you've covered a lot of

85

00:05:15,990 --> 00:05:14,400

uh conspiracy theories and debunking uh

86

00:05:18,870 --> 00:05:16,000

uh

87

00:05:20,790 --> 00:05:18,880

in a skeptical way ufos and conspiracy

88

00:05:22,870 --> 00:05:20,800

theories and what we're facing now in

89

00:05:24,790 --> 00:05:22,880

the drug crisis might appear from the

90

00:05:27,909 --> 00:05:24,800

outside to be almost conspiracy but the

91

00:05:30,469 --> 00:05:27,919

point of it is it what we're doing now

92

00:05:32,469 --> 00:05:30,479

and government policies and in the

93

00:05:34,390 --> 00:05:32,479

private healthcare sector also have to

94

00:05:36,870 --> 00:05:34,400

be looked at skeptically so you're

95

00:05:39,270 --> 00:05:36,880

you're a good host for uh featuring that

96

00:05:41,189 --> 00:05:39,280

thank you and you know i i know about

97

00:05:43,749 --> 00:05:41,199

your book about the mental health

98

00:05:45,350 --> 00:05:43,759

industry but my first question is how

99

00:05:47,110 --> 00:05:45,360

did you pivot from the mental health

100

00:05:48,950 --> 00:05:47,120

industry into

101
00:05:50,550 --> 00:05:48,960
the opioid epidemic what got you

102
00:05:53,510 --> 00:05:50,560
interested well

103
00:05:56,230 --> 00:05:53,520
he he what happened is i i saw the

104
00:05:59,029 --> 00:05:56,240
failings first when i was covering i was

105
00:06:01,430 --> 00:05:59,039
a reporter in south florida and i

106
00:06:03,590 --> 00:06:01,440
started covering the failures of our

107
00:06:06,070 --> 00:06:03,600
mental health system and the most

108
00:06:08,390 --> 00:06:06,080
extreme examples of that were in the

109
00:06:10,309 --> 00:06:08,400
dade county jail where basically you

110
00:06:13,990 --> 00:06:10,319
have these brutal conditions that were

111
00:06:16,309 --> 00:06:14,000
like in the 18th century for people with

112
00:06:17,990 --> 00:06:16,319
untreated mental illness and i just saw

113
00:06:20,710 --> 00:06:18,000

how bad the system

114

00:06:24,550 --> 00:06:20,720

worked and at that point i

115

00:06:26,950 --> 00:06:24,560

had an early belief um that oh

116

00:06:29,110 --> 00:06:26,960

all psychiatric medications are always

117

00:06:30,790 --> 00:06:29,120

valuable for everybody which is a common

118

00:06:33,029 --> 00:06:30,800

line then later i learned that's

119

00:06:35,670 --> 00:06:33,039

actually not the case that there's a lot

120

00:06:37,510 --> 00:06:35,680

of massive over prescribing off label

121

00:06:38,390 --> 00:06:37,520

for people who didn't need it so right

122

00:06:40,550 --> 00:06:38,400

now

123

00:06:45,350 --> 00:06:40,560

so based on that

124

00:06:48,390 --> 00:06:45,360

early knowledge then i was i was in the

125

00:06:49,749 --> 00:06:48,400

early days in florida which was pill

126

00:06:54,309 --> 00:06:49,759

mill heaven

127

00:06:56,710 --> 00:06:54,319

uh in early two in so by 2000 2001

128

00:06:57,990 --> 00:06:56,720

the impact of the epidemic was starting

129

00:06:59,270 --> 00:06:58,000

to be felt

130

00:07:01,749 --> 00:06:59,280

uh in

131

00:07:05,830 --> 00:07:03,749

in florida and there were pill mills

132

00:07:07,749 --> 00:07:05,840

there was early reporting that was going

133

00:07:09,029 --> 00:07:07,759

on and there was the beginning of

134

00:07:11,749 --> 00:07:09,039

lawsuits

135

00:07:15,189 --> 00:07:11,759

uh that were starting to happen and i

136

00:07:19,189 --> 00:07:15,199

i looked at the crisis personally

137

00:07:21,990 --> 00:07:19,199

uh when i did a cover story for a

138

00:07:24,629 --> 00:07:22,000

a magazine called city links no no

139

00:07:26,790 --> 00:07:24,639

longer around but it was run by the

140

00:07:28,950 --> 00:07:26,800

south florida sun sentinel and the

141

00:07:30,710 --> 00:07:28,960

tribune company it was a big cover story

142

00:07:32,469 --> 00:07:30,720

and in it i learned just so many

143

00:07:35,909 --> 00:07:32,479

shocking

144

00:07:38,950 --> 00:07:35,919

details so i interviewed a mother whose

145

00:07:41,189 --> 00:07:38,960

son who had a history of addiction and

146

00:07:43,430 --> 00:07:41,199

was on the way to recovery and then had

147

00:07:45,909 --> 00:07:43,440

an injury so he had a history of

148

00:07:48,230 --> 00:07:45,919

addictive behavior and problems then had

149

00:07:51,029 --> 00:07:48,240

an injury was given opioid that was

150

00:07:53,350 --> 00:07:51,039

aggressively marketed to doctors and he

151
00:07:54,869 --> 00:07:53,360
ended up becoming addicted and then

152
00:07:57,990 --> 00:07:54,879
overdosing

153
00:08:00,469 --> 00:07:58,000
and among the details horrifying details

154
00:08:03,430 --> 00:08:00,479
is when she was called down from orlando

155
00:08:06,790 --> 00:08:03,440
to come down to miami when she went to

156
00:08:09,350 --> 00:08:06,800
his home his blood was still drying she

157
00:08:10,390 --> 00:08:09,360
had to walk through her son's drying

158
00:08:13,749 --> 00:08:10,400
blood

159
00:08:16,230 --> 00:08:13,759
to to look at the scene where he died

160
00:08:17,909 --> 00:08:16,240
and then i learned about the power of

161
00:08:21,110 --> 00:08:17,919
the addiction now at this point you need

162
00:08:23,909 --> 00:08:21,120
to understand this is being claimed

163
00:08:26,469 --> 00:08:23,919

uh and there's uh books that

164

00:08:29,350 --> 00:08:26,479

provide an early window into the early

165

00:08:31,430 --> 00:08:29,360

stages of this false marketing so at

166

00:08:34,949 --> 00:08:31,440

that time

167

00:08:37,029 --> 00:08:34,959

purdue and many doctors were claiming

168

00:08:39,430 --> 00:08:37,039

that we needed to look for pain as the

169

00:08:43,110 --> 00:08:39,440

fifth vital sign and they were denying

170

00:08:45,670 --> 00:08:43,120

that oxycontin was heavily addicted okay

171

00:08:47,670 --> 00:08:45,680

i saw with my own eyes when i talked to

172

00:08:49,829 --> 00:08:47,680

people in recovery

173

00:08:53,509 --> 00:08:49,839

people were describing to me what they

174

00:08:55,269 --> 00:08:53,519

would do to get opioids and oxycontin

175

00:08:58,790 --> 00:08:55,279

that included

176

00:09:01,430 --> 00:08:58,800

pulling their own teeth out with pliers

177

00:09:04,230 --> 00:09:01,440

to go into dentist's office so they

178

00:09:06,230 --> 00:09:04,240

could get opioids okay

179

00:09:08,310 --> 00:09:06,240

and people were stabbing themselves in

180

00:09:10,070 --> 00:09:08,320

their arms so they could go to er and

181

00:09:11,509 --> 00:09:10,080

get pain treatment

182

00:09:15,910 --> 00:09:11,519

that's how

183

00:09:18,470 --> 00:09:15,920

powerfully addicted it was and i really

184

00:09:19,910 --> 00:09:18,480

i got very interested in how did how did

185

00:09:21,590 --> 00:09:19,920

that happen

186

00:09:23,829 --> 00:09:21,600

now

187

00:09:24,710 --> 00:09:23,839

what happened in my reporting for my

188

00:09:28,470 --> 00:09:24,720

book

189

00:09:29,670 --> 00:09:28,480

was i i emphasized and looked at the

190

00:09:32,870 --> 00:09:29,680

um

191

00:09:34,870 --> 00:09:32,880

uh i remember i looked at the issue of

192

00:09:37,509 --> 00:09:34,880

how in fact

193

00:09:40,389 --> 00:09:37,519

did all this uh begin and i looked at

194

00:09:43,430 --> 00:09:40,399

the at the corruption that was going on

195

00:09:45,910 --> 00:09:43,440

that allowed over medication of opioids

196

00:09:49,350 --> 00:09:45,920

in the department of veterans affairs

197

00:09:52,870 --> 00:09:49,360

and i i began looking at that and saw

198

00:09:55,030 --> 00:09:52,880

how how that went uh a muck

199

00:09:58,630 --> 00:09:55,040

and there was a lot of corruption so for

200

00:10:01,750 --> 00:09:58,640

in fact the first federal guidelines

201

00:10:04,310 --> 00:10:01,760

about about opioids in general

202

00:10:06,630 --> 00:10:04,320

came from a group of scientists who

203

00:10:09,509 --> 00:10:06,640

worked with the va who got grants from

204

00:10:11,990 --> 00:10:09,519

purdue and other opioid manufacturers at

205

00:10:15,910 --> 00:10:12,000

the va in dod and the first federal

206

00:10:18,710 --> 00:10:15,920

guidelines about opioids in 2003

207

00:10:20,230 --> 00:10:18,720

referred to opioids as quote rarely

208

00:10:22,710 --> 00:10:20,240

addictive

209

00:10:24,949 --> 00:10:22,720

this is crazy guidelines

210

00:10:27,990 --> 00:10:24,959

okay and it's similar to

211

00:10:31,509 --> 00:10:28,000

um what's described in the uh book and

212

00:10:32,630 --> 00:10:31,519

the movie uh dopesick that's now on hulu

213

00:10:34,949 --> 00:10:32,640

which has

214

00:10:37,430 --> 00:10:34,959

accurate reconstructions of the early

215

00:10:39,910 --> 00:10:37,440

days but has a lot of wrong takeaways

216

00:10:43,190 --> 00:10:39,920

about how we solve the problem now

217

00:10:46,069 --> 00:10:43,200

now what what what what happened is uh

218

00:10:48,310 --> 00:10:46,079

the fda for instance uh through a

219

00:10:51,670 --> 00:10:48,320

corrupt relationship the medical

220

00:10:54,230 --> 00:10:51,680

reviewer in the fda added a caveat to

221

00:10:57,670 --> 00:10:54,240

the early label for oxycontin that said

222

00:11:01,350 --> 00:10:57,680

it was less addictive than other opioids

223

00:11:03,910 --> 00:11:01,360

because it supposedly was time released

224

00:11:06,630 --> 00:11:03,920

two years later he gets hired away by

225

00:11:08,470 --> 00:11:06,640

purdue and a delayed bribe to be their

226

00:11:09,990 --> 00:11:08,480

medical director

227

00:11:11,990 --> 00:11:10,000

so there's a lot of connections with the

228

00:11:14,069 --> 00:11:12,000

money the money when you follow the

229

00:11:17,030 --> 00:11:14,079

money there's a lot of shady stuff going

230

00:11:19,110 --> 00:11:17,040

on so so so but what's happened in the

231

00:11:21,750 --> 00:11:19,120

years since just to just

232

00:11:24,310 --> 00:11:21,760

move ahead briefly and then is is

233

00:11:26,630 --> 00:11:24,320

prescriptions have fallen about

234

00:11:29,829 --> 00:11:26,640

depending on how you measure it up to 60

235

00:11:32,470 --> 00:11:29,839

percent for opioids in the last decade

236

00:11:36,310 --> 00:11:32,480

and yet overdoses are skyrocketing and

237

00:11:40,790 --> 00:11:36,320

last year we have of all drugs okay

238

00:11:43,750 --> 00:11:40,800

for all drugs we had a 94 000 overdose

239

00:11:46,470 --> 00:11:43,760

deaths in 2020 okay

240

00:11:49,670 --> 00:11:46,480

clearly and even though prescribing for

241

00:11:51,350 --> 00:11:49,680

opioids has been gone down

242

00:11:55,110 --> 00:11:51,360

so dramatically

243

00:11:56,870 --> 00:11:55,120

opioid fatalities

244

00:11:59,829 --> 00:11:56,880

rose nearly 40

245

00:12:02,949 --> 00:11:59,839

last year so clearly whatever we think

246

00:12:06,310 --> 00:12:02,959

we're doing isn't working at all and is

247

00:12:09,430 --> 00:12:06,320

accentuating harm and that's why

248

00:12:11,910 --> 00:12:09,440

uh i'm following the lead of such uh

249

00:12:15,670 --> 00:12:11,920

pioneer journalists as mayas olivet who

250

00:12:17,750 --> 00:12:15,680

knew whose new book is uh undoing drugs

251

00:12:20,389 --> 00:12:17,760

uh about the importance of harm

252

00:12:22,790 --> 00:12:20,399

reduction and that should be the guiding

253

00:12:25,670 --> 00:12:22,800

principle derived from the hippocratic

254

00:12:28,150 --> 00:12:25,680

oath of medicine first do no harm harm

255

00:12:31,110 --> 00:12:28,160

yeah and everything about our drug

256

00:12:33,750 --> 00:12:31,120

policies for both people with substance

257

00:12:36,069 --> 00:12:33,760

abuse disorders and chronic pain

258

00:12:38,310 --> 00:12:36,079

is crazy

259

00:12:41,670 --> 00:12:38,320

and insane i kind of feel like the

260

00:12:44,790 --> 00:12:41,680

history of american drug policy

261

00:12:47,910 --> 00:12:44,800

starting in the early 20th century with

262

00:12:50,230 --> 00:12:47,920

uh classifying drugs and there was a is

263

00:12:51,829 --> 00:12:50,240

is basically like a horror movie you

264

00:12:54,470 --> 00:12:51,839

know when you're watching a horror movie

265

00:12:55,990 --> 00:12:54,480

and you see the young innocent teenagers

266

00:12:58,230 --> 00:12:56,000

they're going to go into the room where

267

00:13:00,710 --> 00:12:58,240

the killer is and you go no no don't do

268

00:13:03,670 --> 00:13:00,720

that that that's essentially every

269

00:13:05,670 --> 00:13:03,680

single decision our government our

270

00:13:08,150 --> 00:13:05,680

insurance policies and our clinicians

271

00:13:11,030 --> 00:13:08,160

have made for a hundred years has always

272

00:13:11,829 --> 00:13:11,040

been wrong and has led to more harm it's

273

00:13:14,230 --> 00:13:11,839

just

274

00:13:16,870 --> 00:13:14,240

out it's so bad

275

00:13:19,030 --> 00:13:16,880

and there are ways to get out of this

276

00:13:20,949 --> 00:13:19,040

mess unfortunately they're not being

277

00:13:22,949 --> 00:13:20,959

followed as well as much as they should

278

00:13:25,590 --> 00:13:22,959

be

279

00:13:28,150 --> 00:13:25,600

well so you know let's let's get into

280

00:13:30,389 --> 00:13:28,160

the the origins of some of this some of

281

00:13:31,990 --> 00:13:30,399

these drugs like oxycontin what what can

282

00:13:34,790 --> 00:13:32,000

you tell us about the origins of

283

00:13:37,350 --> 00:13:34,800

oxycontin and how they aggress so

284

00:13:40,310 --> 00:13:37,360

aggressively we're able to market it to

285

00:13:43,269 --> 00:13:40,320

doctors and even incentivize doctors to

286

00:13:45,910 --> 00:13:43,279

write more prescriptions right well it

287

00:13:49,030 --> 00:13:45,920

it it is uh it's it's in books like

288

00:13:51,269 --> 00:13:49,040

dreamland and books like uh

289

00:13:53,829 --> 00:13:51,279

dopesick which is now the hulu series

290

00:13:55,990 --> 00:13:53,839

it's relatively accurate about the early

291

00:13:58,710 --> 00:13:56,000

days so essentially

292

00:13:59,750 --> 00:13:58,720

this was a company owned by the sackler

293

00:14:01,670 --> 00:13:59,760

family

294

00:14:03,350 --> 00:14:01,680

that was a relatively smaller company

295

00:14:05,509 --> 00:14:03,360

called purdue

296

00:14:07,110 --> 00:14:05,519

and and what happened is they had a

297

00:14:10,550 --> 00:14:07,120

short acting

298

00:14:12,870 --> 00:14:10,560

uh drug that was legitimate called ms

299

00:14:14,470 --> 00:14:12,880

cotton and then they worked at a

300

00:14:17,750 --> 00:14:14,480

formulation

301
00:14:19,189 --> 00:14:17,760
for a longer acting drug and then they

302
00:14:21,030 --> 00:14:19,199
realized oh

303
00:14:23,990 --> 00:14:21,040
you know they they would be able to have

304
00:14:26,629 --> 00:14:24,000
higher dosages but to be over time and

305
00:14:28,629 --> 00:14:26,639
they would claim they claimed that oh

306
00:14:30,790 --> 00:14:28,639
the last 12 hours people could sleep

307
00:14:34,150 --> 00:14:30,800
through the night very early on they

308
00:14:36,389 --> 00:14:34,160
realized that they were not actually

309
00:14:38,470 --> 00:14:36,399
lasting 12 hours and the addictive

310
00:14:40,150 --> 00:14:38,480
potential was very high

311
00:14:42,470 --> 00:14:40,160
uh and but they

312
00:14:46,069 --> 00:14:42,480
they came up with the meme

313
00:14:48,790 --> 00:14:46,079

it's a kind of a crazy detail but they

314

00:14:50,150 --> 00:14:48,800

came up with a meme and point of view

315

00:14:53,030 --> 00:14:50,160

which is

316

00:14:56,870 --> 00:14:53,040

opioids in general and oxycontin in

317

00:14:58,949 --> 00:14:56,880

particular have less than a one percent

318

00:15:00,790 --> 00:14:58,959

addictive potential so that was the

319

00:15:02,470 --> 00:15:00,800

claim there i couldn't believe that when

320

00:15:04,710 --> 00:15:02,480

i heard it in this dopestick thing right

321

00:15:07,269 --> 00:15:04,720

i couldn't believe that

322

00:15:09,870 --> 00:15:07,279

here are the origins of that it's called

323

00:15:12,710 --> 00:15:09,880

the jinx letter which is written at the

324

00:15:15,030 --> 00:15:12,720

mid-1980s it's a letter from guys based

325

00:15:16,470 --> 00:15:15,040

in a hospital to i believe is the new

326

00:15:20,069 --> 00:15:16,480

england journal it's called the jinx

327

00:15:23,590 --> 00:15:20,079

letter it was j-i-n-k-s i think anyway

328

00:15:24,470 --> 00:15:23,600

five sentences in a letter

329

00:15:26,389 --> 00:15:24,480

to

330

00:15:28,710 --> 00:15:26,399

uh jama okay

331

00:15:30,710 --> 00:15:28,720

and what did that letter say five

332

00:15:33,829 --> 00:15:30,720

sentences were

333

00:15:35,189 --> 00:15:33,839

we've been treating patients with acute

334

00:15:37,829 --> 00:15:35,199

pain

335

00:15:40,790 --> 00:15:37,839

in our hospital and we've been giving

336

00:15:43,110 --> 00:15:40,800

them opioids and we find and we give

337

00:15:45,590 --> 00:15:43,120

them you know presumably some a little

338

00:15:49,030 --> 00:15:45,600

amount when they are discharged and we

339

00:15:51,030 --> 00:15:49,040

find that less than one percent of the

340

00:15:53,990 --> 00:15:51,040

acute

341

00:15:57,350 --> 00:15:54,000

pain people emerging from a hospital

342

00:16:00,790 --> 00:15:57,360

become addicted so that what that became

343

00:16:03,670 --> 00:16:00,800

this fig leaf for this massive

344

00:16:05,430 --> 00:16:03,680

publicity and pr campaign so this five

345

00:16:07,749 --> 00:16:05,440

sentence letter

346

00:16:10,310 --> 00:16:07,759

then began to be referred to by the

347

00:16:11,269 --> 00:16:10,320

salesman of purdue

348

00:16:13,910 --> 00:16:11,279

as

349

00:16:16,790 --> 00:16:13,920

a major study in the journal of the

350

00:16:19,350 --> 00:16:16,800

american medical association meaning it

351
00:16:20,310 --> 00:16:19,360
wasn't the peer-reviewed study

352
00:16:23,430 --> 00:16:20,320
you know

353
00:16:26,790 --> 00:16:23,440
the actual addiction potential if you

354
00:16:28,949 --> 00:16:26,800
don't uh screen for people's backgrounds

355
00:16:31,269 --> 00:16:28,959
for chronic pain patients may be in the

356
00:16:33,110 --> 00:16:31,279
eight percent range according to

357
00:16:34,870 --> 00:16:33,120
including some people who are the head

358
00:16:35,749 --> 00:16:34,880
of the national institute of drug abuse

359
00:16:37,670 --> 00:16:35,759
now

360
00:16:39,350 --> 00:16:37,680
so it is still

361
00:16:42,150 --> 00:16:39,360
for people with chronic pain the

362
00:16:45,590 --> 00:16:42,160
addiction potential is not as great

363
00:16:48,949 --> 00:16:45,600

um as is commonly believed but obviously

364

00:16:51,910 --> 00:16:48,959

it's there now what happened was

365

00:16:54,470 --> 00:16:51,920

the the level of fault is

366

00:16:57,670 --> 00:16:54,480

every single institution

367

00:16:59,749 --> 00:16:57,680

failed and money played the role

368

00:17:01,350 --> 00:16:59,759

so it's sort of hard to believe but

369

00:17:03,269 --> 00:17:01,360

basically well it's not hard to believe

370

00:17:04,549 --> 00:17:03,279

it's the reporting has come out and all

371

00:17:05,669 --> 00:17:04,559

the litigation

372

00:17:08,390 --> 00:17:05,679

purdue

373

00:17:10,630 --> 00:17:08,400

had to pay out like you know

374

00:17:12,309 --> 00:17:10,640

over you know three billion or four

375

00:17:14,630 --> 00:17:12,319

billion dollars in a settlement but

376

00:17:17,029 --> 00:17:14,640

nobody went to jail in the top

377

00:17:19,029 --> 00:17:17,039

leadership uh and they had this

378

00:17:20,630 --> 00:17:19,039

settlement and they went into bankruptcy

379

00:17:23,590 --> 00:17:20,640

and part of the deal was they couldn't

380

00:17:25,510 --> 00:17:23,600

go after the actual sackler family

381

00:17:27,029 --> 00:17:25,520

members who were still alive who drove

382

00:17:30,230 --> 00:17:27,039

this policy

383

00:17:32,789 --> 00:17:30,240

but the craziness here is

384

00:17:35,669 --> 00:17:32,799

they managed to corrupt

385

00:17:37,669 --> 00:17:35,679

everybody it's like yeah it's like a

386

00:17:39,909 --> 00:17:37,679

dominoes right they all felt every

387

00:17:42,390 --> 00:17:39,919

institution and safeguard just felt like

388

00:17:45,990 --> 00:17:42,400

dominoes one after yeah so so they

389

00:17:48,789 --> 00:17:46,000

created a series of myths like uh

390

00:17:51,430 --> 00:17:48,799

there's objective measurement for pain

391

00:17:55,270 --> 00:17:51,440

pain is very subjective so they created

392

00:17:57,270 --> 00:17:55,280

a a one to ten chart of smiling faces

393

00:18:00,470 --> 00:17:57,280

and unhappy faces and you would pick

394

00:18:04,070 --> 00:18:00,480

inside a hospital room where it would

395

00:18:06,710 --> 00:18:04,080

and they took they created front group

396

00:18:10,630 --> 00:18:06,720

pain societies with quote independent

397

00:18:13,990 --> 00:18:10,640

doctors who they either created or

398

00:18:17,029 --> 00:18:14,000

funded or subsidized in fuller part to

399

00:18:19,990 --> 00:18:17,039

be independent experts so they created

400

00:18:21,830 --> 00:18:20,000

and then of course they paid doctors and

401

00:18:24,630 --> 00:18:21,840

this is this is a trick that they

402

00:18:27,909 --> 00:18:24,640

learned they learned from the

403

00:18:30,950 --> 00:18:27,919

marketers like pfizer and astrazeneca

404

00:18:33,190 --> 00:18:30,960

and others for from psychoactive drugs

405

00:18:34,470 --> 00:18:33,200

you know like seroquel and

406

00:18:36,710 --> 00:18:34,480

and uh

407

00:18:38,789 --> 00:18:36,720

and risperdal and all those things this

408

00:18:41,270 --> 00:18:38,799

is a trick you pay

409

00:18:44,549 --> 00:18:41,280

you find hacks

410

00:18:48,070 --> 00:18:44,559

to craft medical studies and then you

411

00:18:49,270 --> 00:18:48,080

get a big a big deal academic to sign

412

00:18:51,029 --> 00:18:49,280

off

413

00:18:53,830 --> 00:18:51,039

and then they get it of course these

414

00:18:55,590 --> 00:18:53,840

people are all paid for their work

415

00:18:58,150 --> 00:18:55,600

supporting the conclusions the drug

416

00:19:00,710 --> 00:18:58,160

industry wants right right absolutely i

417

00:19:01,510 --> 00:19:00,720

mean there there's studies that show

418

00:19:02,470 --> 00:19:01,520

that

419

00:19:04,470 --> 00:19:02,480

um

420

00:19:07,110 --> 00:19:04,480

and it wasn't until and it's still not

421

00:19:08,630 --> 00:19:07,120

widely of enforced

422

00:19:10,630 --> 00:19:08,640

that uh

423

00:19:12,870 --> 00:19:10,640

for years and years and years people

424

00:19:14,870 --> 00:19:12,880

didn't disclose and then when they

425

00:19:17,270 --> 00:19:14,880

disclosed who was paying for them or

426

00:19:20,070 --> 00:19:17,280

they lied about it and it is still very

427

00:19:23,510 --> 00:19:20,080

weakly enforced but so what happens is

428

00:19:26,150 --> 00:19:23,520

they find big name academics to write

429

00:19:28,710 --> 00:19:26,160

articles with their prestige for quote

430

00:19:32,150 --> 00:19:28,720

peer-reviewed journals many of whom are

431

00:19:34,870 --> 00:19:32,160

also getting drug drug money okay and

432

00:19:38,150 --> 00:19:34,880

then say how wonderful these drugs are

433

00:19:39,350 --> 00:19:38,160

and then it sort of spreads out and but

434

00:19:44,549 --> 00:19:39,360

they also

435

00:19:46,789 --> 00:19:44,559

commission which is the kind of general

436

00:19:49,750 --> 00:19:46,799

health care thing uh organization for

437

00:19:51,909 --> 00:19:49,760

hospitals and they themselves would be

438

00:19:53,510 --> 00:19:51,919

endorsing and promoting the use of

439

00:19:55,270 --> 00:19:53,520

opioids

440

00:19:57,590 --> 00:19:55,280

in hospitals

441

00:19:59,909 --> 00:19:57,600

and then and then the it was just like

442

00:20:01,990 --> 00:19:59,919

and then and then the worst of it it's

443

00:20:05,590 --> 00:20:02,000

hard to say like who are the worst

444

00:20:08,950 --> 00:20:05,600

players my view about all of this is

445

00:20:11,430 --> 00:20:08,960

there is a comedic novel from the 1960s

446

00:20:14,230 --> 00:20:11,440

called the magic christian written by

447

00:20:15,909 --> 00:20:14,240

terry southern and the comedic premise

448

00:20:18,310 --> 00:20:15,919

of the book was later made into a movie

449

00:20:22,710 --> 00:20:18,320

with peter sellers and ringo starr is

450

00:20:24,549 --> 00:20:22,720

money can corrupt anyone to do anything

451
00:20:25,990 --> 00:20:24,559
and they would he would do things in the

452
00:20:28,789 --> 00:20:26,000
novel like

453
00:20:30,630 --> 00:20:28,799
the biggest prize fight in britain

454
00:20:32,230 --> 00:20:30,640
and this is when everybody is very

455
00:20:34,470 --> 00:20:32,240
homophobic and he'd have the two

456
00:20:36,950 --> 00:20:34,480
heavyweight champions come out and he'd

457
00:20:39,430 --> 00:20:36,960
pay them millions to start making out

458
00:20:43,110 --> 00:20:39,440
and kissing in the middle of a televised

459
00:20:45,669 --> 00:20:43,120
prize fight just for giggles so that we

460
00:20:47,510 --> 00:20:45,679
had the point was people will do

461
00:20:51,430 --> 00:20:47,520
anything for money

462
00:20:54,950 --> 00:20:51,440
money drove so much of this bad policy

463
00:20:56,390 --> 00:20:54,960

which then influenced um unfortunately

464

00:21:00,149 --> 00:20:56,400

doctors

465

00:21:03,190 --> 00:21:00,159

and and so but one of the worst players

466

00:21:07,110 --> 00:21:03,200

is beside the fda giving this

467

00:21:09,669 --> 00:21:07,120

bogus letter the fda claiming with no

468

00:21:11,510 --> 00:21:09,679

research based on negotiating with

469

00:21:14,630 --> 00:21:11,520

purdue lobbyists

470

00:21:17,590 --> 00:21:14,640

okay behind the scenes no evidence it's

471

00:21:20,870 --> 00:21:17,600

less addictive because a purdue ex a

472

00:21:21,669 --> 00:21:20,880

lobbyist tells the fda

473

00:21:28,390 --> 00:21:21,679

that

474

00:21:31,110 --> 00:21:28,400

less addictive because it's time

475

00:21:33,270 --> 00:21:31,120

released the fd goes yep we agree

476
00:21:34,310 --> 00:21:33,280
and i found that when i was looking at

477
00:21:37,909 --> 00:21:34,320
the

478
00:21:39,990 --> 00:21:37,919
expansion of marketing and

479
00:21:42,230 --> 00:21:40,000
for the um

480
00:21:46,070 --> 00:21:42,240
for the different um

481
00:21:48,470 --> 00:21:46,080
groups uh for anti-psychotic drugs but

482
00:21:51,990 --> 00:21:48,480
then the dea itself

483
00:21:54,070 --> 00:21:52,000
the dea basically did nothing

484
00:21:57,110 --> 00:21:54,080
whatsoever

485
00:22:00,470 --> 00:21:57,120
and it's for years and years and years

486
00:22:02,149 --> 00:22:00,480
as they let they let these massive over

487
00:22:05,510 --> 00:22:02,159
supplies

488
00:22:07,190 --> 00:22:05,520

go on and on and on in in these

489

00:22:10,310 --> 00:22:07,200

particularly in these happily

490

00:22:12,950 --> 00:22:10,320

appalachian hill towns and smaller areas

491

00:22:14,950 --> 00:22:12,960

they did nothing so there's a new book

492

00:22:19,350 --> 00:22:14,960

out by a uh

493

00:22:22,710 --> 00:22:19,360

uh a charleston gazette journalist uh

494

00:22:27,029 --> 00:22:22,720

about a town small town in west virginia

495

00:22:29,430 --> 00:22:27,039

that uh basically uh got

496

00:22:31,830 --> 00:22:29,440

basically got like 400 people and 4

497

00:22:34,390 --> 00:22:31,840

million pills over several years because

498

00:22:35,430 --> 00:22:34,400

it was clearly a diversion center

499

00:22:44,630 --> 00:22:35,440

and

500

00:22:46,549 --> 00:22:44,640

is money will get you anything so purdue

501
00:22:49,669 --> 00:22:46,559
and the other opioid had a brilliant

502
00:22:52,950 --> 00:22:49,679
idea why don't we go into

503
00:22:56,870 --> 00:22:52,960
the actual dea council's office and

504
00:22:58,789 --> 00:22:56,880
start hiring them away to work for us

505
00:23:00,789 --> 00:22:58,799
yeah so then you've got all the deas

506
00:23:02,310 --> 00:23:00,799
working for them and their buddies with

507
00:23:04,390 --> 00:23:02,320
they're still friends with the people

508
00:23:06,710 --> 00:23:04,400
that are still running this right yeah

509
00:23:10,630 --> 00:23:06,720
so they get a pass yeah you get okay so

510
00:23:12,149 --> 00:23:10,640
they they that is very similar to

511
00:23:14,310 --> 00:23:12,159
in general there's a book ad called

512
00:23:16,470 --> 00:23:14,320
dirty money which looks at the failure

513
00:23:19,029 --> 00:23:16,480

of any white collar

514

00:23:21,830 --> 00:23:19,039

uh criminals to ever go to prison for

515

00:23:24,310 --> 00:23:21,840

anything that's a general rule of thumb

516

00:23:26,470 --> 00:23:24,320

and my solution is what i call the bubba

517

00:23:28,950 --> 00:23:26,480

solution is get some white collar

518

00:23:31,430 --> 00:23:28,960

executives in a jail cell with a guy

519

00:23:32,950 --> 00:23:31,440

named bubba for about

520

00:23:35,350 --> 00:23:32,960

a solution

521

00:23:38,310 --> 00:23:35,360

and then get it publicized and you might

522

00:23:40,630 --> 00:23:38,320

see a reduction in white-collar crime

523

00:23:43,430 --> 00:23:40,640

across the board and a lot of it of

524

00:23:47,590 --> 00:23:43,440

course is in the uh

525

00:23:50,710 --> 00:23:47,600

the drug field in fact so the d.a gutted

526
00:23:52,710 --> 00:23:50,720
enforcement by hiring it away and then

527
00:23:55,029 --> 00:23:52,720
in 2016

528
00:23:57,029 --> 00:23:55,039
when it was really obvious and raging

529
00:23:59,269 --> 00:23:57,039
there was a law passed

530
00:24:00,950 --> 00:23:59,279
that uh and 60 minutes did show in this

531
00:24:03,269 --> 00:24:00,960
there was a law passed that kind of

532
00:24:06,390 --> 00:24:03,279
snuck through congress that tied the

533
00:24:08,789 --> 00:24:06,400
hands of the dea to enforce opioid

534
00:24:12,070 --> 00:24:08,799
limits in any meaningful way

535
00:24:13,590 --> 00:24:12,080
okay but what happened subsequently is

536
00:24:14,549 --> 00:24:13,600
the dea

537
00:24:16,950 --> 00:24:14,559
now

538
00:24:19,909 --> 00:24:16,960

has devolved into

539

00:24:22,630 --> 00:24:19,919

a pretty dangerous operation because

540

00:24:25,430 --> 00:24:22,640

they helped accentuate the opioid

541

00:24:28,149 --> 00:24:25,440

epidemic by doing nothing now they're

542

00:24:31,110 --> 00:24:28,159

going overboard and they're going

543

00:24:34,230 --> 00:24:31,120

overboard in this regard they are the

544

00:24:38,710 --> 00:24:34,240

deciders of who is prescribing

545

00:24:41,510 --> 00:24:38,720

legitimately opioids for chronic pain

546

00:24:43,750 --> 00:24:41,520

and they're driving down the d.a

547

00:24:46,149 --> 00:24:43,760

made up of these hardcore law

548

00:24:49,430 --> 00:24:46,159

enforcement people with no medical

549

00:24:50,470 --> 00:24:49,440

knowledge are driving down

550

00:24:53,669 --> 00:24:50,480

the

551
00:24:56,950 --> 00:24:53,679
prescribing of opioids and helping

552
00:24:59,110 --> 00:24:56,960
threaten and force good doctors out of

553
00:25:00,950 --> 00:24:59,120
the medical field with the threat of

554
00:25:02,390 --> 00:25:00,960
prosecution or the reality of

555
00:25:03,669 --> 00:25:02,400
prosecution

556
00:25:09,110 --> 00:25:03,679
plus

557
00:25:13,029 --> 00:25:09,120
further stigmatizing the notion

558
00:25:14,950 --> 00:25:13,039
of prescribing any opioids and this is

559
00:25:16,710 --> 00:25:14,960
something being looked at by the health

560
00:25:18,950 --> 00:25:16,720
justice lab out of

561
00:25:20,789 --> 00:25:18,960
northeastern university uh with under

562
00:25:22,310 --> 00:25:20,799
the direction of uh law professor leo

563
00:25:24,870 --> 00:25:22,320

biletsky is

564

00:25:28,230 --> 00:25:24,880

homicide prosecutions

565

00:25:31,590 --> 00:25:28,240

for doctors acting in good faith who are

566

00:25:34,470 --> 00:25:31,600

prescribing opioids if anybody dies they

567

00:25:36,950 --> 00:25:34,480

then prosecute them for murder and then

568

00:25:39,909 --> 00:25:36,960

also they're prosecuting you know

569

00:25:41,990 --> 00:25:39,919

someone who's in the group of shooters

570

00:25:43,750 --> 00:25:42,000

when someone is shooting up and dies so

571

00:25:46,149 --> 00:25:43,760

they're using this

572

00:25:49,750 --> 00:25:46,159

like scare tactic and it's not at all

573

00:25:53,350 --> 00:25:49,760

reducing opioids but the dea right now

574

00:25:54,470 --> 00:25:53,360

is it it basically and in her new book

575

00:26:00,870 --> 00:25:54,480

uh

576

00:26:03,430 --> 00:26:00,880

what we're seeing also with the rise of

577

00:26:06,149 --> 00:26:03,440

the black lives matter movement is just

578

00:26:09,430 --> 00:26:06,159

how much law enforcement is tied into

579

00:26:11,190 --> 00:26:09,440

this kind of racial enforcement of drugs

580

00:26:14,630 --> 00:26:11,200

so basically

581

00:26:16,549 --> 00:26:14,640

uh blacks are jailed like six times more

582

00:26:19,430 --> 00:26:16,559

than white people for the same drug

583

00:26:22,310 --> 00:26:19,440

offenses i mean it's really outrageous

584

00:26:25,830 --> 00:26:22,320

so the dea at this point is

585

00:26:28,630 --> 00:26:25,840

after letting opioid addiction run amok

586

00:26:30,549 --> 00:26:28,640

uh and then doing nothing and then

587

00:26:33,110 --> 00:26:30,559

shilling for the drug industry by having

588

00:26:35,590 --> 00:26:33,120

their lawyers and agents go work for the

589

00:26:38,390 --> 00:26:35,600

drug industry now they're stopping

590

00:26:41,269 --> 00:26:38,400

doctors from prescribing both boxing

591

00:26:42,870 --> 00:26:41,279

they often in some cases prosecute them

592

00:26:45,909 --> 00:26:42,880

because they're prescribing too much

593

00:26:48,789 --> 00:26:45,919

suboxone or for pain patients and

594

00:26:52,390 --> 00:26:48,799

suboxone is buprenorphine uh that's the

595

00:26:54,470 --> 00:26:52,400

easier it's the it's the it's the uh

596

00:26:56,710 --> 00:26:54,480

that's the brand name and suboxone

597

00:26:59,110 --> 00:26:56,720

they're prosecuting some of them for

598

00:27:01,750 --> 00:26:59,120

doing that as well as patients and then

599

00:27:04,870 --> 00:27:01,760

what's the other thing they do they kick

600

00:27:07,430 --> 00:27:04,880

down the doors of black people and help

601
00:27:09,190 --> 00:27:07,440
shoot them under suspected warrants of

602
00:27:11,669 --> 00:27:09,200
being drug dealers i mean that's

603
00:27:12,870 --> 00:27:11,679
basically their main function sort of

604
00:27:15,190 --> 00:27:12,880
jump out

605
00:27:16,390 --> 00:27:15,200
uh you know chasing down people with

606
00:27:18,389 --> 00:27:16,400
warrants

607
00:27:20,149 --> 00:27:18,399
heavily militarized which is also

608
00:27:21,590 --> 00:27:20,159
influencing how police departments

609
00:27:23,669 --> 00:27:21,600
handle drugs

610
00:27:25,669 --> 00:27:23,679
and you know prosecuting

611
00:27:27,590 --> 00:27:25,679
usually well-meaning that doesn't mean

612
00:27:30,549 --> 00:27:27,600
there aren't totally irresponsible

613
00:27:32,389 --> 00:27:30,559

doctors who are still engaging in pill

614

00:27:36,230 --> 00:27:32,399

mill type behavior deserve to be

615

00:27:40,149 --> 00:27:36,240

prosecuted so the whole thing is

616

00:27:42,230 --> 00:27:40,159

horribly done on every front

617

00:27:44,549 --> 00:27:42,240

yeah and can we talk a little bit about

618

00:27:46,710 --> 00:27:44,559

the lobbying that goes on in washington

619

00:27:48,870 --> 00:27:46,720

and what part do you think that that

620

00:27:50,470 --> 00:27:48,880

plays in it because i've often thought

621

00:27:52,310 --> 00:27:50,480

like the senators should have to wear

622

00:27:55,190 --> 00:27:52,320

like race car drivers you know like but

623

00:27:58,070 --> 00:27:55,200

you have to have a fiser on their suit

624

00:28:00,389 --> 00:27:58,080

or you know purdue over here we have you

625

00:28:02,149 --> 00:28:00,399

know so that we know who bought and paid

626

00:28:03,750 --> 00:28:02,159

for these people that are allowing this

627

00:28:06,950 --> 00:28:03,760

to continue i always thought that was a

628

00:28:08,149 --> 00:28:06,960

great idea to show i mean the lobbying

629

00:28:10,630 --> 00:28:08,159

um

630

00:28:12,630 --> 00:28:10,640

it is there's there's always something

631

00:28:14,549 --> 00:28:12,640

that they want to do

632

00:28:17,990 --> 00:28:14,559

and so they lobby

633

00:28:21,430 --> 00:28:18,000

uh i don't have the latest uh big pharma

634

00:28:22,789 --> 00:28:21,440

lobbying things but i learned uh about

635

00:28:25,029 --> 00:28:22,799

the big

636

00:28:28,149 --> 00:28:25,039

lobbying occurs not just in congress but

637

00:28:29,909 --> 00:28:28,159

on regulatory agencies so one of the key

638

00:28:31,990 --> 00:28:29,919

things there was an important study that

639

00:28:35,430 --> 00:28:32,000

came out several years ago

640

00:28:39,830 --> 00:28:37,590

health research group by the ralph nader

641

00:28:42,710 --> 00:28:39,840

organization public citizen health so

642

00:28:45,750 --> 00:28:42,720

they found over the last 25 years drug

643

00:28:47,510 --> 00:28:45,760

companies have paid out 35 billion

644

00:28:50,389 --> 00:28:47,520

dollars in different fines and

645

00:28:53,190 --> 00:28:50,399

settlements this is so crazy yeah but

646

00:28:55,190 --> 00:28:53,200

more than defense departments

647

00:28:57,350 --> 00:28:55,200

defense contractors it used to be the

648

00:29:01,430 --> 00:28:57,360

earlier big fraudsters

649

00:29:04,630 --> 00:29:01,440

now to drug companies the key point is

650

00:29:06,950 --> 00:29:04,640

that they never get meaningfully public

651
00:29:10,789 --> 00:29:06,960
punished so in all these settlements and

652
00:29:13,909 --> 00:29:10,799
i dug into this they're referred to the

653
00:29:17,830 --> 00:29:13,919
inspector general's office of hhs to

654
00:29:20,230 --> 00:29:17,840
monitor the settlement and they always

655
00:29:22,870 --> 00:29:20,240
ignore the settlement

656
00:29:25,350 --> 00:29:22,880
over and over and over again there's no

657
00:29:28,389 --> 00:29:25,360
meaningful consequence so i literally

658
00:29:31,430 --> 00:29:28,399
and this uh when i was drilling into why

659
00:29:34,470 --> 00:29:31,440
why is it that pfizer astrazeneca almost

660
00:29:36,789 --> 00:29:34,480
every company was repeatedly fined in

661
00:29:39,510 --> 00:29:36,799
the billions i'm not talking about the

662
00:29:41,750 --> 00:29:39,520
opioids but psychoactive drugs you know

663
00:29:44,230 --> 00:29:41,760

for violating off-label marketing

664

00:29:46,549 --> 00:29:44,240

claiming you know that that uh this

665

00:29:50,389 --> 00:29:46,559

antipsychotic could

666

00:29:53,029 --> 00:29:50,399

cure anxiety or something you know and i

667

00:29:54,950 --> 00:29:53,039

i actually spoke with the inspector a

668

00:29:57,510 --> 00:29:54,960

guy from the inspector general's office

669

00:30:00,630 --> 00:29:57,520

and this is representative of the entire

670

00:30:01,750 --> 00:30:00,640

government so i spoke to this guy and i

671

00:30:04,310 --> 00:30:01,760

said

672

00:30:05,430 --> 00:30:04,320

so what what have you done

673

00:30:09,029 --> 00:30:05,440

to uh

674

00:30:11,590 --> 00:30:09,039

you know hold to account any of the drug

675

00:30:14,870 --> 00:30:11,600

companies who violate agreements that

676
00:30:17,510 --> 00:30:14,880
you're supposed to be enforced and he

677
00:30:18,310 --> 00:30:17,520
said can you give me an example and he

678
00:30:22,549 --> 00:30:18,320
said

679
00:30:25,909 --> 00:30:22,559
let me get back to you so then wow

680
00:30:29,269 --> 00:30:25,919
later he quote got back to me and he

681
00:30:31,269 --> 00:30:29,279
found something a decade earlier which

682
00:30:32,230 --> 00:30:31,279
they find somebody

683
00:30:35,590 --> 00:30:32,240
three

684
00:30:38,149 --> 00:30:35,600
thousand dollars now if you make

685
00:30:40,950 --> 00:30:38,159
like you know tens of billions of

686
00:30:42,230 --> 00:30:40,960
dollars you know over the patented life

687
00:30:44,149 --> 00:30:42,240
of a drug

688
00:30:45,750 --> 00:30:44,159

you know even a two year that little bit

689

00:30:46,870 --> 00:30:45,760

of that's a slap on the wrist they'll

690

00:30:48,389 --> 00:30:46,880

just yeah

691

00:30:51,110 --> 00:30:48,399

it's part of the cost of doing business

692

00:30:53,830 --> 00:30:51,120

for them

693

00:30:55,669 --> 00:30:53,840

they're so rich that even these

694

00:30:58,950 --> 00:30:55,679

settlements that you know are covered in

695

00:31:01,909 --> 00:30:58,960

the news like pfizer paid 2.3 billion

696

00:31:04,070 --> 00:31:01,919

dollars for false marketing or over 3

697

00:31:06,389 --> 00:31:04,080

billion whatever the exact figure is the

698

00:31:09,190 --> 00:31:06,399

news you know this is amazing oh we're

699

00:31:10,230 --> 00:31:09,200

getting tough well if you're making per

700

00:31:12,789 --> 00:31:10,240

drug

701
00:31:15,110 --> 00:31:12,799
let's say 5 billion on the psychoactive

702
00:31:17,750 --> 00:31:15,120
drugs it's much higher for purdue on

703
00:31:21,990 --> 00:31:17,760
oxycontin let's say you make five

704
00:31:25,430 --> 00:31:22,000
billion dollars as astrazeneca

705
00:31:27,590 --> 00:31:25,440
what did astrazeneca did on its seroquel

706
00:31:30,389 --> 00:31:27,600
which later shown to have

707
00:31:32,470 --> 00:31:30,399
really high risk of uh art heart

708
00:31:34,870 --> 00:31:32,480
arrhythmias and was causing needless

709
00:31:37,430 --> 00:31:34,880
deaths of veterans and others

710
00:31:39,990 --> 00:31:37,440
you get 5 billion a year

711
00:31:42,389 --> 00:31:40,000
for 17 years

712
00:31:45,110 --> 00:31:42,399
that's how long the patent lasts so at

713
00:31:48,549 --> 00:31:45,120

the end of your crime spree and your

714

00:31:52,070 --> 00:31:48,559

false marketing somebody catches up with

715

00:31:55,029 --> 00:31:52,080

you would say uh oh boy we want the we

716

00:31:57,750 --> 00:31:55,039

want the two billion dollars you know i

717

00:32:00,389 --> 00:31:57,760

mean who cares it's like chump change it

718

00:32:02,389 --> 00:32:00,399

is literally called chump change it's

719

00:32:03,909 --> 00:32:02,399

it's very similar to to the stuff about

720

00:32:05,990 --> 00:32:03,919

people on wall street who get caught

721

00:32:08,310 --> 00:32:06,000

with insider trading trading and they

722

00:32:10,230 --> 00:32:08,320

give them a fine you know they make 300

723

00:32:13,110 --> 00:32:10,240

million dollars doing something dirty

724

00:32:14,789 --> 00:32:13,120

and then the fcc finds them you know a

725

00:32:17,190 --> 00:32:14,799

half a million dollars or something they

726

00:32:18,950 --> 00:32:17,200

still got away with all that the the

727

00:32:21,110 --> 00:32:18,960

difference of the money you know oh yeah

728

00:32:23,430 --> 00:32:21,120

and one of the reasons it's very similar

729

00:32:26,310 --> 00:32:23,440

to the hollowing out of the dea by

730

00:32:28,230 --> 00:32:26,320

purdue by taking the lawyers and matt

731

00:32:30,070 --> 00:32:28,240

tavaye did a lot of good reporting about

732

00:32:32,950 --> 00:32:30,080

this for rolling stone in the white

733

00:32:33,990 --> 00:32:32,960

collar financial crime industry

734

00:32:37,590 --> 00:32:34,000

and

735

00:32:40,149 --> 00:32:37,600

what what happened is uh so many of the

736

00:32:42,070 --> 00:32:40,159

sec lawyers got hired away by the

737

00:32:44,470 --> 00:32:42,080

defense people and they still knew

738

00:32:46,549 --> 00:32:44,480

people so they would cut these friendly

739

00:32:50,630 --> 00:32:46,559

deals for their you know

740

00:32:54,070 --> 00:32:50,640

white dollar crime uh executives

741

00:32:56,789 --> 00:32:54,080

this is just terrible so you you were

742

00:32:58,230 --> 00:32:56,799

telling me a little bit about uh you

743

00:32:59,830 --> 00:32:58,240

know we've talked about these effects

744

00:33:02,310 --> 00:32:59,840

then there there's been

745

00:33:03,190 --> 00:33:02,320

because of this all these doctors are

746

00:33:05,029 --> 00:33:03,200

now

747

00:33:07,269 --> 00:33:05,039

somewhat terrified right to prescribe

748

00:33:09,909 --> 00:33:07,279

opioids right

749

00:33:12,149 --> 00:33:09,919

now they over the scale went way further

750

00:33:13,669 --> 00:33:12,159

the other way absolutely and what people

751
00:33:15,750 --> 00:33:13,679
are suffering because of that now

752
00:33:18,549 --> 00:33:15,760
because they can't get and they even if

753
00:33:21,269 --> 00:33:18,559
they have a valid need for a painkiller

754
00:33:23,509 --> 00:33:21,279
it's difficult to get now oh absolutely

755
00:33:25,110 --> 00:33:23,519
and that's one of the things and i was

756
00:33:27,830 --> 00:33:25,120
reporting on this

757
00:33:30,070 --> 00:33:27,840
i did some early research in 2018 and

758
00:33:31,830 --> 00:33:30,080
then i began publishing some articles

759
00:33:35,350 --> 00:33:31,840
when i finally got news organizations

760
00:33:36,870 --> 00:33:35,360
pay attention in 2019

761
00:33:40,149 --> 00:33:36,880
about the

762
00:33:41,110 --> 00:33:40,159
draconian impact and i interviewed

763
00:33:45,269 --> 00:33:41,120

um

764

00:33:47,750 --> 00:33:45,279

uh i interviewed the wife of a uh

765

00:33:50,230 --> 00:33:47,760

i interviewed the wife of

766

00:33:53,590 --> 00:33:50,240

jay lawrence who basically

767

00:33:55,909 --> 00:33:53,600

who committed suicide because a doctor

768

00:33:59,830 --> 00:33:55,919

even though he was an agonizing

769

00:34:01,830 --> 00:33:59,840

uh accident couldn't get access to

770

00:34:04,149 --> 00:34:01,840

legitimately prescribed opioids and was

771

00:34:05,029 --> 00:34:04,159

not a drug abuser and so what's happened

772

00:34:12,149 --> 00:34:05,039

is

773

00:34:15,430 --> 00:34:12,159

research on it and we'll be posting it

774

00:34:17,990 --> 00:34:15,440

is uh dr stefan cortez who's sort of the

775

00:34:20,389 --> 00:34:18,000

leading medical intellectual

776

00:34:21,990 --> 00:34:20,399

uh leading mental in electric medical

777

00:34:24,470 --> 00:34:22,000

intellectual in the field now and he has

778

00:34:27,829 --> 00:34:24,480

a new presentation that pulls it all

779

00:34:30,310 --> 00:34:27,839

together both how we went overboard in

780

00:34:32,149 --> 00:34:30,320

over medication early and how

781

00:34:34,470 --> 00:34:32,159

now we're going in the opposite

782

00:34:36,710 --> 00:34:34,480

direction with very serious

783

00:34:39,669 --> 00:34:36,720

damage and he has a study he's doing

784

00:34:42,790 --> 00:34:39,679

looking at suicide effects

785

00:34:45,109 --> 00:34:42,800

and recruiting family members to uh

786

00:34:47,589 --> 00:34:45,119

interview and that'll be available on

787

00:34:50,310 --> 00:34:47,599

his twitter feed but here's some of the

788

00:34:51,669 --> 00:34:50,320

things that have occurred is that it's

789

00:34:53,270 --> 00:34:51,679
been shown

790

00:34:55,510 --> 00:34:53,280
that

791

00:34:57,829 --> 00:34:55,520
this sudden sensation and this is

792

00:34:59,829 --> 00:34:57,839
according to a very recent study

793

00:35:02,550 --> 00:34:59,839
in the journal of uh

794

00:35:07,109 --> 00:35:02,560
general and internal medicine that

795

00:35:10,710 --> 00:35:07,119
sensation of legitimate prescribing has

796

00:35:12,630 --> 00:35:10,720
led to a three times greater risk of

797

00:35:15,270 --> 00:35:12,640
overdose deaths

798

00:35:17,750 --> 00:35:15,280
so the point is under the myth that if

799

00:35:20,950 --> 00:35:17,760
we just stop prescribing

800

00:35:23,750 --> 00:35:20,960
opioids for long-term chronic pain

801
00:35:26,310 --> 00:35:23,760
patients we're really helping them out

802
00:35:28,150 --> 00:35:26,320
and we are in fact it's going to be

803
00:35:29,990 --> 00:35:28,160
great for them because they're at lower

804
00:35:31,510 --> 00:35:30,000
risk of overdue no they're turning to

805
00:35:33,990 --> 00:35:31,520
street drugs or they're killing

806
00:35:36,870 --> 00:35:34,000
themselves and now

807
00:35:38,470 --> 00:35:36,880
the suicide data is really start

808
00:35:42,310 --> 00:35:38,480
starting to come in

809
00:35:44,950 --> 00:35:42,320
so there's a new study that came in

810
00:35:48,230 --> 00:35:44,960
uh on in oregon which is an example of a

811
00:35:50,870 --> 00:35:48,240
state that has extremely aggressive uh

812
00:35:53,109 --> 00:35:50,880
enforcement and cutbacks

813
00:35:56,470 --> 00:35:53,119

and so a new study has come out that

814

00:35:58,390 --> 00:35:56,480

shows and it just came out in april of

815

00:36:01,109 --> 00:35:58,400

this year

816

00:36:04,630 --> 00:36:01,119

and it showed that secession in oregon

817

00:36:06,390 --> 00:36:04,640

medicaid is associated with the three to

818

00:36:10,150 --> 00:36:06,400

five times

819

00:36:12,390 --> 00:36:10,160

greater risk of suicide that includes

820

00:36:14,870 --> 00:36:12,400

people actually killing themselves or

821

00:36:18,390 --> 00:36:14,880

having what's called suicidal ideation

822

00:36:20,870 --> 00:36:18,400

so up to five times more people

823

00:36:23,190 --> 00:36:20,880

are either killing themselves or in the

824

00:36:25,430 --> 00:36:23,200

throes of great depression and thinking

825

00:36:26,550 --> 00:36:25,440

seriously about it because they're being

826
00:36:29,109 --> 00:36:26,560
shut off

827
00:36:30,790 --> 00:36:29,119
and what's even more remarkable and this

828
00:36:32,310 --> 00:36:30,800
is kind of hard to believe because you

829
00:36:33,510 --> 00:36:32,320
wouldn't know about it at the state and

830
00:36:36,390 --> 00:36:33,520
local level

831
00:36:38,829 --> 00:36:36,400
most federal agencies

832
00:36:42,150 --> 00:36:38,839
starting in 2019

833
00:36:44,150 --> 00:36:42,160
through uh 2020 and some of this year

834
00:36:46,470 --> 00:36:44,160
that includes the fda

835
00:36:48,230 --> 00:36:46,480
the cdc

836
00:36:50,790 --> 00:36:48,240
hhs

837
00:36:52,710 --> 00:36:50,800
uh and also advisory

838
00:36:56,310 --> 00:36:52,720

groups like uh the american medical

839

00:36:59,829 --> 00:36:56,320

association have published papers saying

840

00:37:02,950 --> 00:36:59,839

we shouldn't be enforcing force tapering

841

00:37:05,910 --> 00:37:02,960

in a fast way for chronic pain patients

842

00:37:08,310 --> 00:37:05,920

who are stable so this is all the major

843

00:37:10,950 --> 00:37:08,320

organizations have said uh and a lot of

844

00:37:14,950 --> 00:37:10,960

it has to do with guidelines that came

845

00:37:17,349 --> 00:37:14,960

about in 2016 by the cbc which were

846

00:37:18,310 --> 00:37:17,359

informal recommendations

847

00:37:21,349 --> 00:37:18,320

for

848

00:37:24,230 --> 00:37:21,359

family physicians that they should try

849

00:37:27,190 --> 00:37:24,240

in initiating not go above what's called

850

00:37:30,870 --> 00:37:27,200

90 uh morphine

851
00:37:33,109 --> 00:37:30,880
mme morpheme milgram equivalent drugs

852
00:37:36,470 --> 00:37:33,119
but that was an advisory so what

853
00:37:39,829 --> 00:37:36,480
happened is that 90 mme figure

854
00:37:42,550 --> 00:37:39,839
advised in 2016 became a hard and fast

855
00:37:46,069 --> 00:37:42,560
rule across the country

856
00:37:49,430 --> 00:37:46,079
do not ever prescribe more than that for

857
00:37:51,030 --> 00:37:49,440
anyone no matter what their condition is

858
00:37:51,829 --> 00:37:51,040
what their genetic

859
00:37:55,910 --> 00:37:51,839
uh

860
00:37:58,470 --> 00:37:55,920
causing agony and there's about 200

861
00:38:00,470 --> 00:37:58,480
genetic conditions that have severe pain

862
00:38:01,190 --> 00:38:00,480
that merit appropriate

863
00:38:04,790 --> 00:38:01,200

uh

864

00:38:08,150 --> 00:38:04,800

a prescription so what's happened is

865

00:38:09,990 --> 00:38:08,160

this this informal advisory

866

00:38:12,630 --> 00:38:10,000

the cdc

867

00:38:15,910 --> 00:38:12,640

basically went on into the new england

868

00:38:19,109 --> 00:38:15,920

journal of medicine about 2 2020

869

00:38:21,829 --> 00:38:19,119

maybe 2019 saying hey folks uh you know

870

00:38:23,510 --> 00:38:21,839

our guidelines from 2016 they're kind of

871

00:38:25,670 --> 00:38:23,520

being misapplied and people are being

872

00:38:27,270 --> 00:38:25,680

hurt please don't do these forced

873

00:38:29,750 --> 00:38:27,280

taperings anymore

874

00:38:32,390 --> 00:38:29,760

that was totally ignored

875

00:38:34,390 --> 00:38:32,400

it got it some tension in the

876

00:38:37,430 --> 00:38:34,400

chronic pain advocacy community among

877

00:38:39,589 --> 00:38:37,440

researchers but in real life

878

00:38:40,790 --> 00:38:39,599

state health boards

879

00:38:43,589 --> 00:38:40,800

clinics

880

00:38:46,230 --> 00:38:43,599

in the state and localities insurance

881

00:38:49,190 --> 00:38:46,240

companies d.a

882

00:38:51,510 --> 00:38:49,200

everybody totally ignored it

883

00:38:53,270 --> 00:38:51,520

and and it's kind of crazy so the

884

00:38:56,470 --> 00:38:53,280

consensus

885

00:38:59,670 --> 00:38:56,480

medical opinion from experts is don't do

886

00:39:01,910 --> 00:38:59,680

drastic fast forced tapering of chronic

887

00:39:05,670 --> 00:39:01,920

pain patients particularly those who are

888

00:39:08,310 --> 00:39:05,680

stable and i've profiled people so for

889

00:39:12,550 --> 00:39:08,320

newsweek i did a story of a guy who was

890

00:39:14,950 --> 00:39:12,560

a really amazing he was an ex-marine

891

00:39:16,550 --> 00:39:14,960

who was an olympic contender

892

00:39:19,910 --> 00:39:16,560

and then he had an injury when he was a

893

00:39:21,750 --> 00:39:19,920

younger man a vet a veteran of vietnam

894

00:39:24,870 --> 00:39:21,760

war and other wars

895

00:39:27,270 --> 00:39:24,880

and and he was perfectly stable and had

896

00:39:29,670 --> 00:39:27,280

his own business and he was taking

897

00:39:32,470 --> 00:39:29,680

regular opioids as part of

898

00:39:35,270 --> 00:39:32,480

treatment for regular severe intractable

899

00:39:37,670 --> 00:39:35,280

pain and then they just cut him off and

900

00:39:42,710 --> 00:39:37,680

now he can't do anything he can't down

901
00:39:45,670 --> 00:39:42,720
hold a job and he is unable to even bend

902
00:39:47,190 --> 00:39:45,680
over and tie his own shoes so this guy

903
00:39:48,710 --> 00:39:47,200
used to be

904
00:39:51,589 --> 00:39:48,720
an incredible

905
00:39:55,190 --> 00:39:51,599
uh olympic level athlete can't tie his

906
00:39:57,510 --> 00:39:55,200
own shoes and if he wants to pat his own

907
00:40:00,470 --> 00:39:57,520
son young son on the head he can't reach

908
00:40:03,349 --> 00:40:00,480
over without being in agony now under

909
00:40:06,230 --> 00:40:03,359
what world is this considered rational

910
00:40:07,030 --> 00:40:06,240
it's not it's not yeah absolutely not

911
00:40:08,870 --> 00:40:07,040
yeah

912
00:40:11,270 --> 00:40:08,880
so they've gone a little too far the

913
00:40:13,829 --> 00:40:11,280

other way then and and sort of vilified

914

00:40:15,910 --> 00:40:13,839

the prescribing of opioids even right

915

00:40:18,150 --> 00:40:15,920

people really need them and it's it's

916

00:40:19,670 --> 00:40:18,160

easy to see how you know if you're like

917

00:40:21,270 --> 00:40:19,680

let's say you've been in chronic pain

918

00:40:23,190 --> 00:40:21,280

for three years and the doctors won't

919

00:40:24,309 --> 00:40:23,200

give you anything to help with it yeah

920

00:40:26,390 --> 00:40:24,319

you're going to get depressed and

921

00:40:27,270 --> 00:40:26,400

suicidal maybe living with that chronic

922

00:40:30,150 --> 00:40:27,280

pain

923

00:40:31,109 --> 00:40:30,160

and feeling hopeless you know

924

00:40:35,430 --> 00:40:31,119

so

925

00:40:37,430 --> 00:40:35,440

reduction because yeah

926
00:40:39,190 --> 00:40:37,440
i have personal experience with this but

927
00:40:41,430 --> 00:40:39,200
the one thing that i disagree with is

928
00:40:43,030 --> 00:40:41,440
safe injection sites because

929
00:40:44,150 --> 00:40:43,040
in the area in philadelphia i used to

930
00:40:47,349 --> 00:40:44,160
live it was

931
00:40:49,510 --> 00:40:47,359
there was just so many people affected

932
00:40:51,829 --> 00:40:49,520
by opiates and

933
00:40:53,190 --> 00:40:51,839
heroin addicts and and other things they

934
00:40:55,670 --> 00:40:53,200
decide they're going to do a safe

935
00:40:56,950 --> 00:40:55,680
injection site and then the number of

936
00:40:58,470 --> 00:40:56,960
the people

937
00:40:59,829 --> 00:40:58,480
you know that were sort of homeless

938
00:41:01,510 --> 00:40:59,839

hanging around

939

00:41:02,790 --> 00:41:01,520

that were addicted

940

00:41:04,230 --> 00:41:02,800

tripled

941

00:41:07,190 --> 00:41:04,240

in the area where they put the safe

942

00:41:09,670 --> 00:41:07,200

injection site where we're going to i

943

00:41:11,270 --> 00:41:09,680

would i would doubt that data the other

944

00:41:13,270 --> 00:41:11,280

what i'm getting at is the safe

945

00:41:16,150 --> 00:41:13,280

injection site is

946

00:41:18,230 --> 00:41:16,160

one wing of what's called harm reduction

947

00:41:21,270 --> 00:41:18,240

yeah let's get into it and explain

948

00:41:23,829 --> 00:41:21,280

what is this concept and basically

949

00:41:26,630 --> 00:41:23,839

the notion of harm reduction

950

00:41:29,510 --> 00:41:26,640

is several fold and

951
00:41:32,630 --> 00:41:29,520
uh basically the safe injection sites

952
00:41:35,990 --> 00:41:32,640
are sort of an outgrowth of what became

953
00:41:39,270 --> 00:41:36,000
the uh during the aids era the needle

954
00:41:41,589 --> 00:41:39,280
exchanges and for clean needles so

955
00:41:43,349 --> 00:41:41,599
intravenous drug users getting aids

956
00:41:46,470 --> 00:41:43,359
would not get aids okay that's the

957
00:41:50,150 --> 00:41:46,480
origin of this concept and this is again

958
00:41:52,550 --> 00:41:50,160
well chronicled in um mayas all of its

959
00:41:54,870 --> 00:41:52,560
uh new book which i recommend everyone

960
00:41:57,910 --> 00:41:54,880
to read but also

961
00:42:00,870 --> 00:41:57,920
so this is kind of an extension of that

962
00:42:03,589 --> 00:42:00,880
and part of the value is so i

963
00:42:05,750 --> 00:42:03,599

i would look closely when you hear oh

964

00:42:09,589 --> 00:42:05,760

where they opened up safe injection

965

00:42:12,230 --> 00:42:09,599

sites oh boy drug abuse tripled because

966

00:42:14,069 --> 00:42:12,240

of that's not the case yeah and i wasn't

967

00:42:16,550 --> 00:42:14,079

i wasn't citing any date it was my it

968

00:42:18,150 --> 00:42:16,560

was my personal observation that some

969

00:42:21,030 --> 00:42:18,160

areas seem to have

970

00:42:23,109 --> 00:42:21,040

much much more people there's this whole

971

00:42:25,589 --> 00:42:23,119

thing in philadelphia of like homeless

972

00:42:27,589 --> 00:42:25,599

camp of of people that right you know

973

00:42:29,589 --> 00:42:27,599

are affected by heroin and

974

00:42:31,589 --> 00:42:29,599

intense cities and things and it just

975

00:42:33,349 --> 00:42:31,599

seemed to me maybe it was just a regular

976

00:42:35,270 --> 00:42:33,359

increase you know

977

00:42:37,670 --> 00:42:35,280

because it just seemed to be in

978

00:42:39,829 --> 00:42:37,680

philadelphia it's like it's like the

979

00:42:42,790 --> 00:42:39,839

world's worst kept secret if you if you

980

00:42:45,349 --> 00:42:42,800

want to be addicted you just go to that

981

00:42:48,470 --> 00:42:45,359

area and the police don't the police

982

00:42:51,510 --> 00:42:48,480

leave them alone they don't well but my

983

00:42:53,829 --> 00:42:51,520

i guess my view is it's better to keep

984

00:42:55,589 --> 00:42:53,839

people alive than to throw them in jail

985

00:42:58,069 --> 00:42:55,599

and the other thing is

986

00:43:00,390 --> 00:42:58,079

there's a really other great book on the

987

00:43:02,069 --> 00:43:00,400

notion of decriminalization so in oregon

988

00:43:05,030 --> 00:43:02,079

there decriminals are

989

00:43:08,470 --> 00:43:05,040

possession of small amounts of anything

990

00:43:11,670 --> 00:43:08,480

including cocaine and heroin and

991

00:43:14,550 --> 00:43:11,680

and marijuana and so on and one of the

992

00:43:16,710 --> 00:43:14,560

things is we can look at the results in

993

00:43:17,910 --> 00:43:16,720

portugal which is in the book chasing

994

00:43:20,710 --> 00:43:17,920

the screen

995

00:43:23,430 --> 00:43:20,720

and he studied so this was a place that

996

00:43:25,349 --> 00:43:23,440

turned to really making harm reduction

997

00:43:27,589 --> 00:43:25,359

front and center

998

00:43:28,870 --> 00:43:27,599

of their thing what happened is when

999

00:43:32,309 --> 00:43:28,880

they made

1000

00:43:34,950 --> 00:43:32,319

it medically available

1001
00:43:37,670 --> 00:43:34,960
overdoses dropped significantly and they

1002
00:43:41,190 --> 00:43:37,680
didn't arrest people and so where we

1003
00:43:43,829 --> 00:43:41,200
have so i understand it may look like

1004
00:43:45,510 --> 00:43:43,839
what i'm getting at is there may be more

1005
00:43:46,790 --> 00:43:45,520
people in that area because they're

1006
00:43:49,349 --> 00:43:46,800
going

1007
00:43:51,510 --> 00:43:49,359
i don't think the fact

1008
00:43:54,150 --> 00:43:51,520
there's so many things that go into

1009
00:43:57,109 --> 00:43:54,160
turning someone into shooting drugs or

1010
00:43:58,870 --> 00:43:57,119
misusing drugs that the availability of

1011
00:44:01,750 --> 00:43:58,880
a safe outlet

1012
00:44:04,550 --> 00:44:01,760
after you become addicted is not a key

1013
00:44:07,270 --> 00:44:04,560

factor and that's a myth that's also

1014

00:44:09,829 --> 00:44:07,280

driving the how difficult it is in a lot

1015

00:44:11,829 --> 00:44:09,839

of places to get naloxone if i'm

1016

00:44:14,790 --> 00:44:11,839

pronouncing it correctly which is this

1017

00:44:17,270 --> 00:44:14,800

drug you can now get in many cities

1018

00:44:20,470 --> 00:44:17,280

uh over-the-counter without a

1019

00:44:24,230 --> 00:44:20,480

prescription and it is used to get

1020

00:44:26,950 --> 00:44:24,240

people to recover from overdoses

1021

00:44:28,870 --> 00:44:26,960

there's a long-acting version that shows

1022

00:44:31,190 --> 00:44:28,880

some effect efficacy

1023

00:44:33,510 --> 00:44:31,200

but it's but the short-acting version

1024

00:44:36,470 --> 00:44:33,520

should be i have one in my car

1025

00:44:39,270 --> 00:44:36,480

and my feeling is that anyone

1026
00:44:41,829 --> 00:44:39,280
who knows anyone who has an addiction

1027
00:44:45,190 --> 00:44:41,839
issue around an opioid should be

1028
00:44:47,829 --> 00:44:45,200
carrying this in their pocket and even

1029
00:44:51,109 --> 00:44:47,839
friends saves lives right it absolutely

1030
00:44:53,750 --> 00:44:51,119
saves lives and it recover

1031
00:44:56,630 --> 00:44:53,760
you know and it's unpleasant

1032
00:44:58,950 --> 00:44:56,640
to be revived from an overdose but it's

1033
00:45:01,030 --> 00:44:58,960
way better than living and

1034
00:45:03,190 --> 00:45:01,040
way better than dying yeah right and

1035
00:45:06,630 --> 00:45:03,200
it's way better than dying and now it's

1036
00:45:09,349 --> 00:45:06,640
own is now nasally available so this

1037
00:45:11,990 --> 00:45:09,359
kind of everybody remembers the pulp

1038
00:45:14,390 --> 00:45:12,000

fiction scene with uma thurman is on the

1039

00:45:16,790 --> 00:45:14,400

carpet and they revive her with the big

1040

00:45:18,470 --> 00:45:16,800

fat needles in the chest yes that's not

1041

00:45:21,510 --> 00:45:18,480

how it works today

1042

00:45:23,670 --> 00:45:21,520

it's a gentle nasal spray that can save

1043

00:45:24,390 --> 00:45:23,680

somebody's life and

1044

00:45:29,030 --> 00:45:24,400

mo

1045

00:45:32,870 --> 00:45:29,040

cops don't have it

1046

00:45:35,589 --> 00:45:32,880

most people don't have it and the upshot

1047

00:45:37,829 --> 00:45:35,599

of it is that it should be widely

1048

00:45:39,990 --> 00:45:37,839

available and can help prevent overdoses

1049

00:45:42,550 --> 00:45:40,000

but the where we really get into

1050

00:45:45,030 --> 00:45:42,560

overdose and addiction

1051

00:45:48,470 --> 00:45:45,040

dysfunction and addiction

1052

00:45:51,510 --> 00:45:48,480

is now described and again this has been

1053

00:45:55,109 --> 00:45:51,520

emphasized by mayas olivets and others

1054

00:45:57,109 --> 00:45:55,119

addiction is now described of compulsive

1055

00:45:59,910 --> 00:45:57,119

use of a substance

1056

00:46:01,430 --> 00:45:59,920

repeatedly in the face of harmful

1057

00:46:04,230 --> 00:46:01,440

consequences

1058

00:46:07,109 --> 00:46:04,240

as opposed to just using it in other

1059

00:46:08,470 --> 00:46:07,119

words so if you drink a drug if you

1060

00:46:14,069 --> 00:46:08,480

drink

1061

00:46:16,870 --> 00:46:14,079

liquor but you're not compulsively using

1062

00:46:19,670 --> 00:46:16,880

it and you're not losing your job your

1063

00:46:21,270 --> 00:46:19,680

wife your so on you're not really

1064

00:46:22,950 --> 00:46:21,280

addicted even if you're regularly

1065

00:46:25,670 --> 00:46:22,960

drinking but

1066

00:46:30,390 --> 00:46:25,680

so the point is this suboxone which is

1067

00:46:33,670 --> 00:46:30,400

the a variation of buprenephine is so

1068

00:46:35,589 --> 00:46:33,680

underused in for so many reasons so

1069

00:46:37,190 --> 00:46:35,599

right now

1070

00:46:40,390 --> 00:46:37,200

two-thirds

1071

00:46:42,870 --> 00:46:40,400

of all treatment facilities in the u.s

1072

00:46:44,630 --> 00:46:42,880

don't make this medication assisted

1073

00:46:47,349 --> 00:46:44,640

treatment available

1074

00:46:49,109 --> 00:46:47,359

that is insane so i know i know at least

1075

00:46:50,870 --> 00:46:49,119

two people that got off of heroin with

1076
00:46:53,030 --> 00:46:50,880
suboxone

1077
00:46:53,829 --> 00:46:53,040
two you know and they and they and they

1078
00:46:58,950 --> 00:46:53,839
were

1079
00:47:01,829 --> 00:46:58,960
out of rehab for many years but once

1080
00:47:04,390 --> 00:47:01,839
they got the suboxone they were able to

1081
00:47:05,910 --> 00:47:04,400
to get off of the heroin completely can

1082
00:47:08,309 --> 00:47:05,920
you explain to us a little bit about

1083
00:47:09,430 --> 00:47:08,319
suboxone and what it is and how it works

1084
00:47:11,349 --> 00:47:09,440
yeah it's

1085
00:47:13,349 --> 00:47:11,359
a chemical that kind of

1086
00:47:16,309 --> 00:47:13,359
it it binds in some of the similar

1087
00:47:19,349 --> 00:47:16,319
places but it doesn't have the negative

1088
00:47:22,150 --> 00:47:19,359

effects and doesn't create a high so it

1089

00:47:24,710 --> 00:47:22,160

doesn't create the kind of compulsive

1090

00:47:27,030 --> 00:47:24,720

overuse that leads to addiction so it

1091

00:47:29,910 --> 00:47:27,040

can bind in similar areas of the brain

1092

00:47:33,670 --> 00:47:29,920

and makes it easier to stop using

1093

00:47:34,549 --> 00:47:33,680

the uh you know really dangerous opioids

1094

00:47:37,829 --> 00:47:34,559

uh

1095

00:47:41,430 --> 00:47:37,839

and but the point of it is is that

1096

00:47:43,990 --> 00:47:41,440

but one of the reasons it's so rare is

1097

00:47:46,950 --> 00:47:44,000

that we have

1098

00:47:49,430 --> 00:47:46,960

this crazy system for this really

1099

00:47:53,030 --> 00:47:49,440

effective drug so it'd be it would be

1100

00:47:55,190 --> 00:47:53,040

like if in the right now you have to get

1101

00:47:57,109 --> 00:47:55,200

these special x wavers even though

1102

00:47:59,670 --> 00:47:57,119

they've tinkered with it they're called

1103

00:48:02,069 --> 00:47:59,680

x wavers for doctors who want to treat

1104

00:48:04,470 --> 00:48:02,079

more than 30 people and if you treat

1105

00:48:06,790 --> 00:48:04,480

more than 30 people you're going to get

1106

00:48:09,589 --> 00:48:06,800

the attention of the dea

1107

00:48:12,549 --> 00:48:09,599

but these crazy little restrictions make

1108

00:48:14,950 --> 00:48:12,559

it very difficult for a lot of doctors

1109

00:48:17,270 --> 00:48:14,960

to uh prescribe it and there's no

1110

00:48:20,549 --> 00:48:17,280

incentive to prescribe it that's another

1111

00:48:22,150 --> 00:48:20,559

key thing it's sort of like if what

1112

00:48:24,230 --> 00:48:22,160

would have happened in the middle of the

1113

00:48:29,030 --> 00:48:24,240

polio epidemic

1114

00:48:31,670 --> 00:48:29,040

doctors had to fill out lots of

1115

00:48:35,990 --> 00:48:31,680

paperwork and sit through eight hours of

1116

00:48:38,710 --> 00:48:36,000

training on how to use the sabin or sog

1117

00:48:40,470 --> 00:48:38,720

vaccines okay yeah yeah that was

1118

00:48:42,309 --> 00:48:40,480

ridiculous if you have

1119

00:48:43,670 --> 00:48:42,319

a drug i don't understand if you have

1120

00:48:44,790 --> 00:48:43,680

this drug that is so incredibly

1121

00:48:48,390 --> 00:48:44,800

effective

1122

00:48:51,670 --> 00:48:48,400

why it's not more commonly used it's

1123

00:48:53,510 --> 00:48:51,680

it's part of a basically puritanical

1124

00:48:56,950 --> 00:48:53,520

punitive approach

1125

00:49:00,069 --> 00:48:56,960

that i think it's kind of reflective of

1126
00:49:01,990 --> 00:49:00,079
of a philosophy of government that i i i

1127
00:49:04,069 --> 00:49:02,000
think got to the height and trump

1128
00:49:07,670 --> 00:49:04,079
administration which is cruelty is the

1129
00:49:10,069 --> 00:49:07,680
point the belief is widespread in a lot

1130
00:49:11,829 --> 00:49:10,079
of even if you're that doesn't mean that

1131
00:49:14,390 --> 00:49:11,839
you're a right-winger necessarily the

1132
00:49:17,430 --> 00:49:14,400
concept is there's the belief that

1133
00:49:20,470 --> 00:49:17,440
drug users need to hit bottom and really

1134
00:49:21,990 --> 00:49:20,480
suffer and unless they suffer and suffer

1135
00:49:24,470 --> 00:49:22,000
and suffer and hit bottom they're not

1136
00:49:26,630 --> 00:49:24,480
going to change so the notion that

1137
00:49:28,950 --> 00:49:26,640
there's a way where they could safely

1138
00:49:31,910 --> 00:49:28,960

transition from their opioids to

1139

00:49:34,630 --> 00:49:31,920

something like bupinephrine and

1140

00:49:37,510 --> 00:49:34,640

produce in france it's been shown to

1141

00:49:39,109 --> 00:49:37,520

reduce overdoses 75

1142

00:49:40,549 --> 00:49:39,119

here it's 50

1143

00:49:44,870 --> 00:49:40,559

if you could cut

1144

00:49:48,390 --> 00:49:44,880

half of our you know uh you know

1145

00:49:49,270 --> 00:49:48,400

you know enormous overdose deaths uh you

1146

00:49:51,670 --> 00:49:49,280

know

1147

00:49:54,630 --> 00:49:51,680

with this medication it should be widely

1148

00:49:56,710 --> 00:49:54,640

used and it isn't and

1149

00:50:00,230 --> 00:49:56,720

i think it's part of a culture of

1150

00:50:02,790 --> 00:50:00,240

punishment and and and also i do think

1151
00:50:05,190 --> 00:50:02,800
it reflects a view

1152
00:50:06,870 --> 00:50:05,200
in the uh treating community the law

1153
00:50:08,230 --> 00:50:06,880
enforcement community and health

1154
00:50:10,549 --> 00:50:08,240
regulators

1155
00:50:12,390 --> 00:50:10,559
that you know people with substance

1156
00:50:15,829 --> 00:50:12,400
abuse are kind of

1157
00:50:18,630 --> 00:50:15,839
bad people or less than

1158
00:50:19,829 --> 00:50:18,640
human or evil now what but that has

1159
00:50:22,630 --> 00:50:19,839
changed

1160
00:50:25,349 --> 00:50:22,640
with the rise of the opioid epidemic and

1161
00:50:27,990 --> 00:50:25,359
there's a big reason it changed in terms

1162
00:50:30,950 --> 00:50:28,000
of more thought of compassion and need

1163
00:50:33,910 --> 00:50:30,960

for more treatment it's when white kids

1164

00:50:35,430 --> 00:50:33,920

began dying in droves

1165

00:50:39,750 --> 00:50:35,440

before

1166

00:50:41,270 --> 00:50:39,760

black people did it terrible black

1167

00:50:44,069 --> 00:50:41,280

people are doing heroin in the ghetto

1168

00:50:46,150 --> 00:50:44,079

who cares right right or once it reached

1169

00:50:48,390 --> 00:50:46,160

the sub i noticed once

1170

00:50:50,390 --> 00:50:48,400

once i started hearing from friends and

1171

00:50:52,069 --> 00:50:50,400

co-workers

1172

00:50:54,950 --> 00:50:52,079

that lived in the suburbs that their

1173

00:50:57,589 --> 00:50:54,960

children were going down into philly to

1174

00:50:59,829 --> 00:50:57,599

buy you know oxycontin pills or or

1175

00:51:01,750 --> 00:50:59,839

whatever percocets

1176

00:51:04,549 --> 00:51:01,760

then i started to notice

1177

00:51:06,309 --> 00:51:04,559

there was a marked change like you're

1178

00:51:08,309 --> 00:51:06,319

right we gotta do something about this

1179

00:51:10,069 --> 00:51:08,319

because now suddenly it's affecting

1180

00:51:11,670 --> 00:51:10,079

suburban white people

1181

00:51:13,910 --> 00:51:11,680

it's a shame but that's that's the

1182

00:51:16,870 --> 00:51:13,920

reality of part of that discrimination

1183

00:51:19,510 --> 00:51:16,880

was shown in the uh you know in the drug

1184

00:51:22,309 --> 00:51:19,520

enforcement laws which was

1185

00:51:25,750 --> 00:51:22,319

rock crack cocaine you got a much higher

1186

00:51:27,990 --> 00:51:25,760

sentence than if you use powder cocaine

1187

00:51:28,950 --> 00:51:28,000

yeah of course yeah and

1188

00:51:32,549 --> 00:51:28,960

and

1189

00:51:34,870 --> 00:51:32,559

this is you know

1190

00:51:36,870 --> 00:51:34,880

part of the absurdity of it

1191

00:51:39,549 --> 00:51:36,880

that but that's where

1192

00:51:42,470 --> 00:51:39,559

uh one of the there's something called

1193

00:51:44,069 --> 00:51:42,480

harmreduction.org and i'm also going to

1194

00:51:46,549 --> 00:51:44,079

be um

1195

00:51:47,990 --> 00:51:46,559

i'm also going to be uh

1196

00:51:49,990 --> 00:51:48,000

we're going to be putting in a resource

1197

00:51:52,549 --> 00:51:50,000

guide where people can look up some of

1198

00:51:53,910 --> 00:51:52,559

the latest research and findings on

1199

00:51:55,109 --> 00:51:53,920

these issues

1200

00:51:56,150 --> 00:51:55,119

um

1201
00:51:57,190 --> 00:51:56,160
and

1202
00:52:01,109 --> 00:51:57,200
so

1203
00:52:04,150 --> 00:52:01,119
here is that this

1204
00:52:09,030 --> 00:52:04,160
this is being so mismanaged

1205
00:52:10,470 --> 00:52:09,040
uh and i i am kind of shocked if we now

1206
00:52:12,309 --> 00:52:10,480
it really is hard to believe i was

1207
00:52:14,470 --> 00:52:12,319
reading in her

1208
00:52:18,069 --> 00:52:14,480
book in the opening section when we look

1209
00:52:21,030 --> 00:52:18,079
at all overdoses of all kinds and most

1210
00:52:23,510 --> 00:52:21,040
people who took

1211
00:52:25,510 --> 00:52:23,520
opioids are often taking other drugs

1212
00:52:27,670 --> 00:52:25,520
legally or illegally as well and so they

1213
00:52:29,750 --> 00:52:27,680

mix together but if you count all

1214

00:52:30,870 --> 00:52:29,760

opioids for all overdose from all

1215

00:52:34,630 --> 00:52:30,880

sources

1216

00:52:35,549 --> 00:52:34,640

nearly a million people have died

1217

00:52:39,030 --> 00:52:35,559

since

1218

00:52:40,390 --> 00:52:39,040

1999. it's cra it's so

1219

00:52:41,349 --> 00:52:40,400

crazy

1220

00:52:46,150 --> 00:52:41,359

and

1221

00:52:48,390 --> 00:52:46,160

old-fashioned policies to deal with the

1222

00:52:50,790 --> 00:52:48,400

modern health challenge

1223

00:52:51,670 --> 00:52:50,800

and and that's that's what we that's

1224

00:52:54,950 --> 00:52:51,680

what we

1225

00:52:58,069 --> 00:52:54,960

we need to take care of right now

1226

00:52:59,790 --> 00:52:58,079

uh in in in a fresh way

1227

00:53:01,670 --> 00:52:59,800

and i'm just sharing the website

1228

00:53:04,710 --> 00:53:01,680

harmreduction.org which is a good

1229

00:53:06,790 --> 00:53:04,720

resource uh you know from what i've seen

1230

00:53:09,510 --> 00:53:06,800

and and it seems like you know that they

1231

00:53:12,069 --> 00:53:09,520

really want to affect drug policy

1232

00:53:14,390 --> 00:53:12,079

to be pushed more to harm reduction and

1233

00:53:15,710 --> 00:53:14,400

i've always thought that you know i

1234

00:53:17,990 --> 00:53:15,720

don't know what i feel about drug

1235

00:53:20,150 --> 00:53:18,000

decriminalization but it's it's clear to

1236

00:53:21,430 --> 00:53:20,160

me that it's not a criminal issue it's a

1237

00:53:23,030 --> 00:53:21,440

health issue

1238

00:53:25,990 --> 00:53:23,040

and it should be treated more like a

1239

00:53:28,549 --> 00:53:26,000

health issue than a than a crime issue

1240

00:53:31,589 --> 00:53:28,559

well about a million people are arrested

1241

00:53:34,390 --> 00:53:31,599

a year so we have 2.3 million people

1242

00:53:37,349 --> 00:53:34,400

now the figures uh vary we have 2.3

1243

00:53:40,230 --> 00:53:37,359

million incarcerated right now in jails

1244

00:53:42,950 --> 00:53:40,240

and prisons a million people a year are

1245

00:53:46,270 --> 00:53:42,960

arrested locally for drug offenses now

1246

00:53:48,790 --> 00:53:46,280

the actual percentage of people in

1247

00:53:52,150 --> 00:53:48,800

incarceration now

1248

00:53:53,030 --> 00:53:52,160

that are charged directly with drugs is

1249

00:53:55,829 --> 00:53:53,040

20

1250

00:53:58,470 --> 00:53:55,839

but it's much higher a figure if you

1251

00:54:00,470 --> 00:53:58,480

count where where someone is committing

1252

00:54:02,870 --> 00:54:00,480

a crime or there's a shooting or there's

1253

00:54:04,230 --> 00:54:02,880

a turf rivalry or they're stealing and

1254

00:54:06,470 --> 00:54:04,240

they're not charged with the drug

1255

00:54:08,950 --> 00:54:06,480

offense so it's very significant and one

1256

00:54:12,150 --> 00:54:08,960

of the biggest places that is a cause of

1257

00:54:14,710 --> 00:54:12,160

death is people get incarcerated and

1258

00:54:16,549 --> 00:54:14,720

they're not given access to

1259

00:54:18,870 --> 00:54:16,559

they're giving they're made they're made

1260

00:54:21,109 --> 00:54:18,880

to go cold turkey off their drugs if

1261

00:54:23,990 --> 00:54:21,119

they're on it they're not given the

1262

00:54:25,829 --> 00:54:24,000

option of getting medicated assisted

1263

00:54:28,790 --> 00:54:25,839

medication-assisted treatment like uh

1264

00:54:31,910 --> 00:54:28,800

suboxone or other things either in jail

1265

00:54:34,870 --> 00:54:31,920

in most jails and certainly not when

1266

00:54:37,030 --> 00:54:34,880

they are discharged and and it's

1267

00:54:38,390 --> 00:54:37,040

considered i don't know how many times

1268

00:54:41,270 --> 00:54:38,400

higher but it's

1269

00:54:43,750 --> 00:54:41,280

hundreds of percent higher likelihood of

1270

00:54:46,549 --> 00:54:43,760

overdose and death

1271

00:54:48,150 --> 00:54:46,559

in the weeks following discharge from

1272

00:54:50,630 --> 00:54:48,160

jail okay

1273

00:54:52,950 --> 00:54:50,640

because there they've been cleaned out

1274

00:54:55,510 --> 00:54:52,960

sort of forced in and now they're quote

1275

00:54:58,150 --> 00:54:55,520

opioid naive they're lonely they're

1276

00:55:00,870 --> 00:54:58,160

depressed they can't find work they take

1277

00:55:02,630 --> 00:55:00,880

a drug and it's been out of their system

1278

00:55:05,750 --> 00:55:02,640

but they don't have any safer

1279

00:55:06,630 --> 00:55:05,760

alternatives and then they overdose so

1280

00:55:09,829 --> 00:55:06,640

yeah

1281

00:55:11,990 --> 00:55:09,839

it it it really like basically

1282

00:55:15,349 --> 00:55:12,000

this entire system

1283

00:55:16,789 --> 00:55:15,359

uh there's a there's a line from a a a

1284

00:55:19,030 --> 00:55:16,799

study uh

1285

00:55:21,750 --> 00:55:19,040

some decades ago about our educational

1286

00:55:24,309 --> 00:55:21,760

system and in it they said if our and

1287

00:55:26,230 --> 00:55:24,319

this applies to our entire drug system

1288

00:55:27,190 --> 00:55:26,240

and drug policy system

1289

00:55:29,190 --> 00:55:27,200

if

1290

00:55:31,910 --> 00:55:29,200

this drug and i'm paraphrasing this

1291

00:55:36,150 --> 00:55:31,920

reported education if our drug

1292

00:55:39,270 --> 00:55:36,160

system and drug policy was imposed on us

1293

00:55:41,910 --> 00:55:39,280

by a foreign country it would be viewed

1294

00:55:43,670 --> 00:55:41,920

as an act of war

1295

00:55:47,030 --> 00:55:43,680

and that's what this is it's like

1296

00:55:49,430 --> 00:55:47,040

literally there isn't one element of

1297

00:55:53,109 --> 00:55:49,440

commonly used procedures

1298

00:55:55,910 --> 00:55:53,119

or policy or enforcement or treatment

1299

00:55:58,549 --> 00:55:55,920

for addiction or handling of chronic

1300

00:56:00,870 --> 00:55:58,559

pain that is handled correctly so

1301
00:56:03,270 --> 00:56:00,880
naturally you're going to have increases

1302
00:56:05,430 --> 00:56:03,280
in suicide you're going to have

1303
00:56:06,710 --> 00:56:05,440
increases in overdoses

1304
00:56:08,390 --> 00:56:06,720
you'd think

1305
00:56:12,789 --> 00:56:08,400
if 90

1306
00:56:16,390 --> 00:56:12,799
94 000 people died of overdoses of all

1307
00:56:18,230 --> 00:56:16,400
kind in one year alone last year

1308
00:56:20,950 --> 00:56:18,240
obviously it was worsened by the

1309
00:56:22,630 --> 00:56:20,960
pandemic in many respects because of the

1310
00:56:25,190 --> 00:56:22,640
stress of being out of work the

1311
00:56:28,150 --> 00:56:25,200
loneliness and so on but you'd think

1312
00:56:31,030 --> 00:56:28,160
hello five alarm fire here

1313
00:56:32,870 --> 00:56:31,040

you know yeah yeah so i wanted to ask

1314

00:56:34,630 --> 00:56:32,880

you because i'm a little bit mis

1315

00:56:37,109 --> 00:56:34,640

i'm not very well informed about this

1316

00:56:39,349 --> 00:56:37,119

because i've had friends that were uh

1317

00:56:40,710 --> 00:56:39,359

opioid addicts so in one form or another

1318

00:56:42,470 --> 00:56:40,720

some of my

1319

00:56:43,670 --> 00:56:42,480

some people that i grew up with and knew

1320

00:56:45,030 --> 00:56:43,680

because you know because the

1321

00:56:46,950 --> 00:56:45,040

neighborhood that we grew up with it was

1322

00:56:49,190 --> 00:56:46,960

everywhere and there's lots of people

1323

00:56:51,670 --> 00:56:49,200

addicted to either

1324

00:56:54,950 --> 00:56:51,680

you know prescription pain kill pills

1325

00:56:58,150 --> 00:56:54,960

like like oxycontin or to actual going

1326
00:56:59,990 --> 00:56:58,160
to heroin and shooting heroin so several

1327
00:57:02,789 --> 00:57:00,000
people i know have gotten off of heroin

1328
00:57:04,549 --> 00:57:02,799
with suboxone but others have gone to a

1329
00:57:06,470 --> 00:57:04,559
methadone clinic and that kind of

1330
00:57:08,789 --> 00:57:06,480
treatment program can you talk about the

1331
00:57:11,349 --> 00:57:08,799
effectiveness of the methadone

1332
00:57:13,510 --> 00:57:11,359
method and what is methadone and how

1333
00:57:15,750 --> 00:57:13,520
does it work and what you know i don't

1334
00:57:18,630 --> 00:57:15,760
know the methadone has been around much

1335
00:57:21,670 --> 00:57:18,640
longer it the issue with methadone is

1336
00:57:25,910 --> 00:57:21,680
this it's really effective if it is

1337
00:57:27,589 --> 00:57:25,920
titrated up correctly and personalized

1338
00:57:29,829 --> 00:57:27,599

in other words

1339

00:57:32,789 --> 00:57:29,839

the the the reason that suboxone is

1340

00:57:35,430 --> 00:57:32,799

taken off in terms of interest is it has

1341

00:57:38,789 --> 00:57:35,440

a safer it's a it's a better safety

1342

00:57:46,950 --> 00:57:38,799

profile and you can use it at home

1343

00:57:51,430 --> 00:57:49,430

and you're monitored in these sort of

1344

00:57:54,630 --> 00:57:51,440

horrific you know

1345

00:57:57,030 --> 00:57:54,640

cinder block locations you know go into

1346

00:57:59,349 --> 00:57:57,040

terrible neighborhoods and stand in line

1347

00:58:02,309 --> 00:57:59,359

and get it i mean but on the other hand

1348

00:58:04,230 --> 00:58:02,319

it it has a very good track record the

1349

00:58:07,829 --> 00:58:04,240

difficulty is

1350

00:58:10,069 --> 00:58:07,839

that uh and there is there have been if

1351

00:58:15,030 --> 00:58:10,079

people are

1352

00:58:17,750 --> 00:58:15,040

carefully for what their where their

1353

00:58:20,630 --> 00:58:17,760

opioid levels are at when they start

1354

00:58:24,630 --> 00:58:20,640

method on treatment there is risks that

1355

00:58:27,589 --> 00:58:24,640

they may uh face on the other hand it's

1356

00:58:29,589 --> 00:58:27,599

been very very beneficial

1357

00:58:32,470 --> 00:58:29,599

it's an older form of treatment but it

1358

00:58:35,589 --> 00:58:32,480

is extremely beneficial

1359

00:58:37,990 --> 00:58:35,599

um and what is it what is methadone sort

1360

00:58:40,390 --> 00:58:38,000

of a replacement for an opiate and then

1361

00:58:44,390 --> 00:58:40,400

they slowly wean you off they give you

1362

00:58:51,270 --> 00:58:47,990

it it it i'm not i'm it binds it it

1363

00:58:58,390 --> 00:58:54,870

it is an alternative to really dangerous

1364

00:59:00,870 --> 00:58:58,400

opioids that create uh

1365

00:59:02,789 --> 00:59:00,880

a need for upping and upping the dosage

1366

00:59:04,870 --> 00:59:02,799

so when they get the right dosage for

1367

00:59:07,829 --> 00:59:04,880

methadone you

1368

00:59:10,230 --> 00:59:07,839

you get the drug but you can have a

1369

00:59:14,549 --> 00:59:10,240

family life you can hold down a job and

1370

00:59:15,349 --> 00:59:14,559

so on uh so i'm just saying that it's

1371

00:59:16,470 --> 00:59:15,359

it's

1372

00:59:19,349 --> 00:59:16,480

worth

1373

00:59:20,390 --> 00:59:19,359

already

1374

00:59:22,870 --> 00:59:20,400

using

1375

00:59:25,430 --> 00:59:22,880

um addictive drugs now what actually is

1376

00:59:27,670 --> 00:59:25,440

also happening the shortage of the

1377

00:59:30,230 --> 00:59:27,680

ability to get suboxone has led to a

1378

00:59:31,750 --> 00:59:30,240

street trade and suboxone

1379

00:59:32,789 --> 00:59:31,760

your people in the live chat are

1380

00:59:34,710 --> 00:59:32,799

mentioned there's some people in the

1381

00:59:37,750 --> 00:59:34,720

live chat who mention that they buy

1382

00:59:41,430 --> 00:59:37,760

suboxone on the street now that's the

1383

00:59:45,190 --> 00:59:41,440

like it like this is this is how crazy

1384

00:59:47,430 --> 00:59:45,200

things are a lot of people now are or

1385

00:59:49,510 --> 00:59:47,440

buy are buying it and it's sold on the

1386

00:59:52,230 --> 00:59:49,520

street and you have to pray to god that

1387

00:59:54,549 --> 00:59:52,240

it is in fact really suboxone and one of

1388

00:59:57,829 --> 00:59:54,559

the things about street drugs is that

1389

01:00:00,069 --> 00:59:57,839

whenever you buy something on the street

1390

01:00:02,069 --> 01:00:00,079

it could be laced with fentanyl

1391

01:00:04,549 --> 01:00:02,079

illegally imported and

1392

01:00:06,710 --> 01:00:04,559

made to look like a counterfeit pill you

1393

01:00:08,630 --> 01:00:06,720

have no idea whether it's labeled

1394

01:00:12,150 --> 01:00:08,640

correctly what it is

1395

01:00:14,789 --> 01:00:12,160

and that even applies to suboxone and

1396

01:00:17,990 --> 01:00:14,799

it's it's a sign now i don't know

1397

01:00:21,109 --> 01:00:18,000

whether this is true or not basically

1398

01:00:23,910 --> 01:00:21,119

people who could be in medically uh

1399

01:00:27,109 --> 01:00:23,920

monitored suboxone treatment are

1400

01:00:28,470 --> 01:00:27,119

basically taking suboxone they buy on

1401

01:00:31,510 --> 01:00:28,480

the street

1402

01:00:35,190 --> 01:00:31,520

to allow them to

1403

01:00:37,510 --> 01:00:35,200

uh manage uh over you know a

1404

01:00:41,190 --> 01:00:37,520

cold turkey in between getting their

1405

01:00:45,270 --> 01:00:41,200

next opioid hit or shot either pills or

1406

01:00:47,270 --> 01:00:45,280

shot and so they take street suboxone to

1407

01:00:49,670 --> 01:00:47,280

allow them to weather

1408

01:00:51,670 --> 01:00:49,680

the chills and oh and withdrawal yeah

1409

01:00:53,349 --> 01:00:51,680

the withdrawal symptoms they're taking

1410

01:00:54,710 --> 01:00:53,359

it just to manage the withdrawal center

1411

01:00:57,990 --> 01:00:54,720

but the fact that they have to get it on

1412

01:00:59,109 --> 01:00:58,000

the street is crazy it's crazy it should

1413

01:01:01,349 --> 01:00:59,119

not be

1414

01:01:03,829 --> 01:01:01,359

like this yeah i mean if it was up to me

1415

01:01:05,750 --> 01:01:03,839

especially especially near where i grew

1416

01:01:07,270 --> 01:01:05,760

up which is kensington philadelphia i

1417

01:01:09,270 --> 01:01:07,280

mean there's all these tent cities with

1418

01:01:12,150 --> 01:01:09,280

all these people on heroin they should

1419

01:01:14,309 --> 01:01:12,160

be down there handing out suboxone

1420

01:01:16,549 --> 01:01:14,319

to all those people yeah they should

1421

01:01:18,950 --> 01:01:16,559

have access to that the other thing

1422

01:01:21,270 --> 01:01:18,960

about it is

1423

01:01:23,349 --> 01:01:21,280

i don't know the long the long term

1424

01:01:25,430 --> 01:01:23,359

safety profile is fantastic but if

1425

01:01:27,910 --> 01:01:25,440

you're in a medical setting

1426

01:01:30,150 --> 01:01:27,920

you have a reasonable chance

1427

01:01:32,309 --> 01:01:30,160

of getting

1428

01:01:35,349 --> 01:01:32,319

into other kinds of treatment to deal

1429

01:01:38,789 --> 01:01:35,359

with the underlying psychological issues

1430

01:01:41,109 --> 01:01:38,799

that helped bring about the addiction in

1431

01:01:43,829 --> 01:01:41,119

the first place but one of the points

1432

01:01:45,589 --> 01:01:43,839

that is i highlight and by the way one

1433

01:01:47,589 --> 01:01:45,599

of the people listening is the excellent

1434

01:01:50,150 --> 01:01:47,599

stefan cortez

1435

01:01:52,789 --> 01:01:50,160

check his thing his twitter feed at

1436

01:01:54,309 --> 01:01:52,799

stefan cortez he's basically the best

1437

01:01:57,109 --> 01:01:54,319

informed guy

1438

01:01:58,069 --> 01:01:57,119

out there about the range of issues him

1439

01:02:00,549 --> 01:01:58,079

and

1440

01:02:03,029 --> 01:02:00,559

at maya s z

1441

01:02:05,589 --> 01:02:03,039

if you just follow those two people

1442

01:02:06,470 --> 01:02:05,599

and then kate nicholson speaking about

1443

01:02:08,549 --> 01:02:06,480

pain

1444

01:02:10,630 --> 01:02:08,559

uh those three you follow those three

1445

01:02:15,430 --> 01:02:10,640

you'll be really informed on both harm

1446

01:02:18,470 --> 01:02:15,440

reduction and what is at stake in the um

1447

01:02:20,470 --> 01:02:18,480

in terms of the chronic pain community

1448

01:02:21,829 --> 01:02:20,480

and they're we thank we thank them for

1449

01:02:23,589 --> 01:02:21,839

the work that they do because this is

1450

01:02:25,349 --> 01:02:23,599

important work and people need to be

1451

01:02:27,829 --> 01:02:25,359

educated on these issues yeah and

1452

01:02:29,430 --> 01:02:27,839

they're basically and that's where i uh

1453

01:02:31,029 --> 01:02:29,440

in my resource guide that we'll be

1454

01:02:32,950 --> 01:02:31,039

posting later i refer to something

1455

01:02:34,870 --> 01:02:32,960

called changing the narrative

1456

01:02:39,990 --> 01:02:34,880

where it is

1457

01:02:43,990 --> 01:02:40,000

there's so much disinformation and

1458

01:02:46,390 --> 01:02:44,000

stigmatizing language and all of that

1459

01:02:49,029 --> 01:02:46,400

uh that that

1460

01:02:51,589 --> 01:02:49,039

we were just a lot of a lot of

1461

01:02:52,950 --> 01:02:51,599

misinformation and disinformation

1462

01:02:55,750 --> 01:02:52,960

and

1463

01:02:59,190 --> 01:02:55,760

so one of the things is almost anything

1464

01:03:01,710 --> 01:02:59,200

that you hear about from most doctors

1465

01:03:04,069 --> 01:03:01,720

and treatment facilities who are

1466

01:03:06,789 --> 01:03:04,079

overwhelmingly opposed to using

1467

01:03:09,510 --> 01:03:06,799

medicated assisted treatment for opioids

1468

01:03:12,309 --> 01:03:09,520

i mean basically the government like the

1469

01:03:15,349 --> 01:03:12,319

12-step programs can be very valuable as

1470

01:03:18,390 --> 01:03:15,359

an adjunct to other things but if you

1471

01:03:21,430 --> 01:03:18,400

you shouldn't be in a program where the

1472

01:03:24,630 --> 01:03:21,440

sole method of dealing with your

1473

01:03:26,950 --> 01:03:24,640

addiction is to sit in a 12-step program

1474

01:03:29,029 --> 01:03:26,960

that you could do for free at a nearby

1475

01:03:31,589 --> 01:03:29,039

church yeah and isn't it medically

1476

01:03:33,990 --> 01:03:31,599

dangerous for people to just go because

1477

01:03:35,510 --> 01:03:34,000

i had a fr i have one friend who quit

1478

01:03:38,150 --> 01:03:35,520

heroin he

1479

01:03:40,630 --> 01:03:38,160

he hit rock bottom he lost his family

1480

01:03:42,870 --> 01:03:40,640

his children and then one day he woke up

1481

01:03:45,109 --> 01:03:42,880

and he said i'm kicking heroin and he

1482

01:03:47,190 --> 01:03:45,119

kicked heroin cold turkey he was a

1483

01:03:49,430 --> 01:03:47,200

heroin user for five years

1484

01:03:51,990 --> 01:03:49,440

and he thought he was gonna die he ended

1485

01:03:53,589 --> 01:03:52,000

up walking himself to the hospital a

1486

01:03:55,589 --> 01:03:53,599

nearby hospital

1487

01:03:57,430 --> 01:03:55,599

and uh they didn't give him any form of

1488

01:03:59,990 --> 01:03:57,440

treatment they just sort of uh you know

1489

01:04:01,589 --> 01:04:00,000

gave him an iv and tried to get talked

1490

01:04:03,190 --> 01:04:01,599

to him about getting counseling for his

1491

01:04:05,109 --> 01:04:03,200

drug addiction but they didn't give him

1492

01:04:07,349 --> 01:04:05,119

any medical assistance and it seems to

1493

01:04:09,029 --> 01:04:07,359

me to be very cruel because when

1494

01:04:10,950 --> 01:04:09,039

somebody is kicking heroin you know

1495

01:04:12,630 --> 01:04:10,960

they're throwing up their bones hurt

1496

01:04:15,190 --> 01:04:12,640

right they're having all these body

1497

01:04:16,950 --> 01:04:15,200

aches they're in terrible terrible pain

1498

01:04:19,589 --> 01:04:16,960

there's got to be

1499

01:04:22,630 --> 01:04:19,599

some medical interventions

1500

01:04:26,390 --> 01:04:22,640

but it's not used and there is

1501

01:04:28,950 --> 01:04:26,400

my feeling i i have a i have a two

1502

01:04:31,589 --> 01:04:28,960

i have my my big simple solution for all

1503

01:04:32,390 --> 01:04:31,599

our nation's drug policies

1504

01:04:35,510 --> 01:04:32,400

is

1505

01:04:38,710 --> 01:04:35,520

have as co-directing drug czars of the

1506

01:04:41,349 --> 01:04:38,720

country myus is olivet the author and

1507

01:04:43,910 --> 01:04:41,359

researcher stefan cortez and have them

1508

01:04:45,750 --> 01:04:43,920

set national drug policy and then

1509

01:04:47,109 --> 01:04:45,760

everybody follow what they say but

1510

01:04:49,430 --> 01:04:47,119

that's not going to happen

1511

01:04:51,990 --> 01:04:49,440

but in a world of f

1512

01:04:53,349 --> 01:04:52,000

in a world of um

1513

01:04:55,750 --> 01:04:53,359

of uh

1514

01:04:59,990 --> 01:04:55,760

philosophical philosopher kings that

1515

01:05:02,789 --> 01:05:00,000

would happen now lord ludacris played uh

1516

01:05:05,349 --> 01:05:02,799

uh is uh plaid has mentioned that he's

1517

01:05:07,029 --> 01:05:05,359

someone who's in favor of long-term

1518

01:05:09,910 --> 01:05:07,039

suboxone use so

1519

01:05:12,950 --> 01:05:09,920

maybe he can comment or he can ask a

1520

01:05:16,069 --> 01:05:12,960

question or so on he seems to be someone

1521

01:05:18,549 --> 01:05:16,079

yeah virtual experience so um you know

1522

01:05:20,309 --> 01:05:18,559

it's it's interesting that you know and

1523

01:05:22,789 --> 01:05:20,319

and of course i'm not saying this in a

1524

01:05:25,349 --> 01:05:22,799

derogatory way but i had no idea how

1525

01:05:28,069 --> 01:05:25,359

many of my viewers and listeners have

1526

01:05:30,470 --> 01:05:28,079

been affected by opiates a lot of these

1527

01:05:32,630 --> 01:05:30,480

people are long-term listeners and right

1528

01:05:34,470 --> 01:05:32,640

i'm hearing their stories about

1529

01:05:35,750 --> 01:05:34,480

their one-time addiction and how they

1530

01:05:38,309 --> 01:05:35,760

treat their addiction through either

1531

01:05:40,630 --> 01:05:38,319

suboxone or or uh you know other

1532

01:05:42,309 --> 01:05:40,640

treatments and you know

1533

01:05:43,910 --> 01:05:42,319

that's how many people are affected that

1534

01:05:45,510 --> 01:05:43,920

we've got all these people in my

1535

01:05:47,430 --> 01:05:45,520

audience i didn't even know that had

1536

01:05:49,349 --> 01:05:47,440

issues in the past you know because it's

1537

01:05:50,789 --> 01:05:49,359

not it's not a common thing that people

1538

01:05:52,390 --> 01:05:50,799

bring up but since we're talking about

1539

01:05:55,990 --> 01:05:52,400

on the show tonight people are sharing

1540

01:05:56,870 --> 01:05:56,000

their personal stories which is great

1541

01:05:59,589 --> 01:05:56,880

yeah

1542

01:06:00,870 --> 01:05:59,599

and and and and it is still

1543

01:06:02,390 --> 01:06:00,880

shocking

1544

01:06:06,309 --> 01:06:02,400

to me that

1545

01:06:09,029 --> 01:06:06,319

these uh reasonable uh policies are not

1546

01:06:10,950 --> 01:06:09,039

widely used and i

1547

01:06:13,109 --> 01:06:10,960

so i'm not sure

1548

01:06:15,029 --> 01:06:13,119

that's one of the things that's really

1549

01:06:16,390 --> 01:06:15,039

tragic about the health care system

1550

01:06:20,069 --> 01:06:16,400

years ago

1551

01:06:23,109 --> 01:06:20,079

there was a very a general look at

1552

01:06:24,789 --> 01:06:23,119

how does evidence-based approaches to

1553

01:06:26,470 --> 01:06:24,799

any medical thing about the best

1554

01:06:27,589 --> 01:06:26,480

approach to deal with

1555

01:06:29,990 --> 01:06:27,599

um

1556

01:06:32,789 --> 01:06:30,000

surgery or best approach to deal with

1557

01:06:34,150 --> 01:06:32,799

heart attacks unfortunately according to

1558

01:06:35,270 --> 01:06:34,160

gao

1559

01:06:40,470 --> 01:06:35,280

and

1560

01:06:44,549 --> 01:06:40,480

academy sciences there's usually a 30

1561

01:06:46,470 --> 01:06:44,559

year gap between what is in

1562

01:06:49,750 --> 01:06:46,480

the medical literature

1563

01:06:51,270 --> 01:06:49,760

about what work for any medical or

1564

01:06:53,990 --> 01:06:51,280

addiction issue

1565

01:06:58,230 --> 01:06:54,000

and when it's widely intimate well we

1566

01:07:00,630 --> 01:06:58,240

can't have a 30-year gap

1567

01:07:03,670 --> 01:07:00,640

doing the before we do the right thing

1568

01:07:06,390 --> 01:07:03,680

if ninety thousand four thousand people

1569

01:07:09,829 --> 01:07:06,400

or a year are dying of

1570

01:07:11,270 --> 01:07:09,839

drug overdoses okay yeah yeah absolutely

1571

01:07:13,190 --> 01:07:11,280

we have that

1572

01:07:14,950 --> 01:07:13,200

you can't have that i can't just let

1573

01:07:16,549 --> 01:07:14,960

everybody suffer for 30 years while the

1574

01:07:18,789 --> 01:07:16,559

medical industry and the doctors catch

1575

01:07:21,029 --> 01:07:18,799

up and isn't a part of the problem too

1576

01:07:22,549 --> 01:07:21,039

and you know not to take it listen

1577

01:07:29,670 --> 01:07:22,559

doctors are i've known some great

1578

01:07:32,549 --> 01:07:31,349

so uh

1579

01:07:35,510 --> 01:07:32,559

you know

1580

01:07:37,270 --> 01:07:35,520

go forward and learn what the best

1581

01:07:39,029 --> 01:07:37,280

current treatments are they just

1582

01:07:39,910 --> 01:07:39,039

remember what they knew from medical

1583

01:07:41,670 --> 01:07:39,920

school

1584

01:07:44,470 --> 01:07:41,680

which could yeah so one of the key

1585

01:07:47,750 --> 01:07:44,480

points that dr cortez makes

1586

01:07:49,109 --> 01:07:47,760

is the lack of training it's just crazy

1587

01:07:50,910 --> 01:07:49,119

we've been in

1588

01:07:53,670 --> 01:07:50,920

for since

1589

01:07:56,390 --> 01:07:53,680

1999 we've had a massive

1590

01:07:58,069 --> 01:07:56,400

opioid crisis and we've i had a

1591

01:07:59,109 --> 01:07:58,079

concomitant

1592

01:08:01,270 --> 01:07:59,119

um

1593

01:08:04,710 --> 01:08:01,280

collateral damage of chronic pain

1594

01:08:07,750 --> 01:08:04,720

patients suffering from extreme sharp

1595

01:08:10,470 --> 01:08:07,760

withdrawals that are preventable

1596

01:08:13,589 --> 01:08:10,480

there's so little training on either

1597

01:08:16,229 --> 01:08:13,599

addiction treatment or dealing with

1598

01:08:18,789 --> 01:08:16,239

law chronic pain or pain management in a

1599

01:08:21,910 --> 01:08:18,799

responsible way in medical schools so

1600

01:08:24,630 --> 01:08:21,920

though they come out totally ignorant

1601
01:08:25,990 --> 01:08:24,640
and then they just pick up folklore

1602
01:08:29,590 --> 01:08:26,000
in other words

1603
01:08:33,269 --> 01:08:29,600
now the different so right now

1604
01:08:36,829 --> 01:08:33,279
actual prescribed actual doctors learn

1605
01:08:40,149 --> 01:08:36,839
what they learn from two sources

1606
01:08:45,030 --> 01:08:40,159
folklore with often erroneous word of

1607
01:08:48,709 --> 01:08:45,040
mouth and whatever the drug industry

1608
01:08:51,189 --> 01:08:48,719
sales rep is doing them okay

1609
01:08:53,669 --> 01:08:51,199
and uh i'm friendly with some of the

1610
01:08:56,149 --> 01:08:53,679
people listening are are part of the

1611
01:08:58,630 --> 01:08:56,159
very uh sophisticated chronic pain

1612
01:09:00,789 --> 01:08:58,640
advocacy community like galena uh

1613
01:09:02,390 --> 01:09:00,799

peacock yeah thank you for your thank

1614

01:09:05,269 --> 01:09:02,400

you for your work it's much needed and

1615

01:09:08,149 --> 01:09:05,279

appreciated really knows a lot i've

1616

01:09:09,990 --> 01:09:08,159

quoted her in articles and and yes and

1617

01:09:13,349 --> 01:09:10,000

there she just mentioned the issue of

1618

01:09:16,470 --> 01:09:13,359

stigma so basically it is still

1619

01:09:18,630 --> 01:09:16,480

it's less so because so many celebrities

1620

01:09:20,709 --> 01:09:18,640

have ended up um

1621

01:09:23,269 --> 01:09:20,719

have ended up dying

1622

01:09:25,669 --> 01:09:23,279

uh that from overdoses that we're more

1623

01:09:26,789 --> 01:09:25,679

aware of it but there's still this

1624

01:09:28,789 --> 01:09:26,799

stigma

1625

01:09:31,910 --> 01:09:28,799

and uh this is a

1626

01:09:34,630 --> 01:09:31,920

i i this is a kind of bizarre idea but i

1627

01:09:37,110 --> 01:09:34,640

kind of wish i'm a huge music lover i

1628

01:09:40,630 --> 01:09:37,120

kind of wish we could go back in time

1629

01:09:41,910 --> 01:09:40,640

and save jimi hendrix janice joplin

1630

01:09:45,030 --> 01:09:41,920

brian

1631

01:09:46,229 --> 01:09:45,040

jones has so many effects yeah all these

1632

01:09:47,110 --> 01:09:46,239

amazing

1633

01:09:49,430 --> 01:09:47,120

great

1634

01:09:50,789 --> 01:09:49,440

jim morrison as well jim morrison all of

1635

01:09:52,950 --> 01:09:50,799

these people

1636

01:09:55,030 --> 01:09:52,960

from if they had access to really

1637

01:09:57,030 --> 01:09:55,040

effective care and treatment that is one

1638

01:10:01,030 --> 01:09:57,040

of and so one of the things that i've

1639

01:10:02,870 --> 01:10:01,040

posted is a really smart i uh one i

1640

01:10:05,030 --> 01:10:02,880

posted some information there's a book

1641

01:10:06,470 --> 01:10:05,040

by ann fletcher that i think anyone with

1642

01:10:09,510 --> 01:10:06,480

addiction or family member with

1643

01:10:10,630 --> 01:10:09,520

addiction should read it's called inside

1644

01:10:12,709 --> 01:10:10,640

rehab

1645

01:10:15,110 --> 01:10:12,719

and it's by ann fletcher but i've also

1646

01:10:17,350 --> 01:10:15,120

posted articles by maya

1647

01:10:18,229 --> 01:10:17,360

and i am also

1648

01:10:21,430 --> 01:10:18,239

um

1649

01:10:22,550 --> 01:10:21,440

i am also uh posting stuff from the harm

1650

01:10:26,149 --> 01:10:22,560

reduction

1651

01:10:30,310 --> 01:10:26,159

uh coalition and the uh kate nicholson's

1652

01:10:31,990 --> 01:10:30,320

national pain advocacy center and all of

1653

01:10:33,590 --> 01:10:32,000

we've got these resources in the about

1654

01:10:34,870 --> 01:10:33,600

section i wasn't able to fit them all so

1655

01:10:37,510 --> 01:10:34,880

we're going to be editing it after the

1656

01:10:39,590 --> 01:10:37,520

show again and get them all in like i

1657

01:10:42,229 --> 01:10:39,600

said mr levine gave me this treasure

1658

01:10:44,550 --> 01:10:42,239

trove of resources for people that's so

1659

01:10:46,470 --> 01:10:44,560

so data rich and there's so much that i

1660

01:10:48,709 --> 01:10:46,480

i have trouble fitting it all in before

1661

01:10:50,149 --> 01:10:48,719

broadcast time but we will be editing it

1662

01:10:52,870 --> 01:10:50,159

so that all those resources will be

1663

01:10:55,270 --> 01:10:52,880

available for anybody's bad things

1664

01:10:59,110 --> 01:10:55,280

when i was reading maya's book

1665

01:11:01,910 --> 01:10:59,120

uh she does interviews with family

1666

01:11:04,310 --> 01:11:01,920

mothers of people who died of drug

1667

01:11:07,110 --> 01:11:04,320

overdoses and neither they

1668

01:11:09,990 --> 01:11:07,120

nor their children knew anything about

1669

01:11:13,110 --> 01:11:10,000

naloxone which could

1670

01:11:14,470 --> 01:11:13,120

revive people from overdoses

1671

01:11:17,669 --> 01:11:14,480

nothing

1672

01:11:18,630 --> 01:11:17,679

thing

1673

01:11:20,790 --> 01:11:18,640

and

1674

01:11:24,229 --> 01:11:20,800

it it's just

1675

01:11:26,790 --> 01:11:24,239

i i li i am kind of at a loss

1676

01:11:29,669 --> 01:11:26,800

because because i follow a lot of

1677

01:11:32,030 --> 01:11:29,679

bad developments in public policy

1678

01:11:34,630 --> 01:11:32,040

uh you know in terms of

1679

01:11:36,630 --> 01:11:34,640

authoritarianism and bad

1680

01:11:40,630 --> 01:11:36,640

developments and voting

1681

01:11:43,750 --> 01:11:40,640

i don't have a simple explanation for

1682

01:11:46,229 --> 01:11:43,760

why every single element of anything to

1683

01:11:48,790 --> 01:11:46,239

do with drugs in our country is always

1684

01:11:51,110 --> 01:11:48,800

the wrong thing but that's sort of where

1685

01:11:52,790 --> 01:11:51,120

we're at

1686

01:11:54,790 --> 01:11:52,800

we have an excellent question here that

1687

01:11:55,669 --> 01:11:54,800

it's actually on my list

1688

01:11:57,510 --> 01:11:55,679

uh

1689

01:11:59,590 --> 01:11:57,520

mr levine what are your suggestions

1690

01:12:01,590 --> 01:11:59,600

these days for a path for chronic pain

1691

01:12:05,110 --> 01:12:01,600

it appears there are a few roots

1692

01:12:07,910 --> 01:12:05,120

well i i think part of it is

1693

01:12:10,709 --> 01:12:07,920

is trying to educate your own doctor and

1694

01:12:13,510 --> 01:12:10,719

that's where the re for basically

1695

01:12:15,910 --> 01:12:13,520

if you start having chronic pain in

1696

01:12:17,189 --> 01:12:15,920

other words before you become using

1697

01:12:18,229 --> 01:12:17,199

opioids

1698

01:12:23,669 --> 01:12:18,239

there

1699

01:12:25,110 --> 01:12:23,679

that might be helpful for back pain i

1700

01:12:27,270 --> 01:12:25,120

happen to know because i suffered from

1701

01:12:30,070 --> 01:12:27,280

myself there's something called doctors

1702

01:12:32,149 --> 01:12:30,080

of physical medicine can help a lot

1703

01:12:35,910 --> 01:12:32,159

for those who are already

1704

01:12:37,990 --> 01:12:35,920

using opioids and wanting to maintain

1705

01:12:40,149 --> 01:12:38,000

dosages

1706

01:12:42,149 --> 01:12:40,159

it's difficult but some of the

1707

01:12:45,030 --> 01:12:42,159

information at the national pain

1708

01:12:48,310 --> 01:12:45,040

advocacy center and in the research of

1709

01:12:52,070 --> 01:12:48,320

stefan cortez can give you maybe some

1710

01:12:54,390 --> 01:12:52,080

ammunition to deal with your doctors

1711

01:12:57,270 --> 01:12:54,400

because what's happening overwhelmingly

1712

01:12:59,110 --> 01:12:57,280

doctors are under so much pressure

1713

01:13:04,709 --> 01:12:59,120

not to

1714

01:13:06,950 --> 01:13:04,719

forcing people out so one of the things

1715

01:13:09,350 --> 01:13:06,960

that's happened like in tennessee and

1716

01:13:11,189 --> 01:13:09,360

there's another advocate who and

1717

01:13:12,149 --> 01:13:11,199

researcher named terry lewis who i

1718

01:13:15,030 --> 01:13:12,159

follow

1719

01:13:16,390 --> 01:13:15,040

regularly so in tennessee basically they

1720

01:13:19,270 --> 01:13:16,400

shut down

1721

01:13:20,229 --> 01:13:19,280

different pain clinics uh

1722

01:13:22,870 --> 01:13:20,239

maybe because there was some

1723

01:13:24,630 --> 01:13:22,880

over-prescribing but more likely they

1724

01:13:26,709 --> 01:13:24,640

just shut it down because they had too

1725

01:13:29,669 --> 01:13:26,719

many people taking opioids even if they

1726

01:13:31,669 --> 01:13:29,679

weren't drug abusers and like tens of

1727

01:13:33,110 --> 01:13:31,679

thousands of pain patients were let out

1728

01:13:34,149 --> 01:13:33,120

on the street

1729

01:13:39,910 --> 01:13:34,159

with no

1730

01:13:41,910 --> 01:13:39,920

just mentioned crayton now yeah i wanted

1731

01:13:44,229 --> 01:13:41,920

to get into i wanted to get into that i

1732

01:13:46,950 --> 01:13:44,239

think that i i don't think it should be

1733

01:13:48,470 --> 01:13:46,960

banned but i think the evidence is

1734

01:13:52,390 --> 01:13:48,480

uneven

1735

01:13:54,709 --> 01:13:52,400

you know if if that is your only option

1736

01:13:57,830 --> 01:13:54,719

it is probably worth trying but you know

1737

01:14:00,310 --> 01:13:57,840

the evidence for it isn't really great

1738

01:14:03,270 --> 01:14:00,320

and there are some risks particularly if

1739

01:14:06,149 --> 01:14:03,280

you're basically buying it illegally so

1740

01:14:08,229 --> 01:14:06,159

it's it's there's it's it's legal it's

1741

01:14:11,350 --> 01:14:08,239

it's illegal in six states in the united

1742

01:14:13,830 --> 01:14:11,360

states i i believe it's illegal

1743

01:14:15,189 --> 01:14:13,840

or illegal it's illegal in only six

1744

01:14:17,510 --> 01:14:15,199

states okay

1745

01:14:21,510 --> 01:14:17,520

like for example in my state you can get

1746

01:14:24,149 --> 01:14:21,520

it at any like tobacco or smoke shop

1747

01:14:26,470 --> 01:14:24,159

i'm not gonna see part of what drives me

1748

01:14:28,310 --> 01:14:26,480

as a journalist and i guess i'm an

1749

01:14:30,790 --> 01:14:28,320

advocacy journalist as well although i

1750

01:14:34,390 --> 01:14:30,800

follow the forms and norms of mainstream

1751

01:14:37,510 --> 01:14:34,400

journalism is what does the evidence say

1752

01:14:38,229 --> 01:14:37,520

and and that has always shaped my views

1753

01:14:40,149 --> 01:14:38,239

so

1754

01:14:43,669 --> 01:14:40,159

all i'm saying is i don't know the

1755

01:14:45,510 --> 01:14:43,679

evidence pro and con i have a i have a

1756

01:14:47,110 --> 01:14:45,520

good word of advice

1757

01:14:49,910 --> 01:14:47,120

which is uh

1758

01:14:52,149 --> 01:14:49,920

whatever you read on facebook in some

1759

01:14:54,630 --> 01:14:52,159

private facebook group on anything

1760

01:14:56,550 --> 01:14:54,640

whether it's vaccines you gotta check it

1761

01:14:58,709 --> 01:14:56,560

yeah or cray tom

1762

01:15:01,030 --> 01:14:58,719

maybe uh think twice

1763

01:15:02,149 --> 01:15:01,040

because there's so much bad information

1764

01:15:03,990 --> 01:15:02,159

out there

1765

01:15:07,669 --> 01:15:04,000

and here's the thing about fentanyl

1766

01:15:11,750 --> 01:15:07,679

someone seeking benzona fentanyl is

1767

01:15:14,870 --> 01:15:11,760

appropriate for severe pain as a patch

1768

01:15:17,510 --> 01:15:14,880

or other legally appropriate uses for

1769

01:15:19,870 --> 01:15:17,520

severe pain but that is not what is

1770

01:15:23,030 --> 01:15:19,880

happening in the street drugs we have

1771

01:15:24,470 --> 01:15:23,040

manufactured illegal fentanyl

1772

01:15:26,149 --> 01:15:24,480

swamping

1773

01:15:28,950 --> 01:15:26,159

coming in people ordering on the

1774

01:15:31,990 --> 01:15:28,960

internet swamping from china and other

1775

01:15:33,750 --> 01:15:32,000

overseas sources and a whole bunch of

1776

01:15:36,630 --> 01:15:33,760

fake pills

1777

01:15:39,510 --> 01:15:36,640

end up on the street and

1778

01:15:43,430 --> 01:15:39,520

and so that is that is part of the

1779

01:15:45,430 --> 01:15:43,440

situation that that we're in so fentanyl

1780

01:15:49,030 --> 01:15:45,440

there's so much misinformation about it

1781

01:15:52,229 --> 01:15:49,040

so one of the myths and that is where um

1782

01:15:54,390 --> 01:15:52,239

writers like uh zach siegel and uh

1783

01:15:56,870 --> 01:15:54,400

scholars like leo boletsky pointed out

1784

01:15:59,830 --> 01:15:56,880

one of the myths about fentanyl is

1785

01:16:03,350 --> 01:15:59,840

it's so dangerous that if in your a

1786

01:16:06,149 --> 01:16:03,360

warehouse and it's in a box you know 50

1787

01:16:07,430 --> 01:16:06,159

yards away you could die from being in

1788

01:16:09,910 --> 01:16:07,440

the area

1789

01:16:12,149 --> 01:16:09,920

and there's all these reports from law

1790

01:16:14,630 --> 01:16:12,159

enforcement officers about how their

1791

01:16:15,750 --> 01:16:14,640

police were endangered by being anywhere

1792

01:16:20,950 --> 01:16:15,760

near

1793

01:16:22,630 --> 01:16:20,960

not true that's the even the illegal

1794

01:16:25,590 --> 01:16:22,640

drug but nobody should take it but

1795

01:16:27,030 --> 01:16:25,600

here's what's so bad is people can get

1796

01:16:28,390 --> 01:16:27,040

arrested

1797

01:16:30,070 --> 01:16:28,400

right now

1798

01:16:32,390 --> 01:16:30,080

if you have

1799

01:16:34,709 --> 01:16:32,400

in possession some now i this is

1800

01:16:37,270 --> 01:16:34,719

something i just read i i may be

1801
01:16:40,790 --> 01:16:37,280
incorrect on it that if you have a way

1802
01:16:42,229 --> 01:16:40,800
of testing about whether your illegally

1803
01:16:44,070 --> 01:16:42,239
obtained

1804
01:16:47,350 --> 01:16:44,080
drug

1805
01:16:50,470 --> 01:16:47,360
has fentanyl you can be arrested because

1806
01:16:53,110 --> 01:16:50,480
the testing device for fentanyl or

1807
01:16:56,709 --> 01:16:53,120
methods of testing is considered drug

1808
01:16:59,110 --> 01:16:56,719
paraphernalia now in vancouver yeah now

1809
01:17:01,189 --> 01:16:59,120
this is where this thing about just to

1810
01:17:02,950 --> 01:17:01,199
be clear though art there is a there is

1811
01:17:05,110 --> 01:17:02,960
a test because i want to be very clear

1812
01:17:06,390 --> 01:17:05,120
on this point so because it's a this is

1813
01:17:08,790 --> 01:17:06,400

a big issue that i've thought a lot

1814

01:17:11,510 --> 01:17:08,800

about there is a testing kit

1815

01:17:13,830 --> 01:17:11,520

which you can get that you can use on

1816

01:17:16,470 --> 01:17:13,840

the drugs that you obtain which will

1817

01:17:19,430 --> 01:17:16,480

tell you if the drug that you're testing

1818

01:17:21,910 --> 01:17:19,440

has fentanyl in it or not

1819

01:17:23,750 --> 01:17:21,920

right right that's yes fentanyl is so

1820

01:17:25,270 --> 01:17:23,760

deadly to me

1821

01:17:27,510 --> 01:17:25,280

everybody should be allowed to have

1822

01:17:29,590 --> 01:17:27,520

those kids if you're going to use drugs

1823

01:17:32,310 --> 01:17:29,600

right you should know what you're taking

1824

01:17:35,189 --> 01:17:32,320

yeah this kit can help you know this has

1825

01:17:37,510 --> 01:17:35,199

fentanyl in it i shouldn't use this yes

1826

01:17:39,669 --> 01:17:37,520

my that's that's my understanding that

1827

01:17:42,630 --> 01:17:39,679

there are but the question is how

1828

01:17:45,590 --> 01:17:42,640

available it is how widely

1829

01:17:47,910 --> 01:17:45,600

used is is it and to what degree do

1830

01:17:50,070 --> 01:17:47,920

different law enforcement treat having

1831

01:17:51,830 --> 01:17:50,080

that as a form of

1832

01:17:54,390 --> 01:17:51,840

of um

1833

01:17:56,550 --> 01:17:54,400

you know drug paraphernalia in contrast

1834

01:18:03,110 --> 01:17:56,560

in vancouver

1835

01:18:05,110 --> 01:18:03,120

approved site where people could obtain

1836

01:18:06,470 --> 01:18:05,120

their drugs under some kind of medical

1837

01:18:09,750 --> 01:18:06,480

monitoring

1838

01:18:13,910 --> 01:18:09,760

they were allowed to test for fentanyl

1839

01:18:16,550 --> 01:18:13,920

guess what about 85 percent of the drugs

1840

01:18:17,910 --> 01:18:16,560

that they were then allowed to test had

1841

01:18:20,149 --> 01:18:17,920

fentanyl in it

1842

01:18:22,709 --> 01:18:20,159

so that means you could prevent 85

1843

01:18:23,910 --> 01:18:22,719

percent of deaths that seems like a good

1844

01:18:25,990 --> 01:18:23,920

thing

1845

01:18:27,510 --> 01:18:26,000

you know if i have or if i had my way

1846

01:18:30,229 --> 01:18:27,520

i'd be running around handing out

1847

01:18:31,990 --> 01:18:30,239

suboxone and these testing kits to the

1848

01:18:33,669 --> 01:18:32,000

area that i grew up near you know

1849

01:18:36,229 --> 01:18:33,679

because there's just so much well

1850

01:18:38,950 --> 01:18:36,239

there's always one

1851

01:18:42,310 --> 01:18:38,960

i i don't know basically

1852

01:18:43,030 --> 01:18:42,320

under a very liberal d.a you had a kind

1853

01:18:46,709 --> 01:18:43,040

of

1854

01:18:49,830 --> 01:18:46,719

a place for safe safe drug use a little

1855

01:18:50,790 --> 01:18:49,840

pockets allowed in philadelphia that was

1856

01:18:52,229 --> 01:18:50,800

then

1857

01:18:54,870 --> 01:18:52,239

challenged

1858

01:18:57,189 --> 01:18:54,880

by the by trump administration

1859

01:18:59,510 --> 01:18:57,199

department great guys

1860

01:19:01,990 --> 01:18:59,520

and then and then it was appealed and

1861

01:19:04,149 --> 01:19:02,000

it's still up in the air and a lot of

1862

01:19:06,870 --> 01:19:04,159

people are contending it would be about

1863

01:19:09,910 --> 01:19:06,880

time that the biden administration

1864

01:19:11,270 --> 01:19:09,920

shouldn't go along with what the earlier

1865

01:19:12,950 --> 01:19:11,280

uh

1866

01:19:14,870 --> 01:19:12,960

earlier um

1867

01:19:15,750 --> 01:19:14,880

trump administration did yeah right by

1868

01:19:18,229 --> 01:19:15,760

the way

1869

01:19:20,630 --> 01:19:18,239

sixth sense posted extremely valuable

1870

01:19:23,830 --> 01:19:20,640

article from the extremely reputable

1871

01:19:26,390 --> 01:19:23,840

fentanyl test strips empower people and

1872

01:19:29,590 --> 01:19:26,400

save lives so why aren't they more

1873

01:19:32,550 --> 01:19:29,600

widespread so it's basically it's my

1874

01:19:35,669 --> 01:19:32,560

view if you are currently a user

1875

01:19:38,390 --> 01:19:35,679

one through the harm reduction network

1876

01:19:40,229 --> 01:19:38,400

that we're posting you can find doctors

1877

01:19:42,630 --> 01:19:40,239

who are prescribing suboxone if you're

1878

01:19:45,270 --> 01:19:42,640

not using it you and your friend should

1879

01:19:47,669 --> 01:19:45,280

have naloxone in your pocket or their

1880

01:19:50,870 --> 01:19:47,679

pockets and you should have these

1881

01:19:54,070 --> 01:19:50,880

fentanyl testing kits so if you're using

1882

01:19:55,990 --> 01:19:54,080

and then at least keep yourself alive

1883

01:19:57,830 --> 01:19:56,000

until you can get into meaningful

1884

01:20:00,550 --> 01:19:57,840

treatment

1885

01:20:03,270 --> 01:20:00,560

yeah yeah i i just don't understand the

1886

01:20:05,750 --> 01:20:03,280

reluctance to allow people to you know

1887

01:20:08,229 --> 01:20:05,760

if they're going to use at least let's

1888

01:20:11,270 --> 01:20:08,239

help them to use say as safely as they

1889

01:20:12,790 --> 01:20:11,280

can not be taking this debt because and

1890

01:20:14,550 --> 01:20:12,800

can we talk about the differences

1891

01:20:17,030 --> 01:20:14,560

because there's a huge difference

1892

01:20:19,110 --> 01:20:17,040

between the fentanyl that a hospital

1893

01:20:21,110 --> 01:20:19,120

would prescribe somebody like a fentanyl

1894

01:20:22,629 --> 01:20:21,120

patch and this fentanyl that's coming

1895

01:20:24,470 --> 01:20:22,639

from the united states can we talk about

1896

01:20:26,870 --> 01:20:24,480

the differences between yeah there are

1897

01:20:28,870 --> 01:20:26,880

huge differences and i

1898

01:20:31,110 --> 01:20:28,880

i can't give you the chemical breakdown

1899

01:20:32,950 --> 01:20:31,120

but there is a legitimate use what

1900

01:20:34,709 --> 01:20:32,960

happens in the media coverage and law

1901

01:20:36,709 --> 01:20:34,719

enforcement coverage

1902

01:20:39,669 --> 01:20:36,719

they actually try to reduce

1903

01:20:41,990 --> 01:20:39,679

you know prescribing of fentanyl patches

1904

01:20:43,430 --> 01:20:42,000

for people with cancer pain

1905

01:20:45,030 --> 01:20:43,440

and that's one of the things that i've

1906

01:20:47,669 --> 01:20:45,040

learned is

1907

01:20:50,709 --> 01:20:47,679

following it so what i'm getting at is

1908

01:20:52,870 --> 01:20:50,719

there are appropriate uses i don't know

1909

01:20:55,110 --> 01:20:52,880

all the methods of administration of

1910

01:20:58,390 --> 01:20:55,120

prescribed fentanyl

1911

01:21:01,990 --> 01:20:58,400

uh often with patches or other sort of

1912

01:21:03,430 --> 01:21:02,000

methods of careful use for people in

1913

01:21:04,470 --> 01:21:03,440

severe pain

1914

01:21:07,189 --> 01:21:04,480

versus

1915

01:21:07,990 --> 01:21:07,199

the crap coming in from china

1916

01:21:11,590 --> 01:21:08,000

that

1917

01:21:15,110 --> 01:21:11,600

is allowed to kind of mingle in the

1918

01:21:17,669 --> 01:21:15,120

uh it's either secretly put inside

1919

01:21:20,790 --> 01:21:17,679

heroin and other things and for the drug

1920

01:21:23,270 --> 01:21:20,800

dealers oh this is a great boon because

1921

01:21:25,669 --> 01:21:23,280

they don't need as much heroin

1922

01:21:29,110 --> 01:21:25,679

piles of heroin because they're getting

1923

01:21:31,510 --> 01:21:29,120

so much kick from the fentanyl downside

1924

01:21:32,950 --> 01:21:31,520

some of their customers are gonna die

1925

01:21:35,510 --> 01:21:32,960

okay

1926

01:21:39,990 --> 01:21:35,520

but but then there's that lacing the

1927

01:21:41,430 --> 01:21:40,000

drug with fentanyl then secondly

1928

01:21:43,990 --> 01:21:41,440

secondly

1929

01:21:45,189 --> 01:21:44,000

they are then producing counterfeit

1930

01:21:48,070 --> 01:21:45,199

pills

1931

01:21:50,390 --> 01:21:48,080

that look like oh vitamin

1932

01:21:52,709 --> 01:21:50,400

you know percocet

1933

01:21:54,229 --> 01:21:52,719

percocet

1934

01:21:56,550 --> 01:21:54,239

and the people should know by now there

1935

01:21:59,590 --> 01:21:56,560

isn't that much legally circulating

1936

01:22:03,189 --> 01:21:59,600

oxycontin anymore in the wake of all the

1937

01:22:05,430 --> 01:22:03,199

prosecutions and reductions so but the

1938

01:22:06,790 --> 01:22:05,440

notion that you would buy the pills on

1939

01:22:09,270 --> 01:22:06,800

the street

1940

01:22:10,550 --> 01:22:09,280

and then it could have fentanyl is super

1941

01:22:13,830 --> 01:22:10,560

scary

1942

01:22:15,990 --> 01:22:13,840

and it it's really

1943

01:22:18,470 --> 01:22:16,000

you know and this is what is so

1944

01:22:19,430 --> 01:22:18,480

horrifying to me is that

1945

01:22:21,510 --> 01:22:19,440

that

1946

01:22:24,470 --> 01:22:21,520

driving this all

1947

01:22:25,350 --> 01:22:24,480

is a sort of punitive mindset

1948

01:22:26,709 --> 01:22:25,360

that

1949

01:22:29,270 --> 01:22:26,719

essentially

1950

01:22:31,830 --> 01:22:29,280

people abusing drugs are bad people but

1951

01:22:33,750 --> 01:22:31,840

there's a sec separate myth that's being

1952

01:22:37,030 --> 01:22:33,760

spawned by dopesick which i'll get to in

1953

01:22:38,790 --> 01:22:37,040

a second but the basically driving it is

1954

01:22:40,790 --> 01:22:38,800

we got to punish drug abusers and

1955

01:22:43,189 --> 01:22:40,800

they're bad people okay

1956

01:22:45,830 --> 01:22:43,199

now there's a new there's a myth that's

1957

01:22:48,790 --> 01:22:45,840

emerged for all of the legitimate

1958

01:22:52,070 --> 01:22:48,800

excellent reporting about the corrupted

1959

01:22:54,149 --> 01:22:52,080

corrupted drug industry and like in the

1960

01:22:57,430 --> 01:22:54,159

movie and book dopestick

1961

01:23:00,390 --> 01:22:57,440

and that myth i hate to say this the

1962

01:23:04,070 --> 01:23:00,400

myth that's promoted so they swamped the

1963

01:23:06,870 --> 01:23:04,080

market they over medicated they bribed

1964

01:23:08,870 --> 01:23:06,880

doctors bribe researchers bribe the

1965

01:23:10,870 --> 01:23:08,880

joint commission essentially bribe the

1966

01:23:13,030 --> 01:23:10,880

fda and

1967

01:23:15,270 --> 01:23:13,040

bribe the d.a i mean they did everything

1968

01:23:18,229 --> 01:23:15,280

possible to corrupt everything

1969

01:23:21,669 --> 01:23:18,239

but the the narrative that emerges all

1970

01:23:23,669 --> 01:23:21,679

that's accurate is the innocent white

1971

01:23:26,229 --> 01:23:23,679

working-class person

1972

01:23:27,270 --> 01:23:26,239

who ends up getting addicted which does

1973

01:23:30,149 --> 01:23:27,280

happen

1974

01:23:32,470 --> 01:23:30,159

but the heart but one of the one of the

1975

01:23:36,470 --> 01:23:32,480

data points that is

1976

01:23:39,830 --> 01:23:36,480

widely ignored is you often see

1977

01:23:44,550 --> 01:23:39,840

a phrase where someone says they started

1978

01:23:46,950 --> 01:23:44,560

using heroin or illegal opioids and and

1979

01:23:50,709 --> 01:23:46,960

almost always began with prescription

1980

01:23:53,510 --> 01:23:50,719

pills but in eighty percent of the cases

1981

01:23:56,870 --> 01:23:53,520

where people end up misusing opioids

1982

01:23:57,990 --> 01:23:56,880

they got the pills illegally from family

1983

01:24:00,629 --> 01:23:58,000

friends

1984

01:24:02,550 --> 01:24:00,639

medicine cabinets and so where i grew up

1985

01:24:04,470 --> 01:24:02,560

it was very very common that people sold

1986

01:24:06,229 --> 01:24:04,480

pills yeah and then they're selling they

1987

01:24:08,709 --> 01:24:06,239

would sell they would sell percocet for

1988

01:24:10,790 --> 01:24:08,719

like ten dollars oxies i don't know

1989

01:24:12,709 --> 01:24:10,800

twenty dollars whatever you know pretty

1990

01:24:15,350 --> 01:24:12,719

sentinel era they might have been the

1991

01:24:17,270 --> 01:24:15,360

actual drug but people

1992

01:24:19,430 --> 01:24:17,280

it would flaunt people would obtain it

1993

01:24:22,629 --> 01:24:19,440

then the other thing is

1994

01:24:27,030 --> 01:24:22,639

about two-thirds of people

1995

01:24:29,030 --> 01:24:27,040

who end up misusing drugs often had some

1996

01:24:30,709 --> 01:24:29,040

earlier history

1997

01:24:33,110 --> 01:24:30,719

and i'm not blaming them i'm just

1998

01:24:35,750 --> 01:24:33,120

explaining the reality had some earlier

1999

01:24:38,390 --> 01:24:35,760

history of drug misuse

2000

01:24:42,390 --> 01:24:38,400

whether it was coke or math or things

2001

01:24:44,629 --> 01:24:42,400

like that but the narrative that is now

2002

01:24:47,110 --> 01:24:44,639

and i i learned this from brook feldman

2003

01:24:48,709 --> 01:24:47,120

as a great philadelphia

2004

01:24:50,310 --> 01:24:48,719

leading of the pennsylvania harm

2005

01:24:52,790 --> 01:24:50,320

reduction network

2006

01:24:55,350 --> 01:24:52,800

and um he helped me understand the

2007

01:24:57,750 --> 01:24:55,360

notion of the innocent white person so

2008

01:25:00,870 --> 01:24:57,760

the narrative is

2009

01:25:03,830 --> 01:25:00,880

nice noble white working-class guy who

2010

01:25:06,790 --> 01:25:03,840

never ever did anything illegal proper

2011

01:25:08,870 --> 01:25:06,800

maybe drank or two at the friendly bar

2012

01:25:11,830 --> 01:25:08,880

comes in and then there's a corrupted

2013

01:25:15,189 --> 01:25:11,840

doctor who's been bribed with you know

2014

01:25:18,229 --> 01:25:15,199

free trips and lies to then give them

2015

01:25:21,590 --> 01:25:18,239

oxycontin they become addicted and then

2016

01:25:23,910 --> 01:25:21,600

they ultimately die or do street drugs

2017

01:25:26,870 --> 01:25:23,920

and that is the narrative and and but

2018

01:25:31,030 --> 01:25:26,880

reality is uh you know most of the

2019

01:25:33,189 --> 01:25:31,040

people who end up getting addicted

2020

01:25:35,270 --> 01:25:33,199

you know had some previous experience

2021

01:25:39,189 --> 01:25:35,280

that doesn't mean they shouldn't get the

2022

01:25:43,430 --> 01:25:39,199

best option of care but as long as we

2023

01:25:44,629 --> 01:25:43,440

as long as we keep up this mythology of

2024

01:25:47,830 --> 01:25:44,639

the

2025

01:25:50,149 --> 01:25:47,840

totally innocent white person who's

2026

01:25:52,550 --> 01:25:50,159

completely blameless

2027

01:25:55,030 --> 01:25:52,560

and has no history of addiction then

2028

01:25:57,430 --> 01:25:55,040

that helps shape a lot of our responses

2029

01:25:59,990 --> 01:25:57,440

and what is our response let's crack

2030

01:26:02,709 --> 01:26:00,000

down on those crooked drug companies

2031

01:26:05,110 --> 01:26:02,719

from prescribing and let's stop those

2032

01:26:07,189 --> 01:26:05,120

evil crooked doctors from prescribing

2033

01:26:09,990 --> 01:26:07,199

any opioid because that's the only

2034

01:26:11,270 --> 01:26:10,000

reasonable conclusion you can draw from

2035

01:26:15,189 --> 01:26:11,280

books that are

2036

01:26:19,030 --> 01:26:15,199

really great reporting from dopesick

2037

01:26:22,229 --> 01:26:19,040

and and and dreamland but beth macy

2038

01:26:24,950 --> 01:26:22,239

wrote ropesick and executive produced

2039

01:26:27,030 --> 01:26:24,960

emphasizes the value in the latter part

2040

01:26:30,149 --> 01:26:27,040

of her book in the latter part of her

2041

01:26:32,470 --> 01:26:30,159

series that she's producing about the

2042

01:26:34,550 --> 01:26:32,480

value of suboxone and

2043

01:26:38,229 --> 01:26:34,560

medicated assisted treatment for people

2044

01:26:41,750 --> 01:26:38,239

who do become addicted but but but the

2045

01:26:45,189 --> 01:26:41,760

main thrust of all our policies is

2046

01:26:47,669 --> 01:26:45,199

let's stop prescribing

2047

01:26:51,350 --> 01:26:47,679

opioids and they do there's so many

2048

01:26:52,550 --> 01:26:51,360

incentives against prescribing and i

2049

01:26:55,110 --> 01:26:52,560

write i've written about it for

2050

01:26:58,229 --> 01:26:55,120

huffington post in particular i wrote

2051
01:27:01,189 --> 01:26:58,239
about this wonderful doctor in

2052
01:27:02,229 --> 01:27:01,199
montana who had a great track record and

2053
01:27:04,870 --> 01:27:02,239
he had

2054
01:27:06,790 --> 01:27:04,880
he inherited the uh

2055
01:27:07,910 --> 01:27:06,800
the patient base

2056
01:27:12,470 --> 01:27:07,920
of

2057
01:27:14,629 --> 01:27:12,480
business and he began his

2058
01:27:17,189 --> 01:27:14,639
they were all severe chronic pain and

2059
01:27:18,550 --> 01:27:17,199
they had they were taking opioids most

2060
01:27:21,110 --> 01:27:18,560
legitimately

2061
01:27:23,510 --> 01:27:21,120
and his patient base

2062
01:27:26,149 --> 01:27:23,520
went up enormously and then there's the

2063
01:27:28,870 --> 01:27:26,159

prescription drug monitoring program

2064

01:27:31,110 --> 01:27:28,880

made him look like a pill doctor and

2065

01:27:34,470 --> 01:27:31,120

then the state licensing board went

2066

01:27:37,350 --> 01:27:34,480

after him for like five six years he

2067

01:27:40,149 --> 01:27:37,360

ultimately proved his innocence of these

2068

01:27:41,189 --> 01:27:40,159

charges but he doesn't he's now

2069

01:27:44,310 --> 01:27:41,199

basically

2070

01:27:45,189 --> 01:27:44,320

working as a medical advisor to

2071

01:27:48,070 --> 01:27:45,199

um

2072

01:27:50,629 --> 01:27:48,080

marijuana clinics you know in montana

2073

01:27:53,510 --> 01:27:50,639

but he's literally was honored as like

2074

01:27:55,830 --> 01:27:53,520

the best doctor in butte montana and

2075

01:27:56,950 --> 01:27:55,840

he's not regularly treating anyone for

2076

01:27:59,270 --> 01:27:56,960

anything

2077

01:28:01,990 --> 01:27:59,280

because he's been basically

2078

01:28:05,030 --> 01:28:02,000

harassed out of his regular work and

2079

01:28:09,310 --> 01:28:05,040

there was another doctor in california

2080

01:28:12,390 --> 01:28:09,320

uh a forest tenant who who was a

2081

01:28:15,189 --> 01:28:12,400

phenomenally sophisticated researcher

2082

01:28:17,990 --> 01:28:15,199

and treatment who um

2083

01:28:21,110 --> 01:28:18,000

treated people who were damaged by what

2084

01:28:21,910 --> 01:28:21,120

were called epidural steroid injections

2085

01:28:30,229 --> 01:28:21,920

and

2086

01:28:32,149 --> 01:28:30,239

article on it by sheila kaplan

2087

01:28:34,149 --> 01:28:32,159

and basically

2088

01:28:36,470 --> 01:28:34,159

people are being if they want to have

2089

01:28:39,510 --> 01:28:36,480

any opioids at all they're being forced

2090

01:28:41,590 --> 01:28:39,520

into these highly dangerous

2091

01:28:44,470 --> 01:28:41,600

medical procedures that don't really

2092

01:28:46,629 --> 01:28:44,480

cure their pain in most cases and one of

2093

01:28:48,870 --> 01:28:46,639

them is epidural steroid

2094

01:28:50,470 --> 01:28:48,880

injections and this could be and this

2095

01:28:52,470 --> 01:28:50,480

could be very dangerous right for

2096

01:28:55,030 --> 01:28:52,480

something really dangerous causes a lot

2097

01:28:58,550 --> 01:28:55,040

of pain often paralysis

2098

01:29:01,430 --> 01:28:58,560

and yet uh it's still going on and now

2099

01:29:03,750 --> 01:29:01,440

they basically black and it's more more

2100

01:29:06,790 --> 01:29:03,760

lucrative for the doctors so a lot of

2101

01:29:08,870 --> 01:29:06,800

the pain clinics are saying hey if you

2102

01:29:11,270 --> 01:29:08,880

want to have me as a doctor maybe get a

2103

01:29:13,750 --> 01:29:11,280

little bit opioid you have to go through

2104

01:29:16,390 --> 01:29:13,760

they're blackmailing and extorting their

2105

01:29:17,430 --> 01:29:16,400

patients into epidural steroid

2106

01:29:20,390 --> 01:29:17,440

injections

2107

01:29:22,149 --> 01:29:20,400

credence was treating all of these

2108

01:29:25,590 --> 01:29:22,159

victims

2109

01:29:28,470 --> 01:29:25,600

of of this horrible procedure

2110

01:29:31,110 --> 01:29:28,480

and then he was forced out

2111

01:29:31,750 --> 01:29:31,120

of his practice and he's still the best

2112

01:29:33,830 --> 01:29:31,760

and

2113

01:29:35,669 --> 01:29:33,840

it's called an act with

2114

01:29:37,830 --> 01:29:35,679

an acroiditis i don't necessarily have

2115

01:29:40,390 --> 01:29:37,840

to pronounce it accurately but it's a

2116

01:29:42,310 --> 01:29:40,400

side effect of this procedure he was the

2117

01:29:44,550 --> 01:29:42,320

and so he had a lot of chronic pain

2118

01:29:47,189 --> 01:29:44,560

patients who

2119

01:29:50,470 --> 01:29:47,199

suffered through this horrible procedure

2120

01:29:53,350 --> 01:29:50,480

and uh terry lewis who's a scholar uh in

2121

01:29:56,470 --> 01:29:53,360

tennessee um affiliated with a lot of at

2122

01:29:59,110 --> 01:29:56,480

a top rehabilitation expert is a big

2123

01:30:00,629 --> 01:29:59,120

knowledgeable about this topic they

2124

01:30:03,910 --> 01:30:00,639

basically

2125

01:30:06,790 --> 01:30:03,920

uh became refugees known as the kind of

2126
01:30:08,790 --> 01:30:06,800
chronic pain refugees and then they went

2127
01:30:10,070 --> 01:30:08,800
to him for treatment then they shut him

2128
01:30:13,110 --> 01:30:10,080
down

2129
01:30:15,830 --> 01:30:13,120
you see it's just yeah so crazy terrible

2130
01:30:18,310 --> 01:30:15,840
it's terrible what's happening so

2131
01:30:20,070 --> 01:30:18,320
we've covered a lot of ground here but

2132
01:30:21,750 --> 01:30:20,080
but what i want to know is what what do

2133
01:30:24,149 --> 01:30:21,760
you think that the

2134
01:30:26,629 --> 01:30:24,159
the current administration is doing or

2135
01:30:29,189 --> 01:30:26,639
not doing that they should be doing to

2136
01:30:32,070 --> 01:30:29,199
try to get a handle on this thing and

2137
01:30:34,709 --> 01:30:32,080
and fix what has been a comedy of errors

2138
01:30:37,350 --> 01:30:34,719

so far through multiple administrations

2139

01:30:40,390 --> 01:30:37,360

this failed drug war

2140

01:30:42,709 --> 01:30:40,400

there are a few things the question is

2141

01:30:44,790 --> 01:30:42,719

how to get the change to happen so one

2142

01:30:46,870 --> 01:30:44,800

of the things is

2143

01:30:49,750 --> 01:30:46,880

most federal health on the issue of

2144

01:30:53,030 --> 01:30:49,760

chronic pain and opioids most federal

2145

01:30:54,709 --> 01:30:53,040

health agencies have kind of admitted oh

2146

01:30:57,270 --> 01:30:54,719

by the way you shouldn't do force

2147

01:30:59,510 --> 01:30:57,280

tapering too fast it's dangerous and

2148

01:31:03,270 --> 01:30:59,520

harmful but they haven't bothered to

2149

01:31:05,830 --> 01:31:03,280

publicize or inform clinicians about it

2150

01:31:06,709 --> 01:31:05,840

so they they should be publicizing their

2151
01:31:11,030 --> 01:31:06,719
own

2152
01:31:12,470 --> 01:31:11,040
monitor

2153
01:31:15,350 --> 01:31:12,480
what state

2154
01:31:18,629 --> 01:31:15,360
licensing boards insurers and others are

2155
01:31:21,830 --> 01:31:18,639
doing to violate the recommendations of

2156
01:31:24,149 --> 01:31:21,840
federal agencies and now the cdc is kind

2157
01:31:25,910 --> 01:31:24,159
of in this ambivalent position where

2158
01:31:27,830 --> 01:31:25,920
just two years ago they said hey

2159
01:31:30,629 --> 01:31:27,840
everybody uh

2160
01:31:32,709 --> 01:31:30,639
please don't misapply our earlier 2016

2161
01:31:35,590 --> 01:31:32,719
guidelines and now it looks like they

2162
01:31:37,590 --> 01:31:35,600
may be moving back to reinforcing the

2163
01:31:39,910 --> 01:31:37,600

messaging of that that's still up in the

2164

01:31:41,669 --> 01:31:39,920

air so one thing is

2165

01:31:44,709 --> 01:31:41,679

it should be part of

2166

01:31:45,830 --> 01:31:44,719

medicaid with the tools of medicaid and

2167

01:31:48,229 --> 01:31:45,840

that's where

2168

01:31:50,709 --> 01:31:48,239

if you get money from the federal

2169

01:31:53,669 --> 01:31:50,719

government through medicaid or medicare

2170

01:31:56,390 --> 01:31:53,679

you shouldn't be engaging in

2171

01:31:58,790 --> 01:31:56,400

horribly terrible

2172

01:32:01,830 --> 01:31:58,800

medication policies or addiction

2173

01:32:04,470 --> 01:32:01,840

treatment so one of the things

2174

01:32:07,750 --> 01:32:04,480

yes opioids are great for long-term pain

2175

01:32:10,149 --> 01:32:07,760

too what i'm what i'm saying is that we

2176
01:32:13,430 --> 01:32:10,159
have the tools that

2177
01:32:16,790 --> 01:32:13,440
we can save lives prevent suicides and

2178
01:32:19,030 --> 01:32:16,800
prevent overdose addictions all of that

2179
01:32:20,550 --> 01:32:19,040
if we use the tools

2180
01:32:23,910 --> 01:32:20,560
that are currently available through

2181
01:32:26,550 --> 01:32:23,920
funding so another element of it is if

2182
01:32:28,149 --> 01:32:26,560
we have two-thirds

2183
01:32:30,390 --> 01:32:28,159
of all

2184
01:32:34,229 --> 01:32:30,400
treatment facilities in the united

2185
01:32:35,189 --> 01:32:34,239
states refusing to use suboxone that can

2186
01:32:38,870 --> 01:32:35,199
cut

2187
01:32:42,229 --> 01:32:38,880
overdoses at least 50 percent you

2188
01:32:43,430 --> 01:32:42,239

shouldn't get a penny of federal money

2189

01:32:46,229 --> 01:32:43,440

yeah they shouldn't get any federal

2190

01:32:49,750 --> 01:32:46,239

you're not using evidence-based care

2191

01:32:52,229 --> 01:32:49,760

it's just like forget it now people will

2192

01:32:54,709 --> 01:32:52,239

follow the money kind of like from uh

2193

01:32:58,149 --> 01:32:54,719

woodward and bernstein and deep throat

2194

01:33:01,750 --> 01:32:58,159

follow the money people will paddle away

2195

01:33:03,750 --> 01:33:01,760

and will follow if we provide incentives

2196

01:33:05,750 --> 01:33:03,760

so that's the other thing is we have to

2197

01:33:08,310 --> 01:33:05,760

get rid of all this paperwork and

2198

01:33:10,629 --> 01:33:08,320

barriers and training requirements and

2199

01:33:14,550 --> 01:33:10,639

these patient limits that prevent

2200

01:33:17,030 --> 01:33:14,560

doctors from prescribing suboxone again

2201
01:33:18,550 --> 01:33:17,040
that is something that could be done and

2202
01:33:21,030 --> 01:33:18,560
there's little

2203
01:33:23,990 --> 01:33:21,040
work around the edges by the

2204
01:33:26,950 --> 01:33:24,000
biden administration but not enough and

2205
01:33:29,750 --> 01:33:26,960
it should be front and center

2206
01:33:33,189 --> 01:33:29,760
and and so there's a role both in bully

2207
01:33:34,310 --> 01:33:33,199
pulpit on and of course harm reduction

2208
01:33:35,510 --> 01:33:34,320
treatments

2209
01:33:38,229 --> 01:33:35,520
uh

2210
01:33:40,470 --> 01:33:38,239
you know and basically promoting what

2211
01:33:42,709 --> 01:33:40,480
works for harm reduction

2212
01:33:44,790 --> 01:33:42,719
i don't expect at this point the federal

2213
01:33:47,510 --> 01:33:44,800

government if biden would want to get

2214

01:33:50,070 --> 01:33:47,520

reelected oh by the way i'm promoting

2215

01:33:52,149 --> 01:33:50,080

the ending of the controlled substances

2216

01:33:55,910 --> 01:33:52,159

act and everyone can possess small

2217

01:33:56,870 --> 01:33:55,920

amounts of cocaine and um

2218

01:34:02,550 --> 01:33:56,880

uh

2219

01:34:04,629 --> 01:34:02,560

don't you think though that there is

2220

01:34:06,790 --> 01:34:04,639

that there is some changing attitudes

2221

01:34:09,030 --> 01:34:06,800

towards drug legalization we've seen a

2222

01:34:11,910 --> 01:34:09,040

proliferation oh yes i think we've seen

2223

01:34:16,070 --> 01:34:11,920

this with marijuana it's it's in my

2224

01:34:16,830 --> 01:34:16,080

state it is legal for uh medical use um

2225

01:34:21,590 --> 01:34:16,840

and

2226

01:34:23,189 --> 01:34:21,600

get to get it legally to get the

2227

01:34:25,270 --> 01:34:23,199

prescription to get the card but it

2228

01:34:27,669 --> 01:34:25,280

seems like now they're really opening it

2229

01:34:29,990 --> 01:34:27,679

up you know for things like anxiety you

2230

01:34:32,709 --> 01:34:30,000

can get it for anxiety there's a

2231

01:34:34,950 --> 01:34:32,719

marijuana industry that is built on this

2232

01:34:37,030 --> 01:34:34,960

trying to spread it but apparently

2233

01:34:38,390 --> 01:34:37,040

unless i'm mistaken i know this sounds

2234

01:34:41,830 --> 01:34:38,400

crazy but

2235

01:34:44,310 --> 01:34:41,840

heroin and marijuana are both considered

2236

01:34:45,189 --> 01:34:44,320

category one

2237

01:34:50,310 --> 01:34:45,199

no

2238

01:34:54,310 --> 01:34:50,320

medical use even though there's actual

2239

01:34:56,950 --> 01:34:54,320

medical marijuana clinics the csa and

2240

01:34:58,390 --> 01:34:56,960

the dea haven't changed anything you

2241

01:35:00,390 --> 01:34:58,400

know this is going by states have

2242

01:35:02,550 --> 01:35:00,400

decided to legalize but it's still

2243

01:35:05,030 --> 01:35:02,560

federally it's still federally illegal

2244

01:35:07,510 --> 01:35:05,040

but so far the states haven't stepped in

2245

01:35:09,350 --> 01:35:07,520

and gone against the wishes or i'm sorry

2246

01:35:11,669 --> 01:35:09,360

so far the federal government has not

2247

01:35:13,510 --> 01:35:11,679

stepped in and gone against the wishes

2248

01:35:15,430 --> 01:35:13,520

of the local states and then there's

2249

01:35:17,109 --> 01:35:15,440

some they're allowing it they're doing

2250

01:35:19,189 --> 01:35:17,119

on the medical clinics which is

2251

01:35:21,109 --> 01:35:19,199

apparently you can't

2252

01:35:23,030 --> 01:35:21,119

there's some limits on how they use the

2253

01:35:24,629 --> 01:35:23,040

money or cash

2254

01:35:26,470 --> 01:35:24,639

and so there's limits on whether they

2255

01:35:28,310 --> 01:35:26,480

can deposit the money

2256

01:35:30,070 --> 01:35:28,320

which yeah because it's all cash

2257

01:35:31,750 --> 01:35:30,080

business yeah it's a cash bit it's a

2258

01:35:33,669 --> 01:35:31,760

cash business because they're not

2259

01:35:36,149 --> 01:35:33,679

allowed legally

2260

01:35:40,629 --> 01:35:36,159

to create

2261

01:35:43,430 --> 01:35:40,639

all that money in yeah where they're

2262

01:35:44,950 --> 01:35:43,440

providing a legal service

2263

01:35:46,870 --> 01:35:44,960

you know i mean

2264

01:35:48,550 --> 01:35:46,880

so that's something that can be changed

2265

01:35:50,390 --> 01:35:48,560

the question is

2266

01:35:51,510 --> 01:35:50,400

i do think that

2267

01:35:54,390 --> 01:35:51,520

that

2268

01:35:55,590 --> 01:35:54,400

enough people are dying at such high

2269

01:35:57,910 --> 01:35:55,600

levels

2270

01:35:59,189 --> 01:35:57,920

that the harm reduction message is

2271

01:36:02,470 --> 01:35:59,199

spreading

2272

01:36:05,830 --> 01:36:02,480

and some of that hopeful uh news about

2273

01:36:08,629 --> 01:36:05,840

that is in the book on drugging

2274

01:36:11,430 --> 01:36:08,639

undrugging america by maya says all of

2275

01:36:13,510 --> 01:36:11,440

it but i do think the federal government

2276

01:36:14,950 --> 01:36:13,520

needs to do a lot more

2277

01:36:17,350 --> 01:36:14,960

and here's something that's kind of

2278

01:36:19,510 --> 01:36:17,360

important politically now sam cannonis

2279

01:36:22,629 --> 01:36:19,520

did an amazing analysis so he wrote one

2280

01:36:25,350 --> 01:36:22,639

of the pioneering books about called

2281

01:36:29,189 --> 01:36:25,360

dreamland that looked at both the fake

2282

01:36:31,669 --> 01:36:29,199

marketing by purdue pharma and then when

2283

01:36:34,950 --> 01:36:31,679

there was a cut back in legal

2284

01:36:38,390 --> 01:36:34,960

prescribing how a particularly savvy m

2285

01:36:41,830 --> 01:36:38,400

small mexican drug cartel

2286

01:36:44,950 --> 01:36:41,840

moved in to sell heroin in middle class

2287

01:36:46,550 --> 01:36:44,960

america it wasn't the big famous cartels

2288

01:36:50,390 --> 01:36:46,560

they had this policy where they gave

2289

01:36:52,390 --> 01:36:50,400

their drug dealers and drug drug honchos

2290

01:36:55,430 --> 01:36:52,400

they would put them on salary they would

2291

01:36:57,590 --> 01:36:55,440

give them health insurance

2292

01:37:00,470 --> 01:36:57,600

they would worm their way into these

2293

01:37:02,310 --> 01:37:00,480

suburban industrial de-industrializing

2294

01:37:04,950 --> 01:37:02,320

middle-class areas

2295

01:37:07,510 --> 01:37:04,960

and they would literally just show up at

2296

01:37:10,149 --> 01:37:07,520

methadone clinics where people were in

2297

01:37:11,270 --> 01:37:10,159

line and then they would like hype

2298

01:37:14,870 --> 01:37:11,280

heroin

2299

01:37:17,750 --> 01:37:14,880

okay to them and they helped create a

2300

01:37:20,950 --> 01:37:17,760

heroin market which previously white

2301

01:37:23,990 --> 01:37:20,960

suburbanites were not taking in droves

2302

01:37:26,709 --> 01:37:24,000

okay or even white urban dwellers were

2303

01:37:29,189 --> 01:37:26,719

not taking drugs and these guys kind of

2304

01:37:33,189 --> 01:37:29,199

took advantage of

2305

01:37:35,830 --> 01:37:33,199

the advanced guard of of false marketing

2306

01:37:38,390 --> 01:37:35,840

for opioids and then when people got

2307

01:37:40,709 --> 01:37:38,400

addicted they said hey now you're having

2308

01:37:43,510 --> 01:37:40,719

trouble we got something even better for

2309

01:37:45,990 --> 01:37:43,520

you here's heroin and by this point the

2310

01:37:47,030 --> 01:37:46,000

people are willing to take it so there's

2311

01:37:49,990 --> 01:37:47,040

you know

2312

01:37:52,790 --> 01:37:50,000

a very savvy smaller mexican drug it

2313

01:37:55,590 --> 01:37:52,800

wasn't el chapo it's a much smaller

2314

01:37:58,149 --> 01:37:55,600

savvy that fell that wasn't under the

2315

01:38:01,109 --> 01:37:58,159

radar of the dea to the degree that the

2316

01:38:02,709 --> 01:38:01,119

much bigger uh the much bigger drug

2317

01:38:05,109 --> 01:38:02,719

cartels were

2318

01:38:07,189 --> 01:38:05,119

so there's a work you could do

2319

01:38:09,350 --> 01:38:07,199

i wanted to ask you two what is it that

2320

01:38:12,070 --> 01:38:09,360

we can learn from these european

2321

01:38:14,070 --> 01:38:12,080

countries several which have completely

2322

01:38:16,550 --> 01:38:14,080

legalized the use of

2323

01:38:19,189 --> 01:38:16,560

these drugs that are illegal here i mean

2324

01:38:22,470 --> 01:38:19,199

does it does making it legal

2325

01:38:24,790 --> 01:38:22,480

reduce reduce crime and reduce the harm

2326

01:38:27,189 --> 01:38:24,800

that is caused by drugs yeah it's it's

2327

01:38:29,270 --> 01:38:27,199

legal but it's it's it's kind of

2328

01:38:31,830 --> 01:38:29,280

supervised legal

2329

01:38:34,310 --> 01:38:31,840

in other words what i'm trying now

2330

01:38:36,149 --> 01:38:34,320

that's where chasing the scream is the

2331

01:38:38,470 --> 01:38:36,159

book to read on this because he talks a

2332

01:38:39,910 --> 01:38:38,480

lot about the european model so

2333

01:38:42,629 --> 01:38:39,920

basically

2334

01:38:45,510 --> 01:38:42,639

you don't put people in jail

2335

01:38:49,109 --> 01:38:45,520

and they are available to get their

2336

01:38:52,550 --> 01:38:49,119

drugs through medically approved clinics

2337

01:38:53,910 --> 01:38:52,560

okay and then separately

2338

01:38:56,149 --> 01:38:53,920

separately

2339

01:38:57,830 --> 01:38:56,159

then they're being routed into effective

2340

01:38:59,430 --> 01:38:57,840

drug treatment if they want to get off

2341

01:39:01,510 --> 01:38:59,440

the drugs

2342

01:39:04,310 --> 01:39:01,520

so because they're under the umbrella of

2343

01:39:06,149 --> 01:39:04,320

a medically approved way to obtain clean

2344

01:39:09,270 --> 01:39:06,159

needles or

2345

01:39:11,669 --> 01:39:09,280

safe opioids or whatever their drug

2346

01:39:14,149 --> 01:39:11,679

problem is and they're not sent into

2347

01:39:16,470 --> 01:39:14,159

jail and then allowed to turn into cold

2348

01:39:19,030 --> 01:39:16,480

turkey get on the street and then die

2349

01:39:21,590 --> 01:39:19,040

from overdoses within a week so their

2350

01:39:25,109 --> 01:39:21,600

whole model is different it is not

2351

01:39:27,109 --> 01:39:25,119

punitive and is not stigmatizing it's

2352

01:39:29,590 --> 01:39:27,119

sort of we want to help you

2353

01:39:31,669 --> 01:39:29,600

and one of the ways they do so it is not

2354

01:39:34,390 --> 01:39:31,679

you know when they talk about legalizing

2355

01:39:37,510 --> 01:39:34,400

i guess if you legalize

2356

01:39:39,030 --> 01:39:37,520

we had in some ways kind of unofficial

2357

01:39:43,430 --> 01:39:39,040

legalization

2358

01:39:45,669 --> 01:39:43,440

of crack in the 1980s when in the black

2359

01:39:48,149 --> 01:39:45,679

areas white cops and enforcement would

2360

01:39:50,310 --> 01:39:48,159

just give up and not bother to go in and

2361

01:39:52,070 --> 01:39:50,320

it's not worth the paperwork yeah yeah

2362

01:39:54,470 --> 01:39:52,080

they didn't want to bother to enforce

2363

01:39:56,550 --> 01:39:54,480

and then it spread like wildfire

2364

01:39:57,590 --> 01:39:56,560

but that is different than the portugal

2365

01:39:59,030 --> 01:39:57,600

model

2366

01:40:05,030 --> 01:39:59,040

which is

2367

01:40:08,470 --> 01:40:05,040

is medically sanctioned

2368

01:40:10,390 --> 01:40:08,480

and no jail for drug use and treatment

2369

01:40:11,669 --> 01:40:10,400

options those are some of the key

2370

01:40:13,350 --> 01:40:11,679

elements

2371

01:40:15,350 --> 01:40:13,360

so basically instead of locking these

2372

01:40:18,550 --> 01:40:15,360

people up and putting them in prison

2373

01:40:20,070 --> 01:40:18,560

they they they direct them to treatment

2374

01:40:22,629 --> 01:40:20,080

plans

2375

01:40:24,629 --> 01:40:22,639

right and things like that to to try to

2376

01:40:26,870 --> 01:40:24,639

so their their approach is more it's a

2377

01:40:28,629 --> 01:40:26,880

health problem not a crime problem yes

2378

01:40:31,910 --> 01:40:28,639

it's treating it as a health problem in

2379

01:40:34,310 --> 01:40:31,920

which it is it is a health problem like

2380

01:40:36,870 --> 01:40:34,320

you know i personally

2381

01:40:38,870 --> 01:40:36,880

i have my own theories about addiction i

2382

01:40:42,390 --> 01:40:38,880

personally think i've looked at some

2383

01:40:44,870 --> 01:40:42,400

genetic studies i'm of ashkenazi jewish

2384

01:40:46,470 --> 01:40:44,880

heritage i

2385

01:40:49,109 --> 01:40:46,480

although there's plenty of jews who

2386

01:40:51,510 --> 01:40:49,119

become addicts and alcoholics i have

2387

01:40:53,990 --> 01:40:51,520

seen some studies indicating that my

2388

01:40:56,470 --> 01:40:54,000

particular genetic makeup may be

2389

01:40:59,030 --> 01:40:56,480

slightly more product protective against

2390

01:41:01,590 --> 01:40:59,040

addiction but also i didn't grow up in

2391

01:41:02,870 --> 01:41:01,600

an environment where everybody was doing

2392

01:41:04,950 --> 01:41:02,880

it when i was

2393

01:41:07,510 --> 01:41:04,960

age people were taking

2394

01:41:11,189 --> 01:41:07,520

which i i stopped i started taking

2395

01:41:13,030 --> 01:41:11,199

marijuana at 15 and stopped at 21. i so

2396

01:41:16,070 --> 01:41:13,040

people were taking psychedelics which i

2397

01:41:17,910 --> 01:41:16,080

never took i did some marijuana and i

2398

01:41:20,229 --> 01:41:17,920

stopped because i was getting too

2399

01:41:21,990 --> 01:41:20,239

paranoid in marijuana and i just knew my

2400

01:41:27,350 --> 01:41:22,000

own tolerance

2401

01:41:30,709 --> 01:41:27,360

for it was very low it was very uh

2402

01:41:32,310 --> 01:41:30,719

depressing to me you know that yeah well

2403

01:41:33,669 --> 01:41:32,320

you know don't don't if that's true

2404

01:41:36,310 --> 01:41:33,679

though what you're saying is that

2405

01:41:38,470 --> 01:41:36,320

environment can play a huge part so in

2406

01:41:40,709 --> 01:41:38,480

other words i grew up in a neighborhood

2407

01:41:42,470 --> 01:41:40,719

right next to the heroin capital of the

2408

01:41:46,390 --> 01:41:42,480

east coast of the united states and

2409

01:41:48,709 --> 01:41:46,400

irwin was everywhere and and i i

2410

01:41:51,109 --> 01:41:48,719

remember growing up like to me

2411

01:41:52,709 --> 01:41:51,119

uh i avoided it like the plague because

2412

01:41:54,550 --> 01:41:52,719

i saw the harm that it did to other

2413

01:41:56,149 --> 01:41:54,560

people but some people that i grew up

2414

01:41:57,910 --> 01:41:56,159

with were not that lucky i can't tell

2415

01:42:00,149 --> 01:41:57,920

you how many people i grew up with that

2416

01:42:02,709 --> 01:42:00,159

died of a heroin overdose well because

2417

01:42:04,870 --> 01:42:02,719

it was such it was right there it was

2418

01:42:06,149 --> 01:42:04,880

everywhere where we lived and there was

2419

01:42:08,070 --> 01:42:06,159

people trying to sell it to you

2420

01:42:10,870 --> 01:42:08,080

constantly you know

2421

01:42:12,390 --> 01:42:10,880

so in my case my i came from an earlier

2422

01:42:16,470 --> 01:42:12,400

generation where people were using

2423

01:42:17,990 --> 01:42:16,480

psychedelics that were easily obtained

2424

01:42:20,709 --> 01:42:18,000

and

2425

01:42:23,430 --> 01:42:20,719

also marijuana was very common but the

2426
01:42:26,149 --> 01:42:23,440
dosages of marijuana

2427
01:42:27,430 --> 01:42:26,159
were much much less potent than you get

2428
01:42:30,709 --> 01:42:27,440
today

2429
01:42:33,109 --> 01:42:30,719
and surprisingly i later learned that it

2430
01:42:35,189 --> 01:42:33,119
is possible to become

2431
01:42:37,350 --> 01:42:35,199
ines some you can actually become

2432
01:42:40,070 --> 01:42:37,360
addicted in some ways to marijuana but

2433
01:42:41,830 --> 01:42:40,080
marijuana is way better than

2434
01:42:43,830 --> 01:42:41,840
it's psychologically it's for sure

2435
01:42:45,430 --> 01:42:43,840
psychologically addictive to some people

2436
01:42:47,109 --> 01:42:45,440
yeah they get used to it they want to

2437
01:42:49,030 --> 01:42:47,119
have it every day and then they get a

2438
01:42:51,350 --> 01:42:49,040

little antsy if they don't if they don't

2439

01:42:53,590 --> 01:42:51,360

have any but it's it's nowhere near the

2440

01:42:56,229 --> 01:42:53,600

level but i do think

2441

01:42:58,870 --> 01:42:56,239

i do think that marijuana for adolescent

2442

01:42:59,990 --> 01:42:58,880

brains is kind of real sure yeah you

2443

01:43:02,390 --> 01:43:00,000

know so

2444

01:43:04,070 --> 01:43:02,400

all of these things require some nuance

2445

01:43:05,910 --> 01:43:04,080

and intelligence

2446

01:43:08,629 --> 01:43:05,920

and not every

2447

01:43:11,109 --> 01:43:08,639

not every circumstance for every drug is

2448

01:43:12,310 --> 01:43:11,119

all the same for everybody and that

2449

01:43:17,270 --> 01:43:12,320

seems to be

2450

01:43:20,149 --> 01:43:17,280

is what we have now

2451

01:43:21,669 --> 01:43:20,159

stop opioid medication that's for

2452

01:43:22,790 --> 01:43:21,679

chronic pain

2453

01:43:25,590 --> 01:43:22,800

drugs

2454

01:43:29,030 --> 01:43:25,600

just throw them in jail don't don't

2455

01:43:30,870 --> 01:43:29,040

allow them alternatives and uh and by

2456

01:43:34,070 --> 01:43:30,880

the way uh we're gonna

2457

01:43:36,629 --> 01:43:34,080

yeah it's just so many and then and then

2458

01:43:39,669 --> 01:43:36,639

and then just keep up and then that's

2459

01:43:43,109 --> 01:43:39,679

the horrifying element of the

2460

01:43:46,229 --> 01:43:43,119

treatment universe like i look closely

2461

01:43:47,990 --> 01:43:46,239

at bad drug treatment programs and tough

2462

01:43:51,109 --> 01:43:48,000

love programs

2463

01:43:54,870 --> 01:43:51,119

and i was following again the earlier

2464

01:43:57,350 --> 01:43:54,880

work of maya but i did i did a story

2465

01:43:59,910 --> 01:43:57,360

uh about this for newsweek that was

2466

01:44:02,870 --> 01:43:59,920

about this fundamentalist christian

2467

01:44:04,709 --> 01:44:02,880

tough love school that took kids from

2468

01:44:07,189 --> 01:44:04,719

around the country whose parents were

2469

01:44:09,669 --> 01:44:07,199

christian believers and they were either

2470

01:44:11,750 --> 01:44:09,679

misbehaving having premarital sex or

2471

01:44:14,470 --> 01:44:11,760

using drugs and they sent into this

2472

01:44:16,790 --> 01:44:14,480

basically fundamentalist torture program

2473

01:44:19,669 --> 01:44:16,800

that existed for like five or six years

2474

01:44:21,910 --> 01:44:19,679

where kids were hung up down in shackles

2475

01:44:25,030 --> 01:44:21,920

and beaten with

2476
01:44:27,270 --> 01:44:25,040
whips and and leather belts and forced

2477
01:44:30,629 --> 01:44:27,280
into fighting matches it went on for

2478
01:44:33,350 --> 01:44:30,639
five years with the complete protection

2479
01:44:34,790 --> 01:44:33,360
of the attorney general and local law

2480
01:44:35,990 --> 01:44:34,800
enforcement

2481
01:44:37,990 --> 01:44:36,000
because

2482
01:44:39,990 --> 01:44:38,000
they were fundamentalists and nobody

2483
01:44:42,709 --> 01:44:40,000
wanted to go after the churches but i

2484
01:44:44,950 --> 01:44:42,719
also did an earlier piece that since

2485
01:44:47,109 --> 01:44:44,960
been expanded where i looked at a

2486
01:44:49,430 --> 01:44:47,119
company called crc health which is the

2487
01:44:51,910 --> 01:44:49,440
largest methadone provider but they also

2488
01:44:55,189 --> 01:44:51,920

had a lot of drug treatment programs

2489

01:44:58,229 --> 01:44:55,199

that were had a horrible record for

2490

01:45:01,350 --> 01:44:58,239

maltreatment and deaths including one of

2491

01:45:03,590 --> 01:45:01,360

their name brand programs with and i'm

2492

01:45:06,310 --> 01:45:03,600

gonna add the caveat some of this is

2493

01:45:07,990 --> 01:45:06,320

alleged because they never went let's be

2494

01:45:09,990 --> 01:45:08,000

careful

2495

01:45:12,470 --> 01:45:10,000

some of this is alleged and in

2496

01:45:15,109 --> 01:45:12,480

settlements that they made they never

2497

01:45:16,470 --> 01:45:15,119

admit wrongdoing but but there was a

2498

01:45:19,189 --> 01:45:16,480

particular

2499

01:45:22,390 --> 01:45:19,199

top of the line program called sierra

2500

01:45:24,629 --> 01:45:22,400

tucson where rush limbo and ringo store

2501
01:45:28,229 --> 01:45:24,639
went for drug treatment so you'd think

2502
01:45:31,350 --> 01:45:28,239
oh this is the top line but it was so

2503
01:45:32,629 --> 01:45:31,360
when when an equity firm called

2504
01:45:33,669 --> 01:45:32,639
um

2505
01:45:36,330 --> 01:45:33,679
uh

2506
01:45:40,790 --> 01:45:37,910
[Music]

2507
01:45:42,229 --> 01:45:40,800
it's romney's uh equity firm his name is

2508
01:45:43,109 --> 01:45:42,239
flipping my money

2509
01:45:45,590 --> 01:45:43,119
uh

2510
01:45:47,270 --> 01:45:45,600
bang capital took it over so all they

2511
01:45:49,590 --> 01:45:47,280
cared about was squeezing right

2512
01:45:53,109 --> 01:45:49,600
squeezing bucks out of it yeah right and

2513
01:45:55,109 --> 01:45:53,119

so so i did a piece for salon and other

2514

01:45:57,270 --> 01:45:55,119

and then it's also in my book so they

2515

01:46:00,310 --> 01:45:57,280

took it over and they began slashing the

2516

01:46:02,709 --> 01:46:00,320

staff and basically you know just bring

2517

01:46:04,470 --> 01:46:02,719

people in they didn't vet people for

2518

01:46:06,790 --> 01:46:04,480

whether they had pre-existing mental

2519

01:46:07,830 --> 01:46:06,800

health or suicide issues so they had

2520

01:46:10,390 --> 01:46:07,840

about

2521

01:46:12,390 --> 01:46:10,400

five to ten deaths in the space of a few

2522

01:46:15,430 --> 01:46:12,400

years at sierra tucson

2523

01:46:18,870 --> 01:46:15,440

and in one case they had a a very

2524

01:46:22,629 --> 01:46:18,880

suicidal md who had addiction problems

2525

01:46:26,149 --> 01:46:22,639

he killed himself while at the facility

2526

01:46:28,310 --> 01:46:26,159

and his body was not found on their own

2527

01:46:29,430 --> 01:46:28,320

grounds for two weeks

2528

01:46:32,310 --> 01:46:29,440

geez

2529

01:46:34,390 --> 01:46:32,320

okay that's terrible right so

2530

01:46:36,070 --> 01:46:34,400

so yeah so this is this is actually the

2531

01:46:37,430 --> 01:46:36,080

one of the things on my list i wanted to

2532

01:46:38,229 --> 01:46:37,440

talk about the

2533

01:46:40,149 --> 01:46:38,239

the

2534

01:46:41,910 --> 01:46:40,159

if you could give us some insight into

2535

01:46:44,390 --> 01:46:41,920

the treatment industry and some of the

2536

01:46:45,910 --> 01:46:44,400

corruption in it and so this is right

2537

01:46:48,709 --> 01:46:45,920

right in line with that

2538

01:46:50,070 --> 01:46:48,719

yeah well it's corrupt on so many ways

2539

01:46:51,430 --> 01:46:50,080

because there's no meaningful

2540

01:46:54,870 --> 01:46:51,440

accountability

2541

01:46:55,830 --> 01:46:54,880

so beyond them not offering what works

2542

01:46:59,830 --> 01:46:55,840

okay

2543

01:47:02,390 --> 01:46:59,840

beyond that the other thing is it is

2544

01:47:04,470 --> 01:47:02,400

basically a racket so there's a lot of

2545

01:47:06,950 --> 01:47:04,480

like kickbacks

2546

01:47:09,270 --> 01:47:06,960

to doctors some of which gets exposed

2547

01:47:10,950 --> 01:47:09,280

where they're recommended to go to

2548

01:47:13,910 --> 01:47:10,960

treatment facilities either for

2549

01:47:15,189 --> 01:47:13,920

addiction or tough love programs

2550

01:47:17,590 --> 01:47:15,199

and

2551
01:47:21,430 --> 01:47:17,600
it's basically an unaccountable industry

2552
01:47:24,550 --> 01:47:21,440
that's had an extremely large share of

2553
01:47:26,470 --> 01:47:24,560
needless deaths and suicides after

2554
01:47:27,750 --> 01:47:26,480
people go through

2555
01:47:29,830 --> 01:47:27,760
and then

2556
01:47:32,950 --> 01:47:29,840
even dr um

2557
01:47:34,870 --> 01:47:32,960
uh dr drew for instance was a celebrity

2558
01:47:37,910 --> 01:47:34,880
you know rehab oh yeah he was pumping

2559
01:47:40,709 --> 01:47:37,920
these things yeah and dr phil too dr

2560
01:47:44,149 --> 01:47:40,719
phil was pumping here's the thing about

2561
01:47:47,590 --> 01:47:44,159
dr drew dr drew singh according to some

2562
01:47:49,669 --> 01:47:47,600
reporting about 13 percent of the people

2563
01:47:50,790 --> 01:47:49,679

who went through his program as of a few

2564

01:47:52,790 --> 01:47:50,800

years ago

2565

01:47:54,470 --> 01:47:52,800

died okay

2566

01:47:55,669 --> 01:47:54,480

so you're pretty high percentage yeah

2567

01:47:57,270 --> 01:47:55,679

you've got a 13

2568

01:47:59,750 --> 01:47:57,280

chance of dying if you go to his

2569

01:48:01,270 --> 01:47:59,760

treatment program i'd stay clear doing

2570

01:48:03,109 --> 01:48:01,280

you know this is according to some

2571

01:48:05,830 --> 01:48:03,119

reporting that's been done

2572

01:48:07,990 --> 01:48:05,840

and so they're not held accountable for

2573

01:48:09,830 --> 01:48:08,000

meaningful outcomes but one of the

2574

01:48:11,350 --> 01:48:09,840

things that is

2575

01:48:14,149 --> 01:48:11,360

that's where this issue of dual

2576

01:48:17,270 --> 01:48:14,159

diagnosis and i really drilled into that

2577

01:48:23,430 --> 01:48:20,149

there's a doctor uh uh mark mcgovern of

2578

01:48:25,910 --> 01:48:23,440

stanford and others who have looked at

2579

01:48:28,709 --> 01:48:25,920

this issue where about half the people

2580

01:48:31,109 --> 01:48:28,719

with and this is important for these

2581

01:48:31,990 --> 01:48:31,119

facilities about half the people

2582

01:48:34,229 --> 01:48:32,000

with

2583

01:48:37,669 --> 01:48:34,239

substance abuse have some kind of

2584

01:48:40,950 --> 01:48:37,679

important mental illness issue that's

2585

01:48:45,350 --> 01:48:40,960

debilitating and problematic and then

2586

01:48:46,870 --> 01:48:45,360

similarly uh about half of people who

2587

01:48:49,590 --> 01:48:46,880

have um

2588

01:48:51,910 --> 01:48:49,600

you know are mentally ill and severely

2589

01:48:54,390 --> 01:48:51,920

mentally ill also have substance abuse

2590

01:48:57,109 --> 01:48:54,400

and that accounts for some of the

2591

01:48:59,430 --> 01:48:57,119

populations in addition to the housing

2592

01:49:01,430 --> 01:48:59,440

shortage and our economic collapse in

2593

01:49:03,590 --> 01:49:01,440

the homeless population but these

2594

01:49:07,030 --> 01:49:03,600

facilities so there was this guy he

2595

01:49:10,390 --> 01:49:07,040

would develop this phenomenal program

2596

01:49:13,990 --> 01:49:10,400

uh where it was in use in connecticut

2597

01:49:15,430 --> 01:49:14,000

where he measured the in he could take a

2598

01:49:20,709 --> 01:49:15,440

half day

2599

01:49:23,030 --> 01:49:20,719

program and determine are they using

2600

01:49:25,030 --> 01:49:23,040

evidence-based practices what kind of

2601
01:49:27,990 --> 01:49:25,040
outcomes are they getting and it was a

2602
01:49:31,510 --> 01:49:28,000
kind of a rating yardstick

2603
01:49:32,950 --> 01:49:31,520
and for evaluating the dual diagnosis

2604
01:49:35,510 --> 01:49:32,960
treatments of both drug clinics and

2605
01:49:36,870 --> 01:49:35,520
mental health so here's what he found

2606
01:49:37,990 --> 01:49:36,880
he found

2607
01:49:41,510 --> 01:49:38,000
that

2608
01:49:42,390 --> 01:49:41,520
drug only uh 80 percent

2609
01:49:43,990 --> 01:49:42,400
of

2610
01:49:47,189 --> 01:49:44,000
drug clinics

2611
01:49:50,470 --> 01:49:47,199
that he was invited into study

2612
01:49:53,589 --> 01:49:50,480
and that proudly advertised that they

2613
01:49:56,310 --> 01:49:53,599

were offering dual diagnosis

2614

01:50:00,950 --> 01:49:56,320

didn't meet even the barest minimum

2615

01:50:03,750 --> 01:50:02,790

then when it came to mental health

2616

01:50:07,109 --> 01:50:03,760

treatment

2617

01:50:09,109 --> 01:50:07,119

only 10 percent met that met these

2618

01:50:11,030 --> 01:50:09,119

standards now here's why this is

2619

01:50:13,350 --> 01:50:11,040

especially important

2620

01:50:15,669 --> 01:50:13,360

the surgeon general came out under the

2621

01:50:17,990 --> 01:50:15,679

obama administration with a very very

2622

01:50:20,709 --> 01:50:18,000

good report about addiction

2623

01:50:23,350 --> 01:50:20,719

uh addiction issues and substance abuse

2624

01:50:25,990 --> 01:50:23,360

so her report found

2625

01:50:27,830 --> 01:50:26,000

that for the entire universe of people

2626
01:50:30,790 --> 01:50:27,840
with substance abuse

2627
01:50:31,990 --> 01:50:30,800
only about 10 percent of them

2628
01:50:33,910 --> 01:50:32,000
got

2629
01:50:36,310 --> 01:50:33,920
specialized treatment of any kind

2630
01:50:37,669 --> 01:50:36,320
whether it was good or bad so if you

2631
01:50:40,629 --> 01:50:37,679
take

2632
01:50:43,030 --> 01:50:40,639
this research from stanford

2633
01:50:45,030 --> 01:50:43,040
and you apply it to 10

2634
01:50:45,830 --> 01:50:45,040
so that means

2635
01:50:47,350 --> 01:50:45,840
if

2636
01:50:51,430 --> 01:50:47,360
let's say

2637
01:50:53,990 --> 01:50:51,440
at worst uh 10 only 10 percent of drug

2638
01:50:57,350 --> 01:50:54,000

treatment of at you know between 10 and

2639

01:50:59,589 --> 01:50:57,360

20 percent are offering effective care

2640

01:51:03,830 --> 01:50:59,599

that means out of 100 people with

2641

01:51:07,830 --> 01:51:03,840

substance abuse only one or two

2642

01:51:10,390 --> 01:51:07,840

are getting effective care and 98

2643

01:51:12,390 --> 01:51:10,400

goodbye and good luck like from the 2000

2644

01:51:15,109 --> 01:51:12,400

year old man they're not getting

2645

01:51:17,270 --> 01:51:15,119

anything of competent care

2646

01:51:20,470 --> 01:51:17,280

so how can you have any meaningful

2647

01:51:23,669 --> 01:51:20,480

recovery if 98

2648

01:51:26,390 --> 01:51:23,679

of people are not getting competent care

2649

01:51:28,070 --> 01:51:26,400

and that's similar to the suboxone

2650

01:51:30,229 --> 01:51:28,080

debacle where

2651
01:51:33,589 --> 01:51:30,239
90 percent of people's substance abuse

2652
01:51:35,830 --> 01:51:33,599
do have no access to suboxone and

2653
01:51:38,310 --> 01:51:35,840
another weirdo development that is

2654
01:51:40,390 --> 01:51:38,320
happening right now is even though

2655
01:51:43,350 --> 01:51:40,400
people with substance abuse who could

2656
01:51:46,229 --> 01:51:43,360
benefit from it chronic pain patients

2657
01:51:49,589 --> 01:51:46,239
are bizarrely being forced to admit

2658
01:51:51,910 --> 01:51:49,599
their addicts quote and they're being if

2659
01:51:54,709 --> 01:51:51,920
they want any quote opioids you're being

2660
01:51:57,589 --> 01:51:54,719
given suboxone even though it's

2661
01:52:00,390 --> 01:51:57,599
its ability to prevent or help on severe

2662
01:52:03,669 --> 01:52:00,400
pain is very limited so what kind of

2663
01:52:07,030 --> 01:52:03,679

crazy topsy forcing down the throat a

2664

01:52:10,390 --> 01:52:07,040

mildly effective if at all pain

2665

01:52:13,990 --> 01:52:10,400

medication that could be used to

2666

01:52:16,629 --> 01:52:14,000

help people with substance abuse not die

2667

01:52:18,470 --> 01:52:16,639

and instead it's being forced down the

2668

01:52:21,189 --> 01:52:18,480

throat of chronic pain patients who

2669

01:52:23,750 --> 01:52:21,199

aren't benefiting from it i i really

2670

01:52:26,709 --> 01:52:23,760

can't figure out that's where

2671

01:52:28,950 --> 01:52:26,719

maybe this was designed by aliens steve

2672

01:52:30,550 --> 01:52:28,960

maybe yeah well this system

2673

01:52:32,390 --> 01:52:30,560

this this whole

2674

01:52:35,750 --> 01:52:32,400

you know it's shocking

2675

01:52:38,629 --> 01:52:35,760

the the level of of failure in this

2676
01:52:40,950 --> 01:52:38,639
system because it's not one entity that

2677
01:52:43,669 --> 01:52:40,960
failed it seems like all of them failed

2678
01:52:46,629 --> 01:52:43,679
here right but there's these role models

2679
01:52:47,669 --> 01:52:46,639
of effect of care so like if i was a

2680
01:52:50,950 --> 01:52:47,679
veteran

2681
01:52:53,430 --> 01:52:50,960
and i lived now in birmingham and i went

2682
01:52:57,030 --> 01:52:53,440
to where stevonn cortez

2683
01:52:59,350 --> 01:52:57,040
is a treating physician at the va

2684
01:53:01,109 --> 01:52:59,360
and i was having pain issues

2685
01:53:03,589 --> 01:53:01,119
and addiction issues because he's also

2686
01:53:06,709 --> 01:53:03,599
an addiction specialist boy i'd be lucky

2687
01:53:11,350 --> 01:53:06,719
to see him there's also about you know

2688
01:53:12,550 --> 01:53:11,360

there is a growing awareness of of um

2689

01:53:15,430 --> 01:53:12,560

of you know

2690

01:53:17,990 --> 01:53:15,440

harm reduction movements there there's

2691

01:53:21,350 --> 01:53:18,000

an awareness of the value of suboxone

2692

01:53:24,149 --> 01:53:21,360

now when it comes to aa and n a they can

2693

01:53:25,990 --> 01:53:24,159

definitely be life-changing but there's

2694

01:53:28,629 --> 01:53:26,000

an anti-medication

2695

01:53:30,550 --> 01:53:28,639

treatment attitude in those

2696

01:53:33,669 --> 01:53:30,560

groups that if you somehow take a

2697

01:53:36,229 --> 01:53:33,679

medication ferment now this varies but

2698

01:53:39,510 --> 01:53:36,239

it used to be almost uniform that if you

2699

01:53:41,750 --> 01:53:39,520

took a medication for mental illness

2700

01:53:44,629 --> 01:53:41,760

and then subsequently either for mental

2701
01:53:47,510 --> 01:53:44,639
illness you were kind of frowned on in

2702
01:53:50,310 --> 01:53:47,520
any area i've heard that yeah yeah and

2703
01:53:53,189 --> 01:53:50,320
and and and if that attitude which has

2704
01:53:55,430 --> 01:53:53,199
been extended like oh you're not really

2705
01:53:56,550 --> 01:53:55,440
becoming sober

2706
01:53:59,030 --> 01:53:56,560
you're not because you're on this

2707
01:54:01,750 --> 01:53:59,040
medication if you're on medication and

2708
01:54:04,550 --> 01:54:01,760
if you're on suboxone or methadone well

2709
01:54:06,629 --> 01:54:04,560
you're not really following the 12 steps

2710
01:54:09,350 --> 01:54:06,639
now the 12 steps

2711
01:54:11,910 --> 01:54:09,360
can be really valuable and life-changing

2712
01:54:14,390 --> 01:54:11,920
but it's but it certainly should not be

2713
01:54:15,589 --> 01:54:14,400

something that you can you know gets

2714

01:54:18,790 --> 01:54:15,599

paid for

2715

01:54:22,470 --> 01:54:18,800

by the government as the primary form of

2716

01:54:24,310 --> 01:54:22,480

treatment in two-thirds of all of the

2717

01:54:26,229 --> 01:54:24,320

country's treatment facilities that's

2718

01:54:28,070 --> 01:54:26,239

just nuts

2719

01:54:30,070 --> 01:54:28,080

yeah and there's also a lot of there's

2720

01:54:31,750 --> 01:54:30,080

also a lot of treatment stuff out there

2721

01:54:33,910 --> 01:54:31,760

that's a little bit wacky like

2722

01:54:34,709 --> 01:54:33,920

scientology has its narconon program

2723

01:54:36,950 --> 01:54:34,719

right

2724

01:54:38,390 --> 01:54:36,960

where they put you in a sauna and give

2725

01:54:40,550 --> 01:54:38,400

you a whole bunch of vitamins and they

2726

01:54:43,350 --> 01:54:40,560

call that drug treatment i just don't

2727

01:54:44,629 --> 01:54:43,360

understand anybody you know i mean some

2728

01:54:47,149 --> 01:54:44,639

people fall into it they don't know

2729

01:54:50,390 --> 01:54:47,159

that's what they're gonna get they

2730

01:54:53,350 --> 01:54:50,400

think vitamins the

2731

01:54:56,229 --> 01:54:53,360

group doesn't advertise hello we are a

2732

01:54:59,589 --> 01:54:56,239

branch of weirdo scientology they're

2733

01:55:01,669 --> 01:54:59,599

kind of they don't openly i'm sure a lot

2734

01:55:04,550 --> 01:55:01,679

of people know that but

2735

01:55:05,910 --> 01:55:04,560

yes so the point is that there's

2736

01:55:08,390 --> 01:55:05,920

nobody's held

2737

01:55:11,510 --> 01:55:08,400

there's no rigorous objective standards

2738

01:55:13,910 --> 01:55:11,520

for outcomes and that's where mcgovern's

2739

01:55:15,910 --> 01:55:13,920

uh plan when used in connecticut so we

2740

01:55:19,030 --> 01:55:15,920

have this yardstick for measuring

2741

01:55:21,990 --> 01:55:19,040

something very clear how good

2742

01:55:23,910 --> 01:55:22,000

were they at dual diagnosis treatment

2743

01:55:27,430 --> 01:55:23,920

and he did it for both outpatient

2744

01:55:29,990 --> 01:55:27,440

inpatient facilities and the upshot was

2745

01:55:31,510 --> 01:55:30,000

by having this government measured

2746

01:55:35,990 --> 01:55:31,520

yardstick

2747

01:55:38,310 --> 01:55:36,000

they then were pressed on improving

2748

01:55:41,030 --> 01:55:38,320

and they wouldn't get state funds unless

2749

01:55:43,189 --> 01:55:41,040

they improved it was a it was a weapon

2750

01:55:45,830 --> 01:55:43,199

and an assessment tool and then guess

2751
01:55:47,430 --> 01:55:45,840
what happened this was being promoted in

2752
01:55:49,990 --> 01:55:47,440
30 states

2753
01:55:51,189 --> 01:55:50,000
by uh the substance abuse and mental

2754
01:55:54,070 --> 01:55:51,199
health

2755
01:55:56,629 --> 01:55:54,080
uh services so you know the samsha the

2756
01:55:58,709 --> 01:55:56,639
leading kind of mental health and drug

2757
01:56:01,430 --> 01:55:58,719
you know practice government it was

2758
01:56:03,750 --> 01:56:01,440
promoted and then in 2012

2759
01:56:06,870 --> 01:56:03,760
just as the opioid

2760
01:56:10,149 --> 01:56:06,880
epidemic was skyrocketing and going

2761
01:56:12,950 --> 01:56:10,159
crazy they yanked this tool

2762
01:56:15,510 --> 01:56:12,960
and so the number of states once 30 are

2763
01:56:16,629 --> 01:56:15,520

down to practically nothing and this

2764

01:56:18,790 --> 01:56:16,639

doctor

2765

01:56:20,950 --> 01:56:18,800

who knows in his head where effective

2766

01:56:23,030 --> 01:56:20,960

care is so they used to even have a

2767

01:56:25,030 --> 01:56:23,040

website where you could look up who

2768

01:56:28,870 --> 01:56:25,040

meets these good standards you could go

2769

01:56:31,189 --> 01:56:28,880

there that website doesn't exist anymore

2770

01:56:32,629 --> 01:56:31,199

because nobody bothered to review the

2771

01:56:36,070 --> 01:56:32,639

domain name

2772

01:56:38,470 --> 01:56:36,080

and it's not there so it turns out the

2773

01:56:41,510 --> 01:56:38,480

knowledge of where the really great

2774

01:56:44,470 --> 01:56:41,520

treatment programs is in this guy's head

2775

01:56:47,109 --> 01:56:44,480

and fellow researchers and doctors call

2776

01:56:49,990 --> 01:56:47,119

him up when their family members are in

2777

01:56:52,470 --> 01:56:50,000

crisis over opioids what do we do where

2778

01:56:55,350 --> 01:56:52,480

do we go and he tells them but it

2779

01:56:56,709 --> 01:56:55,360

shouldn't be up to one doctor's informal

2780

01:57:00,149 --> 01:56:56,719

knowledge

2781

01:57:01,910 --> 01:57:00,159

and and that's where we are

2782

01:57:03,109 --> 01:57:01,920

we have a good comment here from uh

2783

01:57:05,910 --> 01:57:03,119

stefan

2784

01:57:07,750 --> 01:57:05,920

cortez uh saying no one forced medical

2785

01:57:10,070 --> 01:57:07,760

schools to hold back from training in

2786

01:57:12,390 --> 01:57:10,080

pain and addiction we the medical

2787

01:57:14,070 --> 01:57:12,400

profession did that all by ourselves you

2788

01:57:15,510 --> 01:57:14,080

think there should be some reforms in

2789

01:57:17,109 --> 01:57:15,520

medical schools

2790

01:57:19,750 --> 01:57:17,119

and and further

2791

01:57:21,990 --> 01:57:19,760

you know yeah to instruct

2792

01:57:24,550 --> 01:57:22,000

doctors to be how to handle these yes

2793

01:57:28,149 --> 01:57:24,560

right i think that should be the problem

2794

01:57:30,709 --> 01:57:28,159

with uh doctors and there's a

2795

01:57:32,470 --> 01:57:30,719

doctors are very slow to change unless

2796

01:57:34,390 --> 01:57:32,480

they're forced to

2797

01:57:36,790 --> 01:57:34,400

so they change here's what happened

2798

01:57:40,149 --> 01:57:36,800

obviously they were over lots of diet

2799

01:57:41,030 --> 01:57:40,159

you can force change by sanctions and

2800

01:57:43,589 --> 01:57:41,040

money

2801
01:57:44,470 --> 01:57:43,599
you gotta if it's if you do one of the

2802
01:57:46,149 --> 01:57:44,480
two

2803
01:57:48,629 --> 01:57:46,159
sanctions if you don't do the right

2804
01:57:51,430 --> 01:57:48,639
thing and money if you do the good thing

2805
01:57:53,270 --> 01:57:51,440
if you have those tools people will

2806
01:57:55,589 --> 01:57:53,280
change even if their beliefs are

2807
01:57:57,990 --> 01:57:55,599
different but right now

2808
01:58:00,350 --> 01:57:58,000
part of the culture of medicine is

2809
01:58:04,149 --> 01:58:00,360
something that a social a brilliant

2810
01:58:06,149 --> 01:58:04,159
sociologist named elliot friedson

2811
01:58:07,109 --> 01:58:06,159
called professional dominance which

2812
01:58:09,430 --> 01:58:07,119
means

2813
01:58:11,990 --> 01:58:09,440

doctors are the gods

2814

01:58:13,750 --> 01:58:12,000

and doctors don't like anybody telling

2815

01:58:14,629 --> 01:58:13,760

them what to do

2816

01:58:16,790 --> 01:58:14,639

you know

2817

01:58:19,350 --> 01:58:16,800

and and that and that they kind of rule

2818

01:58:22,870 --> 01:58:19,360

the roost and there's a culture i'm the

2819

01:58:26,629 --> 01:58:22,880

doctor who are you to tell me what to do

2820

01:58:29,189 --> 01:58:26,639

and and that attitude basically

2821

01:58:31,750 --> 01:58:29,199

is you know helps infect medical

2822

01:58:34,390 --> 01:58:31,760

education we have great performers like

2823

01:58:35,910 --> 01:58:34,400

dr cortez who want to change but change

2824

01:58:38,229 --> 01:58:35,920

can happen let me give you a specific

2825

01:58:41,030 --> 01:58:38,239

example it's not an opioids but when

2826

01:58:43,830 --> 01:58:41,040

things are so bad changes can happen so

2827

01:58:46,390 --> 01:58:43,840

it used to be in new york state medical

2828

01:58:49,189 --> 01:58:46,400

schools interns and residents had to

2829

01:58:51,109 --> 01:58:49,199

work 48 hours straight

2830

01:58:53,270 --> 01:58:51,119

okay as part of their toughening up

2831

01:58:54,109 --> 01:58:53,280

process so what was happening when you

2832

01:58:57,830 --> 01:58:54,119

had

2833

01:58:59,910 --> 01:58:57,840

bleary-eyed sometimes speed fueled

2834

01:59:02,390 --> 01:58:59,920

interns and residents and hospitals well

2835

01:59:03,910 --> 01:59:02,400

they made loads of medical mistakes

2836

01:59:05,830 --> 01:59:03,920

and then when the new york times did a

2837

01:59:09,350 --> 01:59:05,840

series about look at all the people who

2838

01:59:12,149 --> 01:59:09,360

died or were paralyzed or harmed because

2839

01:59:14,950 --> 01:59:12,159

of these sleep deprived students

2840

01:59:17,510 --> 01:59:14,960

then the state changed the law

2841

01:59:20,149 --> 01:59:17,520

to make it hey you can't force these

2842

01:59:22,629 --> 01:59:20,159

people to be up 40 hours straight they

2843

01:59:24,629 --> 01:59:22,639

have to have some break but it was only

2844

01:59:25,830 --> 01:59:24,639

because of outside

2845

01:59:30,310 --> 01:59:25,840

pressure

2846

01:59:32,470 --> 01:59:30,320

that's meaningful

2847

01:59:36,149 --> 01:59:32,480

on medical schools

2848

01:59:38,790 --> 01:59:36,159

and and others we're not going to

2849

01:59:41,109 --> 01:59:38,800

see change and that's that's one of the

2850

01:59:44,470 --> 01:59:41,119

disturbing elements for why there's not

2851
01:59:47,750 --> 01:59:44,480
more change is there hasn't been

2852
01:59:48,950 --> 01:59:47,760
effective legal lawsuits against medical

2853
01:59:52,550 --> 01:59:48,960
boards

2854
01:59:55,910 --> 01:59:52,560
or health agencies for kind of

2855
01:59:58,070 --> 01:59:55,920
caught by their failures about not in

2856
02:00:00,149 --> 01:59:58,080
other words they should be held to count

2857
02:00:02,550 --> 02:00:00,159
legally but i don't know the legal

2858
02:00:05,270 --> 02:00:02,560
justification somebody like kate

2859
02:00:08,790 --> 02:00:05,280
nicholson complicated yeah yeah a civil

2860
02:00:12,109 --> 02:00:08,800
disabilities lawyer and others might as

2861
02:00:14,709 --> 02:00:12,119
i mean a disabilities lawyer is these

2862
02:00:17,910 --> 02:00:14,719
institutions that whose

2863
02:00:20,149 --> 02:00:17,920

totally negligent policies are

2864

02:00:22,950 --> 02:00:20,159

driving up suicides

2865

02:00:23,830 --> 02:00:22,960

for chronic pain patients or leading

2866

02:00:27,109 --> 02:00:23,840

people

2867

02:00:29,350 --> 02:00:27,119

into overdose deaths because of their

2868

02:00:31,669 --> 02:00:29,360

failure to use evidence-based care and

2869

02:00:33,189 --> 02:00:31,679

treatment they should be sort of sued

2870

02:00:36,550 --> 02:00:33,199

there should be some kind of class

2871

02:00:38,149 --> 02:00:36,560

action suit that might force them and

2872

02:00:40,390 --> 02:00:38,159

that's one of the problems that's going

2873

02:00:42,310 --> 02:00:40,400

to be happening right now

2874

02:00:43,510 --> 02:00:42,320

there's all this publicity about these

2875

02:00:45,910 --> 02:00:43,520

big

2876

02:00:48,070 --> 02:00:45,920

multi-billion dollar settlements that's

2877

02:00:49,830 --> 02:00:48,080

happening at the federal and state level

2878

02:00:51,830 --> 02:00:49,840

yeah we have somebody in our live chat

2879

02:00:55,030 --> 02:00:51,840

who's who's a member of the class action

2880

02:00:57,109 --> 02:00:55,040

lawsuit against purdue right so that's

2881

02:01:00,629 --> 02:00:57,119

great love to hear their views the

2882

02:01:02,229 --> 02:01:00,639

downside that is worrisome is it's great

2883

02:01:04,709 --> 02:01:02,239

that they're being in theory held

2884

02:01:06,390 --> 02:01:04,719

account but how the money is actually

2885

02:01:09,109 --> 02:01:06,400

going to be used could be really

2886

02:01:12,870 --> 02:01:09,119

problematic it might be just returned to

2887

02:01:15,990 --> 02:01:12,880

the the local stage general fund or even

2888

02:01:18,310 --> 02:01:16,000

if it goes into treatment this is

2889

02:01:21,830 --> 02:01:18,320

horrifying even if it goes into

2890

02:01:25,109 --> 02:01:21,840

treatment it's like an open says me

2891

02:01:27,510 --> 02:01:25,119

huge pocketbook for ineffective care

2892

02:01:28,310 --> 02:01:27,520

they're not going to link the money

2893

02:01:31,830 --> 02:01:28,320

to

2894

02:01:33,510 --> 02:01:31,840

effective modalities of treatment so

2895

02:01:35,589 --> 02:01:33,520

we're going to have this big settlement

2896

02:01:39,030 --> 02:01:35,599

and people go boy we really got the

2897

02:01:41,030 --> 02:01:39,040

opioid manufacturers on the ropes life

2898

02:01:42,229 --> 02:01:41,040

is going to get better it ain't going to

2899

02:01:43,910 --> 02:01:42,239

get better

2900

02:01:45,589 --> 02:01:43,920

no they'll pay out a small portion of

2901

02:01:47,030 --> 02:01:45,599

their profits in a settlement and roll

2902

02:01:48,070 --> 02:01:47,040

along with their business that's what i

2903

02:01:50,470 --> 02:01:48,080

require

2904

02:01:53,589 --> 02:01:50,480

and the treatment facilities that may be

2905

02:01:55,669 --> 02:01:53,599

awash in money new money aren't going to

2906

02:01:56,709 --> 02:01:55,679

be held accountable for how they're

2907

02:02:00,950 --> 02:01:56,719

being

2908

02:02:06,390 --> 02:02:00,960

really

2909

02:02:08,149 --> 02:02:06,400

that's where i in our resource guide

2910

02:02:10,390 --> 02:02:08,159

we're going to be giving you the top

2911

02:02:13,589 --> 02:02:10,400

advocates and reformers experts

2912

02:02:15,910 --> 02:02:13,599

researchers books to pay attention to

2913

02:02:18,470 --> 02:02:15,920

uh so you can learn more and keep you

2914

02:02:20,229 --> 02:02:18,480

and your family safe

2915

02:02:23,109 --> 02:02:20,239

great well you know i notice we're

2916

02:02:25,189 --> 02:02:23,119

already over time uh and i can continue

2917

02:02:26,550 --> 02:02:25,199

talking to you about this all night i

2918

02:02:28,950 --> 02:02:26,560

want to thank you

2919

02:02:31,189 --> 02:02:28,960

uh for for doing this and because i

2920

02:02:34,149 --> 02:02:31,199

consider it a public service you know to

2921

02:02:36,310 --> 02:02:34,159

try to raise awareness of these issues

2922

02:02:38,950 --> 02:02:36,320

and and the problems that we're facing

2923

02:02:41,109 --> 02:02:38,960

and maybe offer some possible solutions

2924

02:02:42,950 --> 02:02:41,119

and i know that you have a tremendous

2925

02:02:44,149 --> 02:02:42,960

interest and passion towards helping

2926

02:02:46,790 --> 02:02:44,159

these people

2927

02:02:48,310 --> 02:02:46,800

uh that have been affected by the opioid

2928

02:02:50,870 --> 02:02:48,320

epidemic

2929

02:02:53,430 --> 02:02:50,880

um and and hopefully you will agree to

2930

02:02:56,310 --> 02:02:53,440

come back uh again and maybe we can

2931

02:02:58,070 --> 02:02:56,320

another also had mentioned uh that you

2932

02:03:00,629 --> 02:02:58,080

this would be the first of a series you

2933

02:03:03,189 --> 02:03:00,639

may be having people with

2934

02:03:05,430 --> 02:03:03,199

experience with these issues and people

2935

02:03:06,870 --> 02:03:05,440

on the ground clinicians

2936

02:03:08,870 --> 02:03:06,880

yes i'm going to be doing several

2937

02:03:11,990 --> 02:03:08,880

interviews on this issue with different

2938

02:03:12,709 --> 02:03:12,000

people um i've got a i've got a somebody

2939

02:03:18,070 --> 02:03:12,719

who

2940

02:03:19,750 --> 02:03:18,080

in outreach for for victims of opioid

2941

02:03:21,910 --> 02:03:19,760

addiction and trying to help them and

2942

02:03:23,830 --> 02:03:21,920

get them in the treatment programs i've

2943

02:03:25,350 --> 02:03:23,840

also got several people who are just

2944

02:03:27,030 --> 02:03:25,360

opioid addicts

2945

02:03:29,189 --> 02:03:27,040

right that i'm going to interview so

2946

02:03:31,589 --> 02:03:29,199

that we can you know personalize it and

2947

02:03:33,830 --> 02:03:31,599

hear personal stories of their struggles

2948

02:03:35,350 --> 02:03:33,840

and how they were able to overcome

2949

02:03:36,870 --> 02:03:35,360

their struggles because i think that

2950

02:03:38,950 --> 02:03:36,880

would be important for people still

2951
02:03:40,709 --> 02:03:38,960
struggling to hear how others were

2952
02:03:43,510 --> 02:03:40,719
successful

2953
02:03:45,830 --> 02:03:43,520
in ridding themselves of the scourge of

2954
02:03:47,510 --> 02:03:45,840
this there's been a network i learned

2955
02:03:49,669 --> 02:03:47,520
about in addition the harm reduction

2956
02:03:51,109 --> 02:03:49,679
coalition and i'll have it's called like

2957
02:03:53,589 --> 02:03:51,119
the urban

2958
02:03:55,589 --> 02:03:53,599
urban survivors organization people who

2959
02:03:57,990 --> 02:03:55,599
are currently

2960
02:03:59,589 --> 02:03:58,000
struggling with addiction and it's a way

2961
02:04:01,430 --> 02:03:59,599
to network with others who are

2962
02:04:04,709 --> 02:04:01,440
struggling with addiction and want to

2963
02:04:08,470 --> 02:04:04,719

see harm reduction both for in their own

2964

02:04:09,430 --> 02:04:08,480

lives and to promote it outward and also

2965

02:04:10,390 --> 02:04:09,440

get

2966

02:04:13,109 --> 02:04:10,400

links to

2967

02:04:15,589 --> 02:04:13,119

effective resources so that people can

2968

02:04:17,510 --> 02:04:15,599

help each other that's really

2969

02:04:19,189 --> 02:04:17,520

what is really important yeah people

2970

02:04:21,030 --> 02:04:19,199

need to know also that they're not alone

2971

02:04:24,629 --> 02:04:21,040

in this and if you are suffering from

2972

02:04:26,470 --> 02:04:24,639

this there is help available you know

2973

02:04:28,390 --> 02:04:26,480

so we're going to try to provide as much

2974

02:04:30,629 --> 02:04:28,400

resources as we can in the about section

2975

02:04:33,109 --> 02:04:30,639

i'm going to be editing that to get as

2976

02:04:35,030 --> 02:04:33,119

much information in there as we can

2977

02:04:36,629 --> 02:04:35,040

um and again i i can't thank you enough

2978

02:04:39,510 --> 02:04:36,639

for doing this mr levine it was a

2979

02:04:41,030 --> 02:04:39,520

pleasure to have you here

2980

02:04:42,790 --> 02:04:41,040

so i'm going to throw you out of here

2981

02:04:45,030 --> 02:04:42,800

and i'm going to quickly uh read these

2982

02:04:46,950 --> 02:04:45,040

super chats and do a quick uh wrap up

2983

02:04:48,069 --> 02:04:46,960

but don't be a stranger and i hope that

2984

02:04:49,910 --> 02:04:48,079

after i get some of these other

2985

02:04:52,229 --> 02:04:49,920

interviews under my belt you'll be able

2986

02:04:53,750 --> 02:04:52,239

to come back and give us more insight i

2987

02:04:55,510 --> 02:04:53,760

look forward to it

2988

02:04:59,030 --> 02:04:55,520

all right thanks very much for your time

2989

02:05:02,149 --> 02:04:59,040

mr art levine and what a tremendous

2990

02:05:06,069 --> 02:05:02,159

stroke of luck to get uh someone who is

2991

02:05:07,589 --> 02:05:06,079

so well informed so passionate and just

2992

02:05:11,830 --> 02:05:07,599

uh

2993

02:05:13,270 --> 02:05:11,840

issues

2994

02:05:15,750 --> 02:05:13,280

you know i've been wanting to cover this

2995

02:05:17,750 --> 02:05:15,760

for a while for those of you that are

2996

02:05:20,069 --> 02:05:17,760

unaware i grew up right next to some

2997

02:05:22,870 --> 02:05:20,079

place in philadelphia uh called

2998

02:05:23,669 --> 02:05:22,880

kensington and you can look on youtube

2999

02:05:27,030 --> 02:05:23,679

just

3000

02:05:29,109 --> 02:05:27,040

k-e-n-s-i-n-g-t-o and it's a

3001
02:05:31,910 --> 02:05:29,119
neighborhood in philadelphia that has

3002
02:05:33,350 --> 02:05:31,920
been just destroyed and devastated over

3003
02:05:36,390 --> 02:05:33,360
opioids

3004
02:05:38,709 --> 02:05:36,400
and heroin and fentanyl now it is the

3005
02:05:40,870 --> 02:05:38,719
capital of the east coast

3006
02:05:43,270 --> 02:05:40,880
uh for for

3007
02:05:44,950 --> 02:05:43,280
addicts suffering with this form of

3008
02:05:47,270 --> 02:05:44,960
addiction and i have seen the

3009
02:05:50,629 --> 02:05:47,280
devastation firsthand i have had

3010
02:05:51,669 --> 02:05:50,639
multiple friends families neighbors die

3011
02:05:52,790 --> 02:05:51,679
or

3012
02:05:54,550 --> 02:05:52,800
die of

3013
02:05:55,510 --> 02:05:54,560

an overdose or

3014

02:05:57,510 --> 02:05:55,520

just

3015

02:06:00,470 --> 02:05:57,520

watched many many people suffer for

3016

02:06:01,750 --> 02:06:00,480

years or even a decade in a few cases

3017

02:06:04,229 --> 02:06:01,760

you know i've known people that were

3018

02:06:05,430 --> 02:06:04,239

long-term suffering from heroin

3019

02:06:08,629 --> 02:06:05,440

addiction

3020

02:06:10,790 --> 02:06:08,639

and this is an issue that is close to

3021

02:06:12,310 --> 02:06:10,800

close to me because i saw it all around

3022

02:06:14,229 --> 02:06:12,320

me growing up

3023

02:06:16,390 --> 02:06:14,239

as we

3024

02:06:18,390 --> 02:06:16,400

slowly realized that we have a platform

3025

02:06:20,550 --> 02:06:18,400

i feel like it's it's our responsibility

3026
02:06:21,669 --> 02:06:20,560
if you develop a good platform that you

3027
02:06:23,189 --> 02:06:21,679
can

3028
02:06:24,790 --> 02:06:23,199
um

3029
02:06:26,709 --> 02:06:24,800
try to do some good in the world and

3030
02:06:27,910 --> 02:06:26,719
that's what we tried to do tonight i am

3031
02:06:30,069 --> 02:06:27,920
going to

3032
02:06:32,870 --> 02:06:30,079
uh read recognize and thank all the

3033
02:06:34,709 --> 02:06:32,880
super chat donators for tonight i

3034
02:06:36,629 --> 02:06:34,719
apologize for not doing it as the

3035
02:06:38,069 --> 02:06:36,639
interview goes but

3036
02:06:40,950 --> 02:06:38,079
you can imagine that it's a little bit

3037
02:06:42,790 --> 02:06:40,960
distracting to stop every few minutes to

3038
02:06:44,229 --> 02:06:42,800

to read the super chats but we certainly

3039

02:06:45,830 --> 02:06:44,239

want to thank everybody for their

3040

02:06:46,790 --> 02:06:45,840

kindness their generosity and their

3041

02:06:49,270 --> 02:06:46,800

support

3042

02:06:51,750 --> 02:06:49,280

and we will read them now rogue status

3043

02:06:53,750 --> 02:06:51,760

with a kind and generous 10 super chat

3044

02:06:55,109 --> 02:06:53,760

who says this one didn't suck hit home

3045

02:06:56,470 --> 02:06:55,119

man thank you very much for your

3046

02:06:57,510 --> 02:06:56,480

kindness your generosity and your

3047

02:06:58,709 --> 02:06:57,520

support

3048

02:07:00,870 --> 02:06:58,719

marina

3049

02:07:03,109 --> 02:07:00,880

mavrogenius i'm getting better at saying

3050

02:07:05,270 --> 02:07:03,119

it every time i have to marina thank you

3051
02:07:07,030 --> 02:07:05,280
for being here thank you for your

3052
02:07:08,310 --> 02:07:07,040
kindness generosity and continued

3053
02:07:10,870 --> 02:07:08,320
support with kind and generous two

3054
02:07:13,189 --> 02:07:10,880
dollar super chat says i'm addicted to

3055
02:07:15,430 --> 02:07:13,199
this great show and great cause and

3056
02:07:16,870 --> 02:07:15,440
again with kind of generous 99 cents

3057
02:07:18,069 --> 02:07:16,880
super sticker

3058
02:07:20,069 --> 02:07:18,079
purchase

3059
02:07:22,310 --> 02:07:20,079
thank you very much marina and finally

3060
02:07:24,149 --> 02:07:22,320
marina with yet another kind of generous

3061
02:07:26,470 --> 02:07:24,159
five dollar super chat donation says

3062
02:07:27,430 --> 02:07:26,480
this is such an important show thank you

3063
02:07:29,270 --> 02:07:27,440

both

3064

02:07:31,589 --> 02:07:29,280

and we have kelly lee dodge with the

3065

02:07:33,430 --> 02:07:31,599

kind of generous canadian 1399 super

3066

02:07:35,430 --> 02:07:33,440

sticker thank you for your kindness your

3067

02:07:37,669 --> 02:07:35,440

generosity and your support and finally

3068

02:07:40,229 --> 02:07:37,679

kelly lee dodge with a kind and generous

3069

02:07:42,310 --> 02:07:40,239

6.99

3070

02:07:43,189 --> 02:07:42,320

chat says just want to support good

3071

02:07:44,870 --> 02:07:43,199

people

3072

02:07:47,750 --> 02:07:44,880

xo

3073

02:07:48,870 --> 02:07:47,760

very kind and generous of all of you

3074

02:07:51,030 --> 02:07:48,880

thank you for your kindness your

3075

02:07:52,870 --> 02:07:51,040

generosity and your support

3076

02:07:54,149 --> 02:07:52,880

i uh

3077

02:07:55,830 --> 02:07:54,159

would like to tell you that this is a

3078

02:07:57,669 --> 02:07:55,840

viewer supported show and the best way

3079

02:07:59,270 --> 02:07:57,679

to support me one of the best ways is

3080

02:08:01,030 --> 02:07:59,280

that money button down there but failing

3081

02:08:02,470 --> 02:08:01,040

that we have a patreon for as little as

3082

02:08:06,229 --> 02:08:02,480

a dollar a month

3083

02:08:07,830 --> 02:08:06,239

and we also accepts uh paypal donations

3084

02:08:10,709 --> 02:08:07,840

i want to thank that girl jessica for a

3085

02:08:13,189 --> 02:08:10,719

kind and generous uh paypal donation it

3086

02:08:15,030 --> 02:08:13,199

is very much appreciated thank you all

3087

02:08:19,420 --> 02:08:15,040

for your kindness your generosity and

3088

02:08:28,790 --> 02:08:26,709

[Music]

3089

02:08:30,709 --> 02:08:28,800

all right friends uh it's been a long

3090

02:08:32,149 --> 02:08:30,719

week and we have produced more content

3091

02:08:33,990 --> 02:08:32,159

this week than we ever have in the

3092

02:08:35,910 --> 02:08:34,000

history of our show trying some new

3093

02:08:37,669 --> 02:08:35,920

things this week i want to thank all of

3094

02:08:38,390 --> 02:08:37,679

you especially those of you who came

3095

02:08:41,430 --> 02:08:38,400

here

3096

02:08:43,189 --> 02:08:41,440

uh expecting the normal topics that we

3097

02:08:45,430 --> 02:08:43,199

cover i realize that we're branching out

3098

02:08:48,390 --> 02:08:45,440

here but i think it's important to not

3099

02:08:50,550 --> 02:08:48,400

pigeonhole yourself and solely cover one

3100

02:08:52,550 --> 02:08:50,560

topic or another we may be branching out

3101

02:08:55,270 --> 02:08:52,560

into other subjects and this series will

3102

02:08:57,030 --> 02:08:55,280

continue i want to thank uh our guest

3103

02:08:59,669 --> 02:08:57,040

tonight art levine who did an incredible

3104

02:09:01,270 --> 02:08:59,679

job helping us to navigate

3105

02:09:03,350 --> 02:09:01,280

this crisis

3106

02:09:05,750 --> 02:09:03,360

uh my thanks to all who joined us in the

3107

02:09:07,270 --> 02:09:05,760

live chat you always hear me say this i

3108

02:09:08,709 --> 02:09:07,280

can't tell you enough how happy i am

3109

02:09:10,390 --> 02:09:08,719

when there's an audience tonight we had

3110

02:09:13,430 --> 02:09:10,400

a great one thank you for being a part

3111

02:09:15,589 --> 02:09:13,440

of mine so until next time friends

3112

02:09:20,130 --> 02:09:15,599

my name is stephen champion good night

3113

02:10:50,330 --> 02:10:11,140

[Music]

3114

02:11:16,920 --> 02:10:50,340

[Applause]